

Jewish Family Life Education

Cosponsored by The Jewish Community Center and Jewish Family Services

Jewish Family Life Education's purpose is to provide the community with education and information on a variety of individual, social and familial topics. In order to continue providing you with high quality JFLE programs, the JCC & JFS are asking for your input by completing the questionnaire below. PLEASE TAKE A FEW MINUTES TO COMPLETE!

Check as many topics in which you or your family would have an interest in participating.

- **CHANGING ROLE OF AMERICAN JEWISH FAMILY.** Family roles are changing. We are witness to a form of social adaptation and the development of a new structure of relationships.
- **SUBSTANCE ABUSE.** A workshop to assist individuals in opening the doors of communication about alcohol and drug issues.
- **SANDWICH GENERATION.** Issues dealing with those caught between raising their own children and caring for their elderly parents.
- **MYTHS OF AGING.** A workshop to deal positively with the issues and misconceptions of aging. An overview of today's older generation.
- **POSITIVE PARENTING.** A workshop to provide an understanding of the importance of self-esteem. It will help parents to evaluate their vital contribution toward the enhancement of their child's self-esteem and psychological well being.
- **LETTING GO OF YOUR FOOD OBSESSION.** When food is no longer a natural part of your day but instead consumes much of your energy and dictates your behavior, you may wish to join this group.
- **PARENTING/ADOLESCENT RELATIONSHIP.** A group for parents to help with understanding the changes your adolescents are going through. The workshop will cover appropriate behaviors, expectations, discipline and ways to improve communication.
- **ASSERTIVENESS SKILLS FOR POSITIVE CHANGES IN YOUR LIFE.** A workshop to cover the various ways of communication with other people, including differentiating between passive, aggressive and assertive behaviors.
- **CHALLENGE OF PARENTING YOUR PRECHOOL CHILD.** A workshop to provide you with skills and understanding to use in effectively parenting preschoolers. Common concerns of bedtime, toilet training, communication strategies and guidance will highlight this workshop.

Days and times most preferable including weekends & evenings:

Would a nominal charge of \$5-\$7 per workshop be acceptable? _____
If not, what would you be willing to pay? _____

Circle the following consecutive #s of workshop sessions that you would be willing to attend on a particular topic:

1 2 3 4

YOUR CONFIDENTIALITY WILL BE STRICTLY RESPECTED. Please fill out form and mail it to Jewish Family Services, P.O. Box 13369, Charlotte, NC 28226 or drop off form at JCC reception desk.

Name: _____ Phone: _____

Address: _____

For more details or information call Iris Madison at JFS, 364-6594 or 364-6596 or Fran Rosenberg at JCC, 366-5007.

"Main Event" was Quite an Event

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welcomed guests, Mike Minkin, Charlotte Federation executive director; Lisa Platock, assistant to the director; Paul Putterman, overall Campaign chair; Paul Edelstein and Matt Luftglass, Campaign co-chairs; Bobbi Bernstein, Federation president; and Freda Keet, guest speaker.

Meg Goldstein, president of Women's Division, introduced Ms. Keet, an Israeli broadcaster, who gave an enlightening speech. She stated, "I'm here to describe 'the soul of a nation,'" referring to Israel. She was thrilled with the large attendance and said that "you are making a very powerful statement by

your very presence." She endeavored to explain "the pressure cooker" in which we live. Ms. Keet closed her talk with the statement that "we are the protectors, guardians and heirs" of Judaism and Israel.

Both Ms. Keet and Carol Shafranek were presented the framed artwork which Carol did for the invitation.

The Women's Division goal for the 1990 Campaign is \$200,000, an increase of 12% over last year. Over \$80,660 was pledged the night of the dinner, reflecting a total amount of \$111,000 to date, which is 18% ahead of last year at this time.



Freda Keet holding Carol Shafranek's framed artwork. photo/Robin Drinnen

Reception to be Held For New Art Exhibit

Highlighting water color painting by Raenea Siegel and photography by Joel Goldman, the Visual Arts Committee of the Foundation of the Charlotte Jewish Community will sponsor an exhibition and artists' reception on Sunday, Jan. 14, 2-4 p.m. in the Speizman Galleries of Shalom Park. Siegel combines water color and pen and ink in her art and Goldman's photography stresses landscape scenery from throughout the world. The exhibit will remain on display through Feb. 28.

The public is invited to view both exhibits.

Golden Circle/JCC Had Great Success

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chairperson of the Dessert Reception Committee. Thanks also to the members of their respective committees, Dessert Reception: Jill Newman, Patti Scher, Cheryl Comen, Linda Goldsmith, Lorrie Klemons, Evelyn Berger, Vera Mendel, Chris Cordiss, Louise Bernstein and Carol Shafranek. Benefactors and Patrons: Sandra Levine, Miles Levine, Eric Sklut, Elaine Schefflin, Paula Musler, Hal Levine, Arlene Karp, Gary Silverstein, Patty Gorelick, Sue Ades and Ethel Gordon.

Thanks also to Glorious Cuisine, our caterer for the dessert reception.

Save those memories!

Will your grandchildren ever be able to see what your grandfather looked like? Have your old photographs copied now to save them for the future.



PHOTOGRAPH EXPRESSIONS
Terrill A. Hoffman
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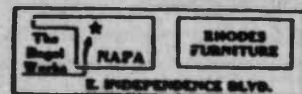
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