

Meichels

By Norma Barach
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Rice Kugel

- 1 cup white rice (uncooked)
- 2 cups water
- 1 tsp. salt
- 1 tbsps. margarine
- 2 tbsps. sugar

- ¼ cup corn syrup
- 2 eggs
- 1 cup fruit cocktail, drained
- 8 apricot halves
- 1 tbsps. brown sugar

In a large pot, cook rice, water, salt and margarine for 15 minutes. Add remaining ingredients except apricots. Mix. Pour into a greased pan. Top with apricot halves and brown sugar. Bake 350° for 45 minutes. Serve hot or cold.

Poppy Seed Kugel

A poppy seed noodle kugel is easy to prepare and tasty with a dairy meal. It tastes better served warm rather than cold.

- 3 eggs
- 8 oz. wide noodles, boiled and drained
- ¼ cup poppy seeds
- 1 small onion, diced
- 2 tablespoons melted butter
- ½ cup corn flake crumbs
- 1 tablespoon butter

Combine all the ingredients except the corn flake crumbs and 1 tablespoon of butter. Mix well. Pour into a well greased 6-cup round casserole dish. Sprinkle crumbs over the top and dot with the one tablespoon of butter. Bake for ¼ hour, or until the kugel is solid, at 350 degrees.

Spicy Short Ribs

Spicy short ribs can be served for luncheon at one of your holiday meals. They are inexpensive, an important consideration when food budgets are strained. Serve over rice.

- 3 lbs. beef short ribs, cut into serving portions
- ¼ tsp. black pepper
- ¼ cup flour
- ¼ tsp. cinnamon
- 1 tbsps. oil
- 1 large onion, cut into rings
- 1 cup dried apricots
- 2 tbsps. brown sugar
- 2 tbsps. vinegar
- 3 cups chicken soup

Mix pepper with flour. Place in a paper bag. Add a few short ribs at a time. Shake to coat. Brown meat in hot oil with onions. Mix remaining ingredients, except apricots and pour over meat. Bring to a boil. Cover and reduce heat. Simmer for 2 and ½ hours or until meat is tender. Add apricots after 1 hour. Turn meat a few times to prevent sticking. Add water if necessary. Makes 4-6 servings.

Community Calendar

Courtesy of Charlotte Chapter BBW

SEPTEMBER 1984

- 7 - BBYO Weekend (thru Sept. 9)
- 10 - Chai Meeting
Hadassah Board Meeting
Federation Executive Committee
JCC Board
- 11 - Ha Lailah BBW Board Meeting
- 13 - Jewish Social Service Meeting
- 16 - Federation Campaign Opens
JCC Community Planning Day
- 17 - JCC Classes Begin
Chai Meeting
Charlotte Chapter BBW Board Meeting
Federation Board Meeting
- 18 - B'nai B'rith Women Personal Giving Event
- 19 - Hebrew Academy Board
ORT Meeting
- 20 - B'nai B'rith Lodge Meeting
- 24 - Chai Meeting
Foundation Board
- 25 - Community Relations Committee Meeting

If you want our events on the Community Calendar call Vicki Hopkins, 554-1324.

Bar/Bat Mitzvahs



Temple Beth El

Sept. 8 - Aaron Seskin, son of Mr. & Mrs. Ted Seskin

Temple Israel

Sept. 1 - Heather Heiman, daughter of Dr. & Mrs. Jay Jacoby
Sept. 10 - Jonathan Tepper, son of Mrs. Suzanne Tepper

Crisis Assistance Ministry Needs Volunteers

Counseling office training sessions will be held on Tuesday, Sept. 11, 9:30 a.m. - noon on helping agencies in Mecklenburg County. On Tuesday, Sept. 18, 9:30 a.m. - noon, a session will be held on CAM Philosophies and Procedures. Both sessions will take place at St. Martin's Episcopal Church, 1510 E. Seventh St.

Attendance at both sessions is needed. Skills of every sort

can be used; interested persons are invited to come beforehand to observe and start the learning process. To register call: Shirley Henry, 333-0151 or 333-0733.

There will also be a clothing ministry training session on Tuesday, Sept. 18, 10:30 a.m. - noon at Hall House (formerly the Barringer Hotel), 426 N. Tryon St. For further information call M.E. Wiebler, 332-1289.

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Room Needed

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Office Help

The Jewish Community Center is seeking a part-time receptionist/typist to work afternoons. Please contact Marty Schner at 366-0357 if you are interested.

Help Wanted

Advertising salesperson, part-time for "Charlotte Jewish News" to develop new accounts.
30% Commission
Call Rita Mond - 366-6632

Volunteers Needed

Do you have a few hours a month that you would like to learn about work on a newspaper? We can use your talents or develop them. Needed are proofreaders, reporters, photographers, layout editor. Call Rita Mond at 366-6632.

JCC CONTRIBUTION CARDS

The JCC has beautiful contribution cards available for all occasions. Phone: 366-0357.

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