

# Temple Beth El Members Perform Mitzvot for the Community: Walking, Cooking, and Gardening



(left to right) Linda Seigel, Jodi Barras, Marsha Lampert, Suzie DeSarno, Benjamin Blackburn, Regina Robinson

Temple Beth El once again had a team for the Komen Race for the Cure this year. A fundraiser for breast cancer research, treatment and education, this was a fun-filled day of both competitive and

non-competitive walk/run events for the whole family. TBE team members received free customized t-shirts. Linda Seigel coordinated the Temple Beth El Team.

Temple Beth El headed by Captain Bobby Pesakoff participated in the annual CROP Walk at downtown's Memorial Stadium. Once again, the team supported this fun 10K family walk to raise funds to feed the hungry in the local



Louise Frumkin, chair of Beautification Committee, and Marsha Stickler

community and around the world.

The Hopebuilders 5K is a run/walk in memory of David Silverman, son of Mattye and Marc Silverman and brother of Lorin Stiefel and Shara Silverman. All proceeds from the Hopebuilders 5K go to the Margaret Harris and David Silverman Memorial Endowment Fund for Brain Tumor Research at the Duke University Medical Center. There was also a one-mile kids' Fun Run. Many members of Temple Beth El participated in this walk too.

The Caring Committee Cookbook has over 200 "yummy" recipes in it. Pre-orders are now being taken for arrival the first week of December. They will also

be available at the Temple Beth El Gift shop. Don't miss out. Order your copies now for the perfect Hanukkah gift. Copies are \$10 each. Please send check to Temple Beth El, 5101 Providence Road, Charlotte, NC 28226.

Louise Frumkin is chairing a new committee, a very active committee - to beautify the

grounds of Temple Beth El. Already winter planting of pansies and accompanying plants grace the walkway leading from the parking lot, and the meditation garden is beginning to be filled in. ✧



Temple Beth El

## Nishei Charlotte - Women of Charlotte - Present Shabbat Candles: Lights of the Soul

Our sages set forth three reasons why we light Shabbat candles. First, for peace and harmony in the home; second, to honor Shabbat and third, to create pleasure. This month's discussion will focus on the first reason and the related questions of how the Shabbat candles are related to peace and harmony, as well as why the mitzvah (obligation) of lighting is the Jewish woman's.

We will meet on Thursday, December 18. The morning group will meet at 9:30 AM and the evening group will meet at 7:00 PM. Babysitting available upon request (please let us know in advance if you will need babysitting).

For more information call Laurie Berzack at 704-544-5061 or Lauren Weiser at 704-849-9781 or email us at nishei@charlotte-torahcenter.com.

Mark your calendar for the next Nishei Charlotte group, which will be meeting on Thursday, January 22.

Don't miss the fun-filled "Make it Magical" Hanukkah Party sponsored by Nishei Charlotte on the third night of Hanukkah Sunday, December 21 at 5:00 PM.

On the third night of Hanukkah, Sunday, December 21 at 5:00 PM, we will be celebrating the holiday commemorating the victory of the Jewish way of life over Western/Hellenistic influence by a fun-filled evening for the whole family. The evening will feature a magician, many activities for the children and yummy potato latkes. To top off the evening there will be raffle drawing of great prizes. Nishei Charlotte is sponsoring the evening. ✧



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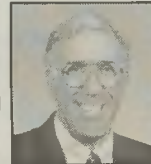
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