



# The Jewish Community Center



## Health & Recreation

### JCC HEALTH AND RECREATION PROGRAM HIGHLIGHTS

The JCC Health and Recreation Department offers a wide variety of quality programs for your children. Check out these selections.

#### YOUTH HOOPSTERS PRE-SEASON

It won't be long before the soccer season is over and we will be moving indoors for Basketball. This program is a warm up for the Youth Hoopsters season and it will stress the fundamentals of basketball. Skill sessions will be followed by scrimmages and some "knockout"-the perfect mix of learning and fun.

This pre-season program begins on Sunday September 10

#### TENNIS PROGRAMS

The fall is the perfect time of year to be on the courts. Tennis pro Robert Stephens will share his experience and love for the game with

your child. Youth tennis lessons meet on Wednesdays and Session II begins October 18. Class maximum is 8 students so register early. If our scheduled class does not meet your needs, we offer private lessons. Call the JCC to schedule a day and time.

#### AQUATICS

We offer a class for the child who knows how to swim freestyle and backstroke and wishes to learn more about competitive swimming. The Competitive Swim Program is a good preparation for the Winter Swim Team which will begin in January.

Program begins Sunday September 10.

Also available for children of all ages are private swim lessons. In some cases the one on one attention is just what a child needs to overcome his/her fear of the water. All instructors are certified through the American Red Cross and provide a loving and caring environment for your child to feel good about swimming. Call the Aquatic office to schedule a day and time.

**For session dates times and fees please refer to the JCC fall brochure or call the "J" 366-5007**

## Senior Adults

### The schedule for the Chai Group for the month of September, 1995

Call Sue Klein for more info or transportation at 366-5007 ext 232 Please join us for any or all of the programs!!

Monday, Sept 4 - Labor Day (no program)

Thursday, Sept 7 - Visit to the Blumenthal Home in Clemmons

Monday, Sept 11 - Dorothy Ashendorf will keep us current on Jewish publications

Thursday, Sept 14 - VCR movie at the JCC

Monday, Sept 18 - Bill Burton will speak about Northern Germany

Thursday, Sept 21 - Boat ride on the Catawba Queen

Monday, Sept 25 - Rosh Hashanah (no program)

Thursday, Sept 28 - First Intergenerational program of the new preschool year. We will be meeting with the pre-k group

### Luncheon schedule for the month of September

Monday, Sept 4 - No lunch

Thursday, Sept 7 - Lunch at the Blumenthal home

Monday, Sept 11 - Chicken chow mein

Thursday, Sept 14 - BBQ burgers and franks

Monday, Sept 18 - Fresh Fish

Thursday, Sept 21 - Picnic before boat ride in the park (weather permitting)

Monday, Sept 25 - No lunch

Thursday, Sept 28 - Baked Chicken

### HAPPY NEW YEAR



## Singles

### SINGLES' EVENTS SEPTEMBER

#### COMEDY ZONE/KARAOKE PARTY

Sunday, September 10

6:00 p.m.

Comedy Zone-5317 E. Independence Blvd.

\$12 Singles mem/\$15 non-members

If you didn't go to our last karaoke party, you must attend this year! Hot & cold appetizers, a private party in the karaoke bar, and the 8:00 p.m. show with Ron White is included. I MUST have your check IN ADVANCE (please let me know if you are attending by September 6th).

#### SEPTEMBER HAPPY HOUR

Wednesday, September 20

6:30 p.m.

Key West Bar & Grill-4514 South Blvd.

We will be on the patio of this casual bar.

#### BREAK THE FAST

Wednesday, October 4 8:00 p.m. (after services) Daniel Levine's House 5824 Providence Road Wait for red shuttle in front of Eckerd's at Providence Square every 15 minutes starting at 7:30 - please DO NOT drive up his driveway! Don't miss one of our biggest parties of the year. You MUST R.S.V.P. to Becky by Wednesday, Sept. 27! Please bring a dish - we are asking for a donation of \$2 to help with clean up and shuttle cost.

Please call Becky Cohen at 366-5007 for more information or to R.S.V.P.!

## Newcomers

### JOIN US!

The Newcomers Connection Is fast becoming one of the hottest groups in Charlotte. Charlotteans, both new to town and old timers, have been joining us for our monthly social events.

"Apples and Honey" is the theme in September, as we welcome in the New Year with a New Years party on September 30. Also, offered will be hot tips for new Charlotteans!

Mark your calendars for October 21, for our annual Gym Night. The gym and other facilities will be available to everyone for an evening of fun, games and sports.

For Information Please call Roni Fishkin at 366-5007

**THE PRAYERBOOK HEBREW** classes Session II in the Fall, 1995 brochure were incorrectly listed to begin in November. There will be no classes in November but Session II will be begin Thursday Dec.7, 1995 and continue through Thursday Jan 25, 1996. This includes both the Prayerbook Hebrew for beginners and intermediate classes. Please make a note of this change, if you are interested in these classes.

## Early Childhood

### Not Weird-Just Different!

Learn how to identify personality type (yours and your child's) and how to "Type Style" influences your ability to parent/teach those children who march to a different drum.

**Wednesday, September 20**

**7:00 - 8:30 p.m.**

#### Other workshops include:

- Siblings Can Get Along October 11
- Who's In Charge Here? October 25
- Stress-Proofing Your Child November 8
- Helping Children Resolve Conflicts November 29

**All Workshops Begin at 7:00 p.m.**

Fees: Members-\$5/Workshop or \$15/Entire Series  
Non-Members-\$8/Workshop or \$30/Entire Series

The Early Childhood Parenting Workshop Series is made possible, in part, by a generous grant from First Union Bank.

For more information, please contact Sally Williams, Early Childhood Director, at 366-5007.