

The Jewish Community Center



ADULTS



GOOD DOG!

Wed. Evenings • 7 p.m. - 8 p.m.
June 18, 25, July 2, 9, 16, 23
\$50 members/\$60 non-members
Instructor: Maggie Blutreich
Location: Sculpture Garden Area/Adult Lounge
Minimum age - 12 weeks, no upper age limit
Code: 5102

Topics covered include basic obedience exercises as well as a positive approach to behavior modification. Instructor Maggie Blutreich is a professional trainer and an American Kennel Club Public Education Coordinator.

HEALTH & RECREATION

Adult Basketball League Champions

Congratulations to the BULLS for winning the Winter/Spring 1997 Basketball League by beating the Sonics 77 - 66.

The Champion BULLS



Front row (L to R): Scott Moskowitz, Ali Nikrooz, Chuck Collin
Back row (L to R): Drew Hall, Daniel Levine, Jason Cathcart, David Van Glish, Darren Mond

Adult Basketball Award Winners:
Highest Scorer: Harry Tepper
Hustle Award: Paul Denny
Defensive Player: Lane Ostrow
Most Improved Player Award: Stephanie Garner
Sportsmanship Award: Bob Davis



JR MACCABI DAY

On Sunday, April 13, 92 children, grades K - 6, participated in the Youth Athletic Committee's First Annual Jr Maccabi Day. The event was an overwhelming success complete with opening and closing ceremonies, a disc jockey (Larry Gerber), non-competitive fun games, snacks, and awards for all. Special thanks to the many volunteers, Family Sponsors, and Event Sponsors who contributed to the day's success.

EVENT SPONSORS:

Larry Gerber - Disc Jockey
Jeff Gorelick - Fruit (snacks)
Len Block - Programs
Paul Shipley - Medals (awards)
Lebo's - Bandanas (Linda & Mark Goldsmith)

FITNESS • FITNESS

MAY 5K AT THE J

Congratulations to the 120 runners and walkers that completed the 2nd Annual JOBST May 5K at the J on Sunday, May 4. The 1-Mile Family Fun Run had 25 participants. The overall winner, Stephen Spada, 32, of Charlotte, completed the 3.1 mile course in 16:48. Jean Strait, 35, of Charlotte finished first for females with a time of 19:10. Age group winners were as follows:

- 1 - 17
Elyse Kopecky (19:53)
John Ryan (20:39)
- 18 - 29
Jackie Miller (22:07)
Randy Hitt (20:46)
- 30 - 39
Jill Egan (20:52)
Desmond Kelly (18:24)
- 40 - 49
Mary Carbott (22:06)
Joseph Gigler (18:43)
- 50 - 59
Kathy Seavers (24:31)
Dewey Sloan (19:23)
- 60 - 99
Mary Purvis (25:37)
Berb Brown (24:50)

Complete race results are posted outside the Fitness Center.

Thanks to all of our corporate sponsors who make this event possible including Jobst, DUL-X, Run For Your Life, Tegra Telephone Systems, Wheat First Securities, Adams Mark Hotel, Swimmer Insurance, Dr. Scott Greenapple and Piedmont Chiropractic, Relax the Back, Mecklenburg Medical Group,

Thanks to all of our sponsors who donated items/services for the race including Hannafords, Manhattan Bagel, Hyatt South-Park, Southeastern Massage School, Tectrix, Pepsi-Cola, Natural Marketplace, Starbucks, Our Place, and Pasta and Provisions.



CHAI GROUP SCHEDULE

MONDAY MEETINGS FOR SUMMER

We are going to be movin' and groovin' all summer — trying to keep cool, keep busy and enjoy ourselves. We will be meeting in Temple Beth EL (TBE) and Temple Israel (TI) for our Monday meetings as noted. Call Sue Klein for more info at 366-5007 ext 230.

We thank Temple Beth El and Temple Israel for the generous use of their facilities during our busy summer at the JCC. Even though our group will be on the move as far as our meeting places, some things stay the same! The Chai group will be meeting on Mondays at 10AM for exercise, 11AM for our speaker or program and we will have lunch at Noon. Please make it a point to join us for some wonderful speakers in a small intimate group setting.

MONDAYS in JUNE

- JCC June 2** - Rabbi Gerber as always, an informative and excellent speaker
- JCC June 9** - Lloyd Scher, Mecklenberg County Commissioner, is going to Washington to speak to the Council on Aging but will visit with us first. Hear about the arts funding meeting and what it means!
- TI June 16** - From "Radio Days" a dynamic video that features over 200 photos, excerpts from 75 radio broadcasts, classic film clips, and reminiscences, we will start with the comedians for great viewing and a funny discussion - send in the clowns!
- TBE June 23** - Hope Hunt, NC Cooperative Extension, talks about safety with household chemicals — can everyday products around your house hurt you?
- TI June 30** - Richard Cohen, Professor of Judaic Studies at UNCC will question "the difference between Christians and Jews?" Most interesting indeed!
- Lunches**
June 2 - Roast Chicken
June 9 - Spaghetti with meat sauce
June 16 - Dairy box lunch from Phil's deli
June 23 - Eggplant Parmesano
June 30 - Box lunch from Kosher Mart

THURSDAY TRIPS FOR OUR SENIORS

We are traveling our ways and our days away!!! The trip hours vary along with the destination but the trips will be stimulating and geared to the composition of our group. All trips will be leaving from the front circle call Sue Klein 366-5007 ext 230 for times.

THURSDAYS IN JUNE

- June 5** - Keeping cool by floating on Lake Wylie in a pontoon boat. Lunch will be at TBones on the lake. We will be dropped off at the dock - should be COOL.
- June 12** - No meeting - Shavout
- June 19** - Trip to WTVI (Channel 42) studio to see the workings of Public Broadcast System. Lunch at Anderson's.
- June 26** - The gorgeous gardens of Wing Haven. Lunch at Barclay's

AQUATICS

JCC SUMMER DIVING PROGRAM

With Diving Coach Wendy Oettinger

BEGINNING DIVING

We will learn basic diving board safety, front and back take-offs, three positions for dives, front and back jumps, front and back dives and front somersault.

Recommended for children 5 - 10 years old; no experience necessary, just a desire to learn.

Tue & Thurs, 5:45 - 6:45 pm
Session II July 15-August 7
Fee: \$30.00 Members/\$45.00 Non Members
Min 4 - Max 10

ADVANCED BEGINNER DIVING

We will continue to build on the skills learned in the beginner class. Starting with a review of skills learned then progress to adding a twist to the front and/or back dive.

Recommended for children 8 and up who have successfully completed or demonstrated the skills in the beginning diving program.

Tue & Thurs 6:45 - 7:45 pm
Session II July 15 - August 7
Fee: \$30.00 Members/\$45.00 Non Members
Min 4 - Max 10

For more info call Millie Campbell, Aquatics Director at 366-5007 ext. 293

Summer Tennis 1997-Adult Classes

- Ladies Beginner**
Mondays 6:30-7:30
June 16-July 14 (6 weeks)
Fee: \$54 mem/ \$64 nm
- Ladies Intermediate**
Tuesdays 6:30-7:30
June 17-July 15 (6 weeks)
Fee: \$54 mem/ \$64 nm
- Ladies Advanced Drill**
Wednesdays 6:30-7:30
June 18-July 16 (6 weeks)
Fee: \$66 mem/ \$76 nm (4 person maximum)
- Ladies Advanced Beginner/Intermediate**
Thursdays 7:30-8:30
June 19-July 17 (6 weeks)
Fee: \$54 mem/ \$64nm
- Men's Intermediate**
Mondays 7:30-8:30
June 16-July 14 (6 weeks)
Fee: \$54 mem/ \$64 nm
- Men's Intermediate/Advanced**
Thursdays 6:30-7:30
June 19-July 14 (6 weeks)
Fee: \$54 mem/ \$64 nm
- Men's Advanced Fitness Drill**
Wednesdays 7:30-8:30
June 18-July 16 (6 weeks)
Fee: \$66 mem/ \$76 nm

First Annual JCC Adult Tennis Championship Matches Begin in Sept.

Entry forms available beginning July 15 in the Health & Rec Dept or at the front desk.

Summer Karate Classes

Youth Beginners & Advanced Beginners • Ages 6 - 13 years
Mondays, 4:15 - 5:15pm
June 9 - August 11 (10 weeks)
OR **June 9 - July 7 (5 weeks)** OR **July 14 - August 11 (5 weeks)**
Fees: \$35/Member; \$50/Non-member (5 weeks)
\$70/Member; \$100/Non-member (10 weeks)
Class minimum: 4

Adult Karate • Ages 18 years plus
Mondays, 8:00 - 9:00pm
June 30 - Sept 8 (10 weeks, no class Sept. 1) OR June 30 - July 28 (5 weeks) OR August 4 - Sept. 8 (5 weeks, no class Sept. 1)
Fees: \$35/Member; \$50/Non-member (5 weeks)
\$70/Member; \$100/Non-member (10 weeks)
Class minimum: 4

All classes are held in the JCC upstairs Dance Studio and are under the expert direction of AJ Anderson of Knights Recreation Services. AJ holds a 6th degree black belt and has been instructing at the JCC over the past 8 years.

JCC SUMMER FACILITY HOURS

	Building & Gym	Outdoor Pool	Indoor Pool
Mon-Thurs	6:00am-9:00pm	12:00pm-8:00pm	6:00am-9:00pm
Friday	6:00am-7:00pm	12:00pm-7:00pm	6:00am-3:00pm
Saturday	12:00pm-7:00pm	12:00pm-7:00pm	12:00pm-3:00pm
Sunday	8:00am-7:00pm	11:00am-7:00pm	8:00am-12:00pm

(Note: Baby Pool opens 11:00am Monday-Friday)

JCC OFFICES CLOSE AT 5 PM ON FRIDAY, SATURDAY & SUNDAY

Independence Day
July 4 Friday 8:00am - 7:00pm*

Labor Day Weekend
August 30 Saturday- 12:00 - 6:00pm
August 31 Sunday- 8:00am - 7:00pm*
Sept 1 Monday- 8:00am - 7:00pm*

*Outdoor Pool opens at 11:00am

Outdoor Pool Closing
June 16, June 23, June 26, and July 1

The outdoor pool will close at 5:30pm for swim meets. The indoor pool will be available for open swim when classes are not scheduled.

IT'S ALWAYS A GREAT DAY AT THE J!