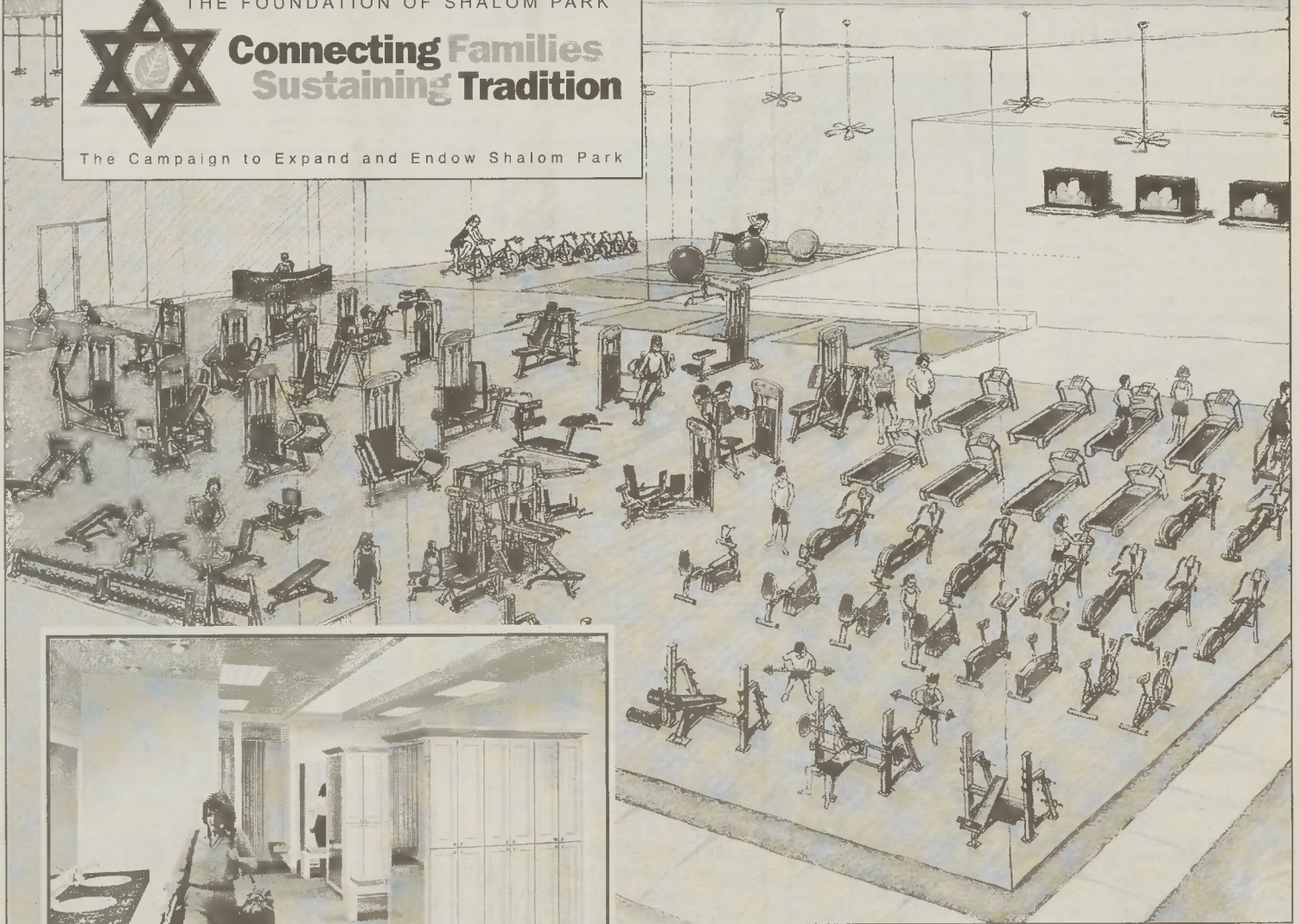




THE FOUNDATION OF SHALOM PARK

**Connecting Families
Sustaining Tradition**

The Campaign to Expand and Endow Shalom Park



Worth the Weight!!

— OPENING WINTER 2004 —

The New JCC Health & Recreation Facilities

- 5,000 Sq. ft. David Silverman Fitness & Wellness Center (3 times the current Fitness Center)
- 7,000 sq. ft. air-conditioned gymnasium
- 700 sq. ft. multi-purpose exercise room
- Pilates Area
- Deluxe Distinctive Adult Locker Rooms
- Upgraded General Adult Locker Rooms
- Sauna, Steam and Whirlpool for all adults
- Locker Rental & Towel Service
- Private Massage Rooms
- Upgraded Adult Lounge with individual work stations
- 32 Pieces of Cardio-vascular equipment, all with individual TV screens
- Babysitting Room, adjacent to Fitness Center, with separate infant and toddler care areas
- Expanded Group Fitness Programs, including indoor cycling classes
- Increased Wellness Programming in conjunction with Carolinas Medical Center