

Jewish Family Life Education

Cosponsored by Jewish Community Center and Jewish Family Services

Jewish Family Life Education is a group discussion program for people of all ages within the community. JFLE's purpose is to enhance the quality of life for individuals and families. With an emphasis on growth development, people learn new and successful ways to look at problems that arise out of the normal life cycle. Also, JFLE programs are designed to prevent stressful events from becoming serious crises.

GUESS WHO'S COMING TO DINNER—WHEN BABY BROTHER/SISTER ARRIVES

Defines sibling rivalry, its effect on children and parents, anticipates the stressors that need to be taken into account and celebrate joys of new baby.

W., Feb. 1 Shari Blair, MS
Early Childhood

PARENTS AREN'T PERFECT

Focus on predictable disappointments and difficulties arising from a parent's need to be perfect, faultless or super. Together, we will concentrate on ways to replace rigidity in our roles as parents with openness and flexibility.

T, Feb. 7 Adrienne Rosenberg, ACSW

DAD AND HIS CHILDREN WHAT IS DAD'S ROLE?

Provides men an opportunity to share joys, challenges and frustrations of parenting. For fathers and "expectant" fathers only.

W, Feb. 15 Irv Edelstein, ACSW

YOUR CHILD'S SEXUALITY

Assists parents in instilling positive attitudes about sexuality in children of all ages. Together, we will focus on parents/child communication as it relates to sexuality and the installation of responsible sexual values in our children.

W, Mar. 15 Penny Wallace, ACSW

Below is a listing of WINTER SESSION JFLE workshops. These workshops are designed for parents and their children.

Each workshop costs \$7 per person, is one night only, and has a minimum registration of 10 individuals. The workshops will be held at Shalom Park and meet 7:30-9 p.m.

For more information on JFLE programs, please contact Scott Snyder or Iris Madison, 366-5007.

DIALOGUE WITH WORKING AND NON-WORKING MOTHERS

Examine how changes in today's society have affected women's roles both in and out of the home. Discussion also includes issues confronting homemaker mom and the career woman.

T, Feb. 21 Iris Madison, ACSW

WHAT IS A NORMAL ADOLESCENT?

How often do we see our children engaging in behaviors that are unacceptable and difficult for us to understand? Examine age appropriate behaviors, parental expectations and ways to improve communication.

W, Mar. 1 Stuart Cohen, Ph.D.
Child Psychologist

MANAGING SIBLING RIVALRY

Anger, frustration and sadness are some of the emotions parents experience as they observe their children fighting with each other. Workshop helps parents more effectively handle their children's conflicts, while experiencing growth as a parent.

T, Mar. 7 Sam Blumenthal, Ph.D.
Clinical Psychologist

Soviet Jewry Rally Well Attended



Mayor Pro-Tem Al Rousso reading Mayor's proclamation.

By Claire Putterman

On Sunday, December 11, 300 members of the Charlotte Jewish community gathered at Shalom Park in order to plead the cause of Jews held captive in the Soviet Union. The event, "Light Freedom's Way," sponsored by HaLailah B'nai B'rith Women, Charlotte Chapter B'nai B'rith Women, Hadassah and the Charlotte Jewish Federation, was a memorable and emotional experience.

The guest speaker, Linda Fleishman of Greensboro, a national board member of Hadassah, told of her daring experiences in the Soviet Union and urged each and every Jew to actively fight for freedom for every Russian Jew.

Mayor Pro-Tem Al Rousso read a proclamation from Mayor Sue Myrick declaring December 11, 1988 as Soviet Jewry Day.

The program included a film about celebrated Soviet refusenik Ida Nudel, who endured eight years of Siberian exile before being allowed to emigrate in October '87.

Kathleen McClain, religious editor of *The Charlotte Observer*, was honored for her continued devotion and support of Soviet Jewry. Ms. McClain has traveled to the Soviet Union in order to meet with refuseniks. She has spoken to various organ-

izations on their behalf and helped to organize a letter-writing campaign to government officials. Ms. McClain marched in Washington, D.C. with 250,000 people to fight for freedom for those who can not.


Dr. Boris Rozovski, formerly of the Soviet Union, now a professor at UNCC, spoke of his friends and colleagues who still remain a part of this intolerable and inhuman situation.

The evening concluded with the lighting of a menorah in honor of eight refusenik children. As the blaze from 300 candles shimmered brilliantly, Stephen Haas led the audience in singing "Don't Let the Light Go Out."

This Soviet Jewry Rally must be the spark for this community to continue pleading the case for freedom for refuseniks. To change the present ominous situation will take strong efforts on many fronts. No single effort will miraculously turn the tide. But, we must not let the world fail to notice what is happening.

This spring there will be another letter-writing event on behalf of Soviet Jewry. This is your opportunity to write to your Congressmen, Soviet officials and other prominent leaders to inform them that we, the Jews of Charlotte, want our Soviet brothers and sisters out of captivity.

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