

# JCC at Work and at Play

## Take A Step

Increase family harmony with Systematic Training for Effective Parenting. STEP is a program designed to enhance inter-family communication.

The nine STEP sessions consider these topics:

1. Ways to build positive relationships with children; goals of misbehavior
2. Importance of emotions and life style; the "good" parent
3. Encouragement; building the child's confidence
4. Communication; listening to the child
5. Exploring alternatives; expressing your ideas and feelings to children
6. Natural and logical consequences as an alternative to rewards and punishment

7. Applications of natural and logical consequences to typical challenges posed by children

8. Ways to establish regular family meetings.

9. Ways to develop your own confidence and potential

The Jewish Community Center is pleased to cosponsor this eight-week course with the Charlotte Drug Education Center. Their staff person, Helen Harrill, will facilitate the STEP program. The course runs Wednesday evenings, October 24 through December 19, from 7:30 - 9:30 p.m. at the Drug Education Center, 1416 East Morehead (in the Pfeiffer College Building). Cost is \$22 per person, \$30 per couple. Please phone Irene Komor, 366-0357 or Helen Harrill, 336-3211 to register.

## JCC Hosts Open House

On Sunday, Nov. 4 from 2-6 p.m., the Jewish Community Center will host an open house in honor of Jewish Book Month. Afternoon activities will include a storytelling festival, songs and book display and refreshments. The center will be taking orders for an interesting assortment of Jewish Books. This exciting

event, will interest both young and old alike.

The Armstrong House, 921 Jefferson Drive, will be the home of the Center until the new building is completed. Come tour the "J's" new home and see the progress on the building site. Watch your mail for further details on this upcoming event.

## Chai Group

The Chai Group kicked off this Fall with their annual Raffle. The Raffle was a huge success, thanks to the overwhelming support of the community. Herman Blumenthal was the winner of a beautiful afghan which was hand-made by Chai member Sylvia Sadoff. Joyce Mabel was the winner of a dynamic signed print by Charlotte Artist G.G. Kosch.

The group's plans for this Fall include a lecture series on Great Religions of the World, speakers on various political and social topics, and a lunch/movie afternoon. Also planned is a trip to the Blumenthal Home. For more information on activities and times, please call the JCC at 366-0357.

## Become A Companion

Share a few hours a month with someone who wants companionship. If you're an adult, consider spending time with a young person who'd like a buddy. If you're a kid, imagine sharing some fun times with an adult who has time just for you.

If you or someone you know could use a brother, a sister, a grandparent, or someone to pal around with, please let us know. Call Irene Komor, 366-0357.

## School's Out-JCC's In

Everyone knows that a couple days away from school is a treat for kids. Unfortunately, many adults are not able to take time away from their jobs to enjoy the students' days off. That's where the JCC comes in. To make your children's mini-vacation a holiday, the J is offering a mini-camp.

Starting Sunday afternoon, Nov. 4 with a "Storytelling Festival," lasting through Wednesday, Nov. 7, which is Safety Day, the JCC is planning a lot of learning and even more fun! Please join the J in a very special four days. Call 366-0357 to sign up today! Registration deadline is October 30.

## — Phase-In Institute —



Mike Scharf, steering committee chairman, addressing group at planning seminar at Temple Israel on Sept. 16. Over 23 committees are involved in planning all aspects of new center building. This day marked kick-off of planning process, which should be completed by May 15, 1985. Pictured l. to r.: Mitch Jaffe, asst. executive director JWB; Larry Burick, past president of Dayton JCC; Mike; Marty Schneer, JCC Exec. Dir.; Harold Josephson, President JCC.



More of the group after the Institute, joined in conversation, drank coffee and ate dessert.



Approximately 100 attended the Institute. Part of the crowd enjoying refreshments and socializing.

## Fall Celebration

The JCC Fall Celebration at Latta Plantation Park was wonderful!

September 23 was an ideal, sunny day. Children and their parents, in pairs and groups, toured a pine-laden, tree-shaded nature trail near Mountain View Lake. Emerging on a grassy slope, they threw frisbees or footballs or horseshoes, or sat in the shade, relaxing and talking.

When it was time to eat picnic-baskets and coolers full of food and drink were unloaded onto the tables at the reserved shelter.

## Sports Corner

### SOCCER NEWS

Soccer season is underway and the JCC teams are looking very good. We have two teams (Under 10's and Under 12's) playing in the Methodist Home Parks League this fall. Our team coaches are Alan Kronovet, Larry Segal and Sid Doobrow.

If your youngster wants to join us but missed the opportunity to play this fall, we will be playing soccer again in the spring. Watch for registration announcements as the new season approaches.

### YOUTH BASKETBALL

Our winter Youth Basketball program will be starting soon. Call the JCC (366-0357) to get details and to put your child's name on our teams.

### MEN'S BASKETBALL

The JCC Men's Recreational Basketball program will be starting soon. Pick-up games will be played on Sunday mornings from 9 a.m. until noon at A.G. Jr. High School gym from October 14 through March 15. You can play ball for 24 weeks at a cost of only \$20!

Call the JCC office now to register (366-0357).

### TENNIS, ANYONE???

The JCC has 4 adult tennis teams that participate in the Queen City Tennis League in the Fall and the Spring.

We are always looking for players who enjoy recreational tennis with a competitive edge. We can use you as a regular or as a substitute player.

Interested? Call the captains:

Men's A - Marshall Rosenfeld (364-8373)

Men's B - Jeff Malickson (847-3287)

Women's A - Judy Perlin (366-7290)

Women's B - Lee Marx (376-0717)

### College Students

If you would like the "CJN" mailed to you at school - send your name and address to:

Rita Mond  
3400 Gresham Pl.  
Charlotte, NC 28211

Also send in your news for "This 'n That."

### Jewish Singles

A brunch will be held on Sunday, October 14 at 11 a.m. at the Sharon South Apartments Club House (off Sharon Road West.) The cost to cover the food is \$4. RSVP by October 11 to Susan Ett at the JCC, 366-0357, or Susan Klein, 552-8202 after 5 p.m. An informal discussion of future activities will be held after the brunch.