

Jewish Community Center

Seniors Are Very Active



Seniors enjoying Chanukah party.

The last few months have been ones of excitement and giving for the Senior Adults at the JCC. Interesting speakers, wonderful trips and holiday luncheons were enjoyed by all.

The JCC Seniors really know the true meaning of tzedakah. They volunteer to work on mailings and programs. The J truly appreciates their help. They also volunteer at the Speizman Library and the Charlotte Chamber of Commerce as well as collect food weekly for Jewish

Family Services.

The Seniors put together a box to send to our troops in Saudi Arabia at one of their meetings. As they filled it with letters, paper, pencils, soap, gum, magazines and a whole lot more, they tried to picture what it would be like to receive the box. They were so happy to receive a lovely thank you letter from Sgt. Daniel Toole, Operation Desert Shield, who received the box. The Seniors will continue to send boxes as long as our armed forces are in Saudi.

Senior Adult Program Calendar

The Hot Lunch Program has been well received. The kosher meals are delicious. We meet Monday and Friday for a program or speaker at 11 a.m. followed by lunch at noon. Cost of lunch is \$2.50 for members and \$3 for non-members. Transportation is provided. Reservations can be made at the JCC front desk, 366-5007.

- Feb 4 - Good Health Series; speaker from Presbyterian Hospital
Lunch: Pot roast, mashed potatoes, green beans, salad, cake
- Feb. 8 - Shabbat Sharing with Charlotte Jewish Preschool
Lunch: Baked fish, broccoli, pinto beans, fruit cups
- Feb. 11 - HaLailah BBW Senior Adult Luncheon—No Charge
- Feb. 15 - Jewish Film Series
Lunch: Turkey pot pie, vegetable salad, cherry tarts
- Feb. 18 - Travel Talk with Bill Burton
Lunch: Spaghetti & meat balls, tossed salad, jello with fruit
- Feb. 19 - Movie Morning
- Feb. 22 - Shabbat Sharing with Charlotte Jewish Preschool
Lunch: Chopped beef steak & gravy, great northern beans, cabbage, cookies
- Feb. 25 - ABCs of traveling out of town
Lunch: Salmon croquettes, macaroni & cheese, green peas, brownies

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9 a.m.-5 p.m.

Classifieds Work
Call 366-5007

Gym Shorts



By Jay Snyder, H&PE Director

Hello Sports Fans! We are dead set into winter but activity at the "J" is anything but cold. The adult basketball league began its winter league season on January 10 and Rich Shulman could not wait to get back into the heat of the game.

Congratulations to our Racquetball League champions of 1990. In the Women's League, Marcia Schaffer won the A division; Sandi Rosenberg topped the B division; Rose Shulman won the C division. In the Men's League, Doug Masterson won the A division; Rich Weiner won the B division and Don Ashby Jr. walked off with the C division laurels.

How about our marathon swimmers?! Eileen Bernstein, Jenny Rosenthal, Paul Putterman and Floyd Patten each swam the entire length of the Jordan River. That's 60 miles of swimming! I hope they each had a good pair of goggles.

It is great to see Barbie Weiner up on the walking track. She is probably waiting for the weather to break so she can resume her Sunday tennis game. And how about that Marvin Baron? He can not wait to get on the racquetball court to beat up on Chuck, Rich and Andy.

With the new year already here it is time for everyone to begin a yearly fitness program. Stop in the Health Club and see Melanie Collins, the "J" Fitness Supervisor, for assistance with your exercise program. Speaking of the Health Club, the current fitness room is open to Health Club and Silver Members only. When the new fitness center is completed, it will be open to all "J" members. The Health Clubs will remain exclusive for members only. If our wonderful steam, sauna and whirlpools appeal to your senses then we encourage you to consider a Health Club membership. Speaking of whirlpools, Mike Van Glish, I heard the water is perfect today!

See you next month!

Adult Institute of Jewish Studies

Sponsored by Temple Beth El V'Shalom, Temple Israel, Lubavitch of NC, Charlotte Jewish Federation, JCC.

For a modest price of \$5 you'll get ideas and insights to stimulate your mind and a bagel breakfast to soothe your stomach.

SUNDAY, FEB. 17
10 a.m.-Noon

Shalom Park
Gorelick Hall

Being Jewish, Being American

Seymour Rossel is a leading Jewish educator, publisher and author of 12 books on Jewish topics, including education, the Holocaust and Jewish values. He will discuss Jewish identity, family and generational issues, Jewish communal history and other subjects relevant to how

we bridge two cultures in the diaspora.

How do we best live within two worlds? With an upsurge of anti-Semitism around the world, how do we address the age-old issue—Jewish at home, American in the streets?

THURSDAYS, MAR. 7, 14 & 21
7:30 p.m.-9:00 p.m.

Shalom Park
Gorelick Hall

\$5 per lecture or \$10 for the series

The Arab-Israel State of War Guest Lecturer: Maurice Weinstein

Lecture 1:
Islam vs. Israel

Lecture 2:
The Church vs. Israel

Lecture 3:
The United Nations vs. Israel

Maurice A. Weinstein, a Charlotte lawyer, has served as chairman of the International Council of B'nai B'rith. He also served as chairman of the Coordinating Board of Jewish Organizations with consultative status at the United Nations. He has appeared before the Foreign Relations Committee of the U.S. Senate and also the Foreign Affairs and Foreign Operations

Committee of the House of Representatives. He has been an ardent student of the Middle East and the United Nations. Come benefit from his enthusiasm and years of study as he shares his perspective with our audience.

Dessert and coffee will follow the lectures. We're sure you'll want to stay and shmooz!

School's Out —J's In

February 18 will be another fun day at the J. "Schools out" so come on down! Children should bring a dairy lunch, swim suit and towel. The day's activities will begin at 9 a.m. and end at 3 p.m. Fee is \$12 for members and \$18 for non-members.

Pre-care is available 7:30-9 a.m.; post-care is available 3-6 p.m. Fee for pre and post care for members is \$1.50 per hour and \$2 per hour for non-members. Registration deadline is Wed., Feb. 14. Call Nina, 366-5007, if you have any questions.

The World Of Magic

Have you ever wondered about the mysteries of magic? Would you like to see how tricks are done? If you answered yes to both of these questions then you are in luck.

Magic Man Productions has agreed to offer classes at the 'J' this spring for slight of hand magic. The classes will be available for children in the 6th grade all the way up to age 99.

If you are interested in this class, it is important that you call Nina at 366-5007.

Enjoy a Musical Journey from the Renaissance to the 20th Century!

See These Artists in Concert

Kathryn Lebeau and Kami Rowan—Classical Guitar Duo

- and -

Linda Warren—Soprano

Saturday, February 16, 8:15 p.m.

Shalom Park in Gorelick Hall

\$2.50 Members / \$3.50 Non-Members



Kathryn Lebeau



Kami Rowan



Linda Warren

The concert will be followed by a reception and dessert. Proceeds will benefit Senior Adult Programs.