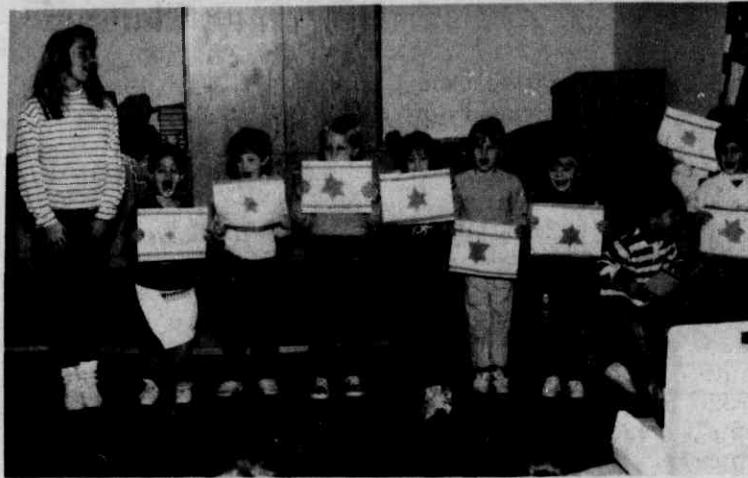


In and Around the JCC

Charlotte Jewish
FEDERATION
Your Dollars Work Here

Winter Camp Was a Great Experience Crammed with a Variety of Activities



If you didn't go to winter camp you should have. We had three special speakers, made foods from other countries and had a festival day where we learned a little bit about other countries. We visited the Nature Museum and the Energy Explorium. A clown visited us and we even had our own circus! Eric Rolnick, a young magician, was fantastic as the clown. The children loved him. Other camp activities were participating in the pool, the gym, and playing outside. We had a great time.



- Nina Arten

JCC Health Fair to be Held

When an apple a day is not enough...what is? Find out at the Jewish Community Center's first comprehensive Health Fair. The Fair is called "L'Chaim - To Life" and will be held on Sunday, April 9, 1-5 p.m. at Shalom Park.

The theme of the program is "Taking Charge Of Your Well-Being Through Awareness And Education." The three major components of the Fair are health screenings, health exhibits and health seminars (18 from which to choose). Cholesterol screening, breast exams, glaucoma and blood sugar testing are a sample of the health screenings available. On display will be

exercise equipment, nutritional supplies and an exhibit set up by the Red Cross. Coping with Problems of the Aging, Management of Major Risk Factors, Eating Disorders, Smoking, Women's Issues and AIDS are a sample of the health seminars available.

Whether it is a physical, mental, spiritual, cultural or nutritional need you may have, "L'Chaim - To Life" will have the answers for you. There is no charge for attending the Health Fair. It is open to the community. For more information, please call Vicki Galliher, assistant director of the JCC Health and PE department, 366-5007.

Music Lessons

Woodwinds

Tim Gorden, a graduate of the NC School of the Arts, is accepting students who want to learn or continue to play woodwind instruments. Both classical and jazz theory will be taught. Schedules are flexible. Call Nina Arten, director of Children's Services, for more information.

Ages: 8-Adult
Fee: \$50 members per month plus \$5 registration fee
\$60 non-members per month plus \$5 registration fee



String Base

Ron Brendle is accepting students who want to learn or continue to play string base. Ron teaches jazz base. Schedules are flexible. Call Nina Arten, director of Children's Services, for more information.

Fee: \$50 members per month plus \$5 registration fee
\$60 non-members per month plus \$5 registration fee

Flute

Emile Pagano is offering flute lessons at the JCC. Mr. Pagano has over 35 years of teaching experience. He taught at the Western Reserve Academy in Ohio and Nassau College in New York. Call Nina Arten, 366-5007, for more information.

Register for Mother's Morning Out

"MOTHER'S MORNING OUT" at the "J" will be taking registration for the Summer and Fall 1989-90 programs starting February 13. In order to be eligible for the summer program, your child must be between 9 months and 24 months on June 1, 1989. For the fall program, your child must be 9 months by September 1, 1989, and not more than 24 months on October 16, 1989.

The world of MOTHER'S MORNING OUT is one of learning, fun, messy art projects, games, music, outdoor play, and much more. Come join the fun. For more information about fees, times, etc. call Julie Hawkins, 366-5007.

CONCEPTS 'N MOTION

Announces

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- Removes toxins from the skin
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- Stop in for details or call

541-0734

Mon.-Fri. 8 a.m.-8 p.m.
Sat. - 8 a.m.-12 p.m.



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Hwy 51
(Behind Upton's)

Babysitting



Our babysitting hours are 9 a.m.-2 p.m., Monday through Friday. Please call for reservations. Three hour maximum; one hour minimum. Members and non-members welcome.

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Henry Kissinger to Speak

Nationally known Henry Kissinger will be presented at Queen's College on Monday, March 13 at 6 p.m. Following Mr. Kissinger's presentation will be a panel discussion and audience response at the Jewish Community Center. Wine and cheese will be served. Sponsored by the Jewish Community Center and the Carolina Council on World Affairs. For more information call Fran Rosenberg, director of Adult Services, 366-5007.

Classifieds work - call 366-5007