

L'Chain

By Nathaniel S. Greenwood, ACSW
Director of
Jewish Social Services

Why Is It Sometimes So Hard Just To Be A Parent Or A Child?

Despite her husband's assurance that this is a phase, Mrs. B. is worried that her five year-old son is the smallest child in his class and the one whose speech seems most undeveloped.

Although the decision had been made two weeks ago, Mr. C. finds himself agonizing over the placement of his elderly father in one of the finest nursing care facilities in the Southeast.

Having come to grips with the rationale for her separation and divorce two years ago, Mrs. W. still has not found a comfortable way of providing "adequate parenting" for her seven and nine year-old sons; sometimes she

feels aggravated when they say they wish they could live with their father or "stay with him forever" when they visit with him next summer.

Themes like these will be explored in several upcoming events to begin Charlotte's Jewish Family Life Education Program.

The Jewish Community Center and the Jewish Federation, through the Department of Social Services, are working closely together on JFLE. We encourage your suggestions and participation.

JFLE SCHEDULE

To begin with, we plan to offer three separate one time presentations. In MARCH and APRIL (times and places to be announced) one program will be addressed to the needs of people caring for their older parents. The evening of Feb. 28 at Temple Israel, Dr. Joal Fischer, M.D., a developmental pediatrician will be our guest in a discussion of child developmental issues of interest to parents of preschoolers and young school age children. Both the North Carolina Hebrew Academy and the Temple Israel preschool have joined us in sponsoring this event.

JFLE IN CHARLOTTE

Various social clubs, congregations, and other Jewish organizations will continue to host events tailored specifically to meet their members' needs. Some of the same groups will also be able to utilize JFLE as a vehicle to

further their cooperation on shared goals and interests. This they can do by sponsoring and co-sponsoring JFLE events.

The main purpose of Jewish Family Life Education is to strengthen family life through various kinds of learning, sharing, and self-help. The framework for FLE stems from an adult education design. FLE aims to develop an atmosphere where adults are likely to feel comfortable in broadening their understanding.

Jewish Family Life Educators believe that group discussion facilitated by professionals can help to 1) increase awareness 2) solve problems 3) prevent problems.

The nature of JFLE is educational and not therapeutic. Nonetheless, insights gained through JFLE have encouraged some individuals to continue work on personal issues when that seemed useful. Therefore, JFLE can serve a person in coming to an understanding of an issue and how to deal with it. To back this up, Charlotte's Jewish Social Services will provide various counseling services and complete information concerning referrals to human services of all kinds in our region.

What have been examples of successful programs elsewhere? A sampling of subjects popular in other communities are: *Surviving Adolescent Experience: A Parents' Guide*; *Parenting Teenagers*, *Holding on and Letting Go*; *"Back in Circulation"* — *Re-entering the Social Scene Without a Partner*; *Stress Management and Relaxation Training*; *Compulsive Eating and Approaches for Dealing With It*; *Teenage Sexuality*; *Better Behavior Management* — *Ideas That Work For Parents*; *Changing Patterns of Family Life in our Society Today*; *Forty-Plus* — *a beautiful Time in Life*; *After Divorce* — *The System Which Remains And What To Do With It*.

While these are a few ideas, many other possibilities exist for programs in Charlotte's Jewish Family Life Education. We invite you to take part.

Israel Bond Campaign Successfully Concluded



Jerome Levin presents Senator Rauch with plaque.

The Charlotte Israel Bond Committee has successfully concluded its 1983 Israel Bond Campaign, it was announced by Mr. Samuel Lerner, Chairman. The Campaign, which culminated in a dinner honoring State Senator Marshall A. Rauch resulted in sales of Israel Bonds of \$248,000.00 to 123 purchasers. The total sales represent a 22% increase over bond sales in 1982.

Mr. Lerner praised the Committee for their efforts in the success of the Campaign and he stated that each member of the Committee deserves the appreciation of our community. He particularly expressed the Committees appreciation to Berta Kaplan and to Barbara Levin whose efforts helped make the bond dinner such an outstanding event.

"Not only was there an increase in the level of investment, but there was also a greater awareness of our com-



Sam Lerner, Campaign Chairman.

munity of the role Israel Bonds play in Israel's Economy. Our community through its Israel Bond efforts works as full partners with the people of Israel to make the years to come—years of progress, economic security, and peace," said Mr. Lerner.

El Al Slashes Winter Fares To Israel

Sand, sun and savings abound. The best time ever to go to Israel began January 17 when El Al Israel Airlines introduced its new "Sunshine Fare" — \$599 roundtrip (New York-Tel Aviv-New York).

The \$599 Sunshine Fare is

available through March 3 for trips of six to 60 days. No advance purchase is necessary; no stopovers or extensions are permitted.

And for only \$695, travelers can take advantage of El Al's Sunsatation Six, a six day/five night package which includes airfare, hotel, breakfast every morning and a car for five days.

"We're offering this unbelievably low fare to encourage people to visit Israel during the winter season," said David Schneider, general manager for El Al. "Whether they're visiting relatives or looking for a special vacation, the sunshine fare and Sunsatation Six will give them lots of flexibility."

From March 4 through March 24, El Al will be offering a Sunshine Fare of \$600 roundtrip with the same restrictions.

For complete details, contact El Al or your travel agent. El Al Israel Airlines' New York offices are located at 850 Third Avenue, New York, NY 10022, 212/940-0600.



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