

# Jewish Community Center

## Senior Adults Programs

- Thurs. Feb. 6 - Out-to-Lunch and movie.
- Mon. Feb. 10 - Chai Choir with Gerard Rohde.
- Tues. Feb. 11 - Brown Bag Discussion Series. "Social Support Systems of Older Women: Implication for Practice." Dr. D. Shenk (Gorelick Hall).
- Thurs. Feb. 13 - Senior Fitnessize and Chai opinion (writing to **The Charlotte Jewish News**).
- Mon. Feb. 17 - Chai Choir with Gerard Rohde.
- Thurs. Feb. 20 - Trip to Mint Museum: "Splendors of the New World."
- Mon. Feb. 24 - "Arthritis: Facts or Fiction." Dr. David Burack.
- Thurs. Feb. 27 - Bingo.

### Hot Lunch Menu

- Thurs. Feb. 6 - Eating Out.
- Mon. Feb. 10 - Vegetable Lasagna.
- Thurs. Feb. 13 - HaLailah Love Luncheon.
- Mon. Feb. 20 - Eating Out.
- Mon. Feb. 24 - Chef Salad with Sliced Chicken Breast.
- Thurs. Feb. 27 - Turkey Burgers.

**CHERYL BRAVERMAN LOST 29 LBS.**

Height 5'2"	BEFORE	AFTER
Weight	147 lbs.	118 lbs.
Dress Size	12	6

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## Special Senior Adults Programs Open to the Public

The Senior Adults Chai group is pleased to invite the general public to attend two extensive discussions in the field of Gerontology.

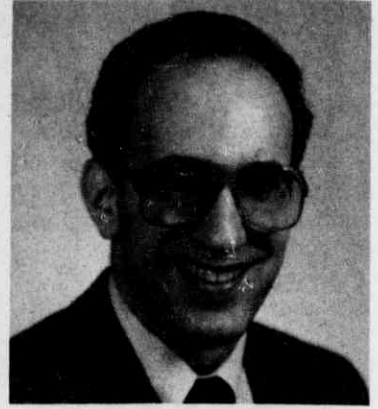
The first discussion is on "Social Support Systems of Older Women: Implications for Practice," on Tues., Feb. 11, noon-1 p.m. at Shalom Park in Gorelick Hall. The lecturer is Dr. Dena Shenk, coordinator of the UNCC Gerontology Program and Professor of Anthropology, UNCC. Guests must bring a dairy lunch.

Dr. Dena Shenk will discuss her extensive research with older women in central Minnesota. Her focus is on the expectations of elders and their views of formal and informal approaches to meeting their needs. There will be discussion about the

elders' interactions with family, friends and neighbors in relation to their use of formal services. Emphasis will be placed on implications for service delivery in our region.

The second discussion, "Arthritis: Fact and Fiction," will be held on Mon., Feb. 24, 11 a.m.-noon in the Luski Youth Activity Center at Shalom Park. Lecturer is Dr. David A. Burack.

Dr. Burack will try to enlighten the group on arthritis, a disease that strikes young and old, that is treatable but not curable. He is a graduate of Duke University and Vanderbilt University Medical School. He is Board Certified in Internal Medicine as well as Rheumatol-



Dr. David Burack

ogy. Currently he is in private practice in both Charlotte and Rock Hill.

For more information call Amalia Warshenbrot, 366-5007.

### Happy February Birthday Chai Members

Bertha F. Berry and Helen Gordan

### Special Thanks

The Chai Group thanks:

Richard Klein for his enlightening talk about the Jews of Charlotte.

Barry Hantman for coming during his vacation to cook a Chinese lunch for them. It was delicious!

### Driver Needed

To drive Senior Citizens to and from the JCC in a van, 2-3 days a week. Must be warm and sensitive! Starting date, May 1.

For further details please call Amalia, 366-5007 (Mondays or Thursdays).

### MATCHMAKER



### DATING SERVICE

for Jewish Singles  
21 and Older

Jewish Community Center  
5007 Providence Road  
Charlotte, N.C.

Call (704) 366-5007 for  
appointment and  
fee information

## TRIBUTES

### JCC GENERAL FUND

#### In Honor Of:

Speedy Recovery of Alfred Kessler  
Emily & Rochelle Datnoff

### CHAI-LITES

#### In Honor Of:

Members of the Chai-Lites  
Stan Greenspon

Birth of Zoe Rachel Kronovet  
Amalia & Abraham Warshenbrot

### CHERYL KATZ MEMORIAL LIBRARY FUND

#### In Memory Of:

Samuel J. Thier; Rose Spitzer  
Toby & Lewis Spitzer

Henrietta Meltsner, mother of Chuck Meltsner & sister of Herman Blumenthal  
Ellie & Ron Katz

### JULIE GERBER ATHLETIC MEMORIAL FUND

#### In Honor Of:

Retirement of Julius Goldman  
Blanche & Henry Hirschmann

#### In Memory Of:

Julie Gerber  
Barbara & Phil Guller  
Arlene & Ed Karp

### MUSLER MEMORIAL FUND

#### In Honor Of:

Speedy recovery of Gerald Sinkoe; birth of Joshua Kipnis, grandson of Mr. & Mrs. Jerome Levin  
Eleanor & Morty Turk

### SENIORS' HOT LUNCH PROGRAM

#### In Honor Of:

Happy holiday season to Drs. Robert Yudell, Maxwell Greenman, Scott Jabon  
Staff at Laurel Eye Associates

Anniversary of Mattye & Marc Silverman; birth of David Gleiberman; anniversary of Brenda & Chuck Meltsner  
Anita & Marvin Shapiro

Speedy recovery of Alfred Kessler  
The Chai Group

#### In Memory Of:

Henrietta Meltsner  
Anita & Marvin Shapiro

For information and contribution cards  
call the JCC Office, 366-5007.

### SPEIZMAN LIBRARY FUND

#### In Honor Of:

Amalia Warshenbrot—for all her work in coordinating the Book and Author Program  
Joan Underwood

#### In Memory Of:

Abe Gottlieb  
Shirley Gottlieb

### SPECIAL CHILDREN'S FUND

#### In Honor Of:

Birthday of Ollie Polk  
Roslyn Greenspon

Anniversary of Elise & Jerry Menaker  
Ollie & Sam Polk

Birth of granddaughter of Lee & Walter Marx  
Lois & Sandy Benjamin

Speedy recovery of Faye Sinkoe; engagement of Gary Lerner; engagement of Johnny Goldberg  
Mary & Simon Wojnowich

Birth of Gabriel Joseph Gorelick; birth of Emily Marx  
Carolyn & Stuart Hennes

Birthdays of Raena Siegel, Lottie Goldman, Flory Bedrick  
Lee & Water Marx

Special Birthdays of Judie & Mike Van Glish; Engagement of Susan Levin & Mark Schwaber; Engagement of Debbie Martin & Gary Lerner; Anniversary of Beverly & Sam Werbel  
Elaine & Marty Schefflin

Birth of Joshus Kipnis, son of Dr. & Mrs. Robert Kipnis  
Eleanor & Morty Turk

Speedy recovery of Blanche Palley; birth of Emily Catherine Marx  
Flory & Milton Bedrick

Birth of Gabriel Joseph Gorelick  
Faye & Gerald Sinkoe

Speedy recovery of Mrs. Rae Friedland, grandmother of Patty Bedrick  
Florence & Milton Bedrick

#### In Memory Of:

Henrietta Meltsner; Faye Lester, grandmother of Susan Sandler  
Carolyn & Stuart Hennes

Abraham Kaplan; David Share's brother-in-law  
Lee & Walter Marx

Henrietta Meltsner; Charles Plax, father of Miriam Epstein; Abe Kaplan  
Elaine & Marty Schefflin

Abraham Kaplan  
Gerry Litwak

Henrietta Meltsner  
Mary & Simon Wojnowich

Father of Walter Marx  
Lois & Sandy Benjamin