



The Jewish Community Center



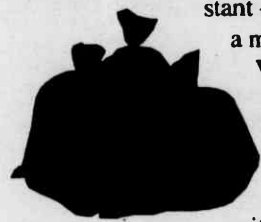
Charlotte Jewish Day School

The Jewish Day School of Charlotte raised close to \$900 at the October 23 yard sale. **Marci Goldberg, Janice Cantor, Lisa Kaufman, Tanya Musler, Dana Gorelick, Rena Schneider, and Dale Glick** worked very hard collecting, organizing and selling! Items not sold were donated to Temple Beth El for their annual attic sale. Proceeds from the sale were used to replenish school supplies. Another yard sale is planned for March.

The Parent/Teacher Organization (PTO) sponsored the Third Annual Book Fair in early November. This year in addition to secular books from Scholastic, and Judaic books from The Tree of Life, gift shop items were available such as candles, dreidals, tapes and games. **Susan Rabinovich** provided stained glass dreidals and Stars of David for sale. Our Chanukah selection was hard to beat! The PTO netted over \$1,000 in profits. **Gale Osborne and Lisa Shporer** co-chaired the event.

Parents are playing an increasing role in activities at the Jewish Day School of Charlotte. Volunteer duties vary, but one thing is constant — the rewards are high! **Jaynie Segal** produced a moving promotional video about the school; **Ellie Valenstein, Lyba Rousso, Lisa Platock, Tanya Musler** for grandparents committee activities; **Steve Jampol** for his efforts to get all computers functional in the classrooms; **Gail Sarret and Scott Sutker** for assisting the Finance committee — investigating ways to reduce expenses; and **Susan Adelman** for assisting with the Precare and Aftercare programs.

The Hot Lunch program is off to a record breaking start! Twice a month children are given an opportunity to have a hot lunch at both the day school and preschool campuses. However, this year, the response to the program has been so tremendous, coordinators **Carola Swimmer, Adriana Epstein and Renee Sutker** started planning Hot Lunch weeks! Beginning in November, an entire school week has been selected for Hot Lunch. The cost is minimal and the rewards high! The kids love the meals, moms have less lunches to pack and the PTO makes good profits!



DIAPER DAREDEVILS

by **Sally Williams-Early Childhood Director**

The Infant/Toddler Department of the JCC is trying something new and exciting this year. Along with the help of **Millie Campbell, Director of Health & P.E. and Kevin Weatherford, Gym Specialist**, we are able to introduce our toddlers to different activities in the gym. This class ranges in age from eleven months to eighteen months.

In the beginning they were unsure of the large room with bright lights and toys (gym equipment) twice their size. Just three short weeks into the program and the children have become Little Daredevils as they develop their gross motor skills and balance. With the help of the teachers and **Millie**, they receive a lot of one-on-one attention.

If you're having a bad day and would like to be cheered up, visit the JCC's gym on Wednesday mornings around 10:00 a.m. and watch our babies grow.

JCC AEROBICS AND STEP

Looking for a high energy workout that combines simple yet challenging choreography or an aerobics class utilizing THE STEP? How about a toning and sculpting class that targets major muscle groups, or an interval training class that provides the best of all worlds in physical fitness? We have what you're looking for. Come to the JCC **Interval Training Bodyworks, Step Aerobics, Body Sculpting, and Totally Fit** have something for everyone.

You Pay one monthly registration fee and come as often as you like to any of these JCC Aerobics classes. Call the JCC for Times, Dates and Fees

SCOREBOARD

by **Paul Denny - Athletic Director**

The Youth Soccer Teams are tearing it up. The Under 10, 8 and 6 Teams are all at the top of their respective divisions.

Youth Hoopsters is gearing up for another fine season. We can't wait to see all of these young stars in action.

The Adult Fall Racquetball League is in the early part of its season. One more division crowned a champion: **Ed Stemborski** outlasted **George Cronson** in the B's, 10-15, 15-13, and 11-7.

Adult Softball finally made it through a wet season to reach the playoffs. **Royal and Green** ended up tied for the regular season title. Final stats are in as well: **Rich Harris and Larry Brown** combined to dominate all categories, except bases on balls, which **Marty Forcina** won. **Rich** claimed the batting title with a .773 avg. **Howard Glazer and Gene Marx** tied for a distant 2nd with .692 each. **Rich** also ran away as the doubles leader with 9 as **Tim Garney and Ron Dion** hit 6. **Larry** took the triples crown with 3. **Rich and Larry** then took a share of the "tater title" with

2 round-trippers each. Rookie **Phil Berman** also had a fine season, placing 2nd or 3rd in nearly every category.

Adult Basketball is in a high scoring season with 6 players averaging over 20 points. **Harry Tepper** leads the list with a 31.6 avg.

Get Wet

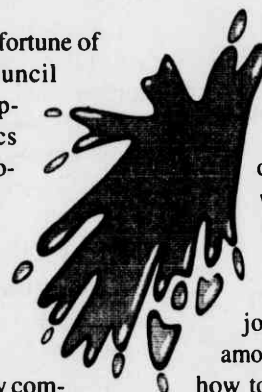
I had the good fortune of attending The Council for National Cooperation in Aquatics Conference in October. The opening speaker, **Annie Clement, Ph.D. LT.D.**, made some excellent points:

Annie began by comparing the past (1950) and present. In the past, public schools were judged by their pool facilities and swim programs. Participation in swim lessons was required for graduation and the curriculum included safety and survival.

In the present, we have increased our knowledge and incorporated Biomechanics and Physics as part of the curriculum. Aquatic professionals were the first in the recreation industry to create and implement emergency action plans.

It seems as though we are currently waking a fine line between soaking in the bath tub and white water rafting. Facilities are so protected and the risks removed, that people are encouraged to participate in various aquatic activities without having any swimming skills.

If you don't know how to swim - LEARN! The majority of drownings occur among people who don't know how to swim and were not planning on being around the water. If you know how to swim and are planning to participate in physically demanding aquatic activities (boating, water skiing, rafting, canoeing etc.) TRAIN & CONDITION yourself!



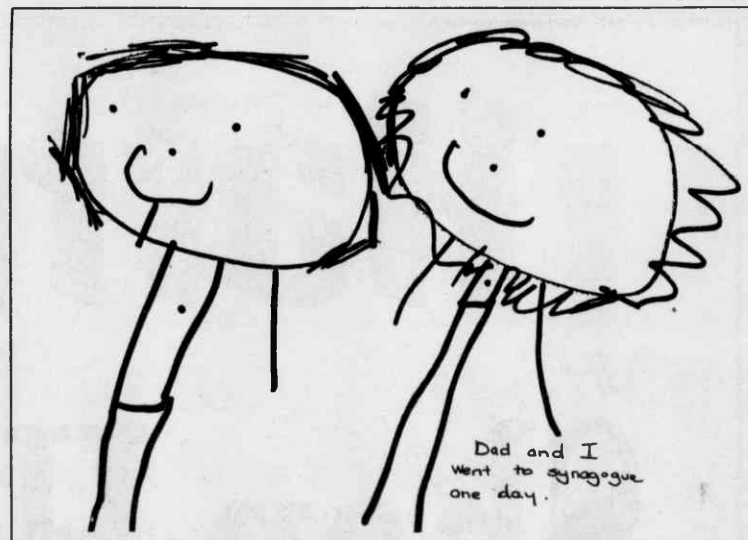
The JCC Announces:

The first meeting of the Yiddish Club met on Oct. 13, 1994. We hope to have more people join this group. **Rose Luski** is helping to get the group organized and focused.

The schedule of meetings is:

November 10 and December 8, 1994, January 12, February 9, March 9, April 13, May 11, 1995.

Reserve the second Thursday of each month at 12:30 p.m. to learn, practice and enjoy Yiddish. We meet in the Board room with coffee and a "nosh".



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Mrs. Sun. 10-3 • M-W 10-6 • Th 10-8 • Fri. 9-3 • Closed Sat.