

Family & Children's Programs (Infants - 5th Grade)

contact – ivy saul for infants to preK or mark didonato for k to 5th grade

Mommy & Me

(15 months to 27 months)
 Instructor: Linda Lepow
 Mondays 9:15am to 10:15am
Session I
 Sept 13, 20, 27, Oct 4, 11
 (no class Oct 18) & Oct 25
Session II
 Nov 1, 8, 15, 22, 29 & Dec 6
 Your Monday morning will never be the same! Join Linda Lepow for a theme oriented class with the comfort of mom nearby. This class starts out with a short informal play time followed by an art project, then snack. The last 30 minutes is a circle time loaded with music, movement, instruments and storytime. You won't want to miss the fun!

JCC Member (per session)	\$90
Non Member (per session)	\$105
Benefactor (per session)	\$75

Music for My Family & Me

(8 to 15 months)
Bring your big brother or sister!
 Instructor: Linda Lepow
 Tuesdays 9:15am to 10am
Session I
 Sept 14, 21, 28, Oct 5, 12, 19
Session II
 Oct 26, Nov 2, 9, 16, 23, 30
 Join Linda for a musical journey! This class introduces your baby and sibling to the joy of music and movement. Stimulate your baby and brother or sister with rhythm and sound while we explore different instruments.
JCC Member (baby only) \$60
JCC Member (baby w/sibling) \$90
Non Member (baby only) \$68
Non Member (baby w/sibling) \$98
Benefactor (baby only) \$52
Benefactor (baby w/sibling) \$82
 (prices are per session)

Bouncing Back with Baby Stroller Fitness

Moms with Children (6+ weeks old)
 Instructor: Marissa Brooks, MS, PT
 Wednesdays 9:15am to 10:15am
Session I
 Sept 15, 22, 29, Oct 6, 13, 20
Session II
 Oct 27, Nov 3, 10, 17, 24, Dec 8
 Bouncing Back with Baby Stroller Fitness classes are back! This fun and effective exercise class for moms and children 6 weeks and older is taught by a licensed physical therapist and meets rain or shine. Our goal is to get you back in shape through power walking, stair climbing, and sculpting with fitness bands – all while enjoying time outdoors with your children. The BBB Exercise Guide for Moms and Babies is included in the class fee.
JCC Member (per session) \$75
Non Member (per session) \$90
Benefactor (per session) \$60

Child transfers by JCC staff are available from the CJP & CJDS to Miss Donna's School of Dance and Music Mania classes upon request!



Ivy Saul
 Camp Katan/ Early Childhood Programs Director
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Bouncing Back with Baby

Exercise & More for Moms & Babies
 Instructor: Marissa Brooks, MS, PT
 Mondays 11:30am to 12:30pm
Session I
 Sept 13, 20, 27, Oct 4, 11
 (no class Oct 18) & Oct 25
Session II
 Nov 1, 8, 15, 22, 29 & Dec 6
 Have you just had a baby? We'll help you get back into shape while meeting new moms and bonding with your baby. Classes are taught by a licensed physical therapist and include low impact aerobics, sculpting and flexibility exercises for mom and songs, finger plays, infant massage, and exercises for baby, and the BBB Exercise Guide for Moms and Babies.
JCC Member (per session) \$75
Non Member (per session) \$90
Benefactor (per session) \$60

Kids Night Out

Come join all your friends for the great fun everybody has at Kids Night Out. Kids Night Out is a program designed for children in the 3rd, 4th and 5th grades to facilitate Jewish friendships. Each Kids Night Out will occur on the 4th Saturday of the month from 7 to 10:30 unless otherwise noted. **In order to ensure a safe and effective program, all Kids Night Out programs will require registration prior to the day of the event.**
 August 28 Swim Party \$25
 Dinner will be provided 6 to 9pm
 October 30 Open Gym \$20
 Snacks will be provided
 November 27 Mystery Tour \$35
 Snacks will be provided

Miss Donna's School of Dance at the JCC!

Primary Class
 (3 to 4 years old)
 Wednesdays, 1:30 to 2:15pm
Advanced Primary Class
 (5 years old and up)
 Wednesdays, 3:15 to 4pm

Classes run Sept 1 – May 25

Ms. Donna has provided dance classes to children in Charlotte for over 45 years offering classes in ballet, tap and jazz. Sign up now so your child can participate in the best recital in town!

Annual Registration Fee

JCC Member	\$25
Non Member	\$35
Benefactor	\$20

Monthly Fees

JCC Member	\$50
Non Member	\$55
Benefactor	\$40

Music Mania!

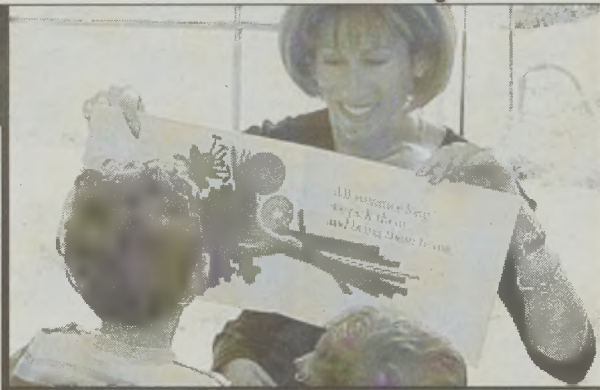
(3 to 5 years old)
 Mondays, 1:15 – 2:00 pm
Session I
 Sept. 13, 20, 27, Oct. 4, 11, (no class Oct. 18) Oct. 25
Session II
 Nov. 1, 8, 15, 22, 29 Dec. 6
 Make cool instruments like a rain stick, kazoo and guitar box. Enjoy movement and sing a long with Patty! Prices are per session.
JCC Member \$60
Non Member \$75
Benefactor \$40



Mark DiDonato
 Assistant Director of Camping & Youth Services
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 mark.didonato@charlottejcc.org



Kids Night Out!



School's Out/J's In

Attention All K-5 Graders. Join us for our new School's out program geared just for your age group. We will go on exciting field trips or bring in great special activities just for you. Sign up early before all the spots are gone!!

Charlotte Mecklenburg Schools

October 14-Omni Max
 October 15-Amazing Maize Maze
 October 18-Lazy 5
 November 2-Bowling
 November 11- My Gym

Charlotte Jewish Day School

November 22- Omni Max
 November 23- Splash Planet

AM Care from 7am to 9am

\$5 (free for Jteam members)
 \$7 (non members)

PM Care from 4pm to 6pm

\$5 (free for Jteam members)
 \$7 (non members)

JCC Member	\$45
Non Member	\$55
Benefactor	\$15
Jteam Member	\$25

Cub Scout Pack 163 Wants You!

Meet Every Other Sunday
 Location TBA
 2:30 to 3pm

Pack 163, sponsored by the Levine JCC, invites you and your son to become part of one of America's leading value driven organizations.

Scouting combines fun with educational and life-long values. It also helps parents to help their boys strengthen character, develop good citizenship, and enhance both mental and physical fitness.

Our activities this year include hikes, touring and a camping trip!

Boys entering grades 1st through 5th are eligible to participate. For more information, call Bonnie Abramowitz at 704-341-3008.

Receive extra discounts on programs & classes when you're a Jteam Afterschool Member!

The Jteam Afterschool Program (K-5th Grade)

(contact mitch ormand or shellie mitchell)

- Safe, Nurturing Environment
- Quality Adult Supervision
- Convenient Van Pick-Up Service
- State-of-the-Art Facility
- Nutritious, Healthy Snacks
- Supervised Homework Time
- Enrichment Classes
 - Athletic Activities
 - Arts & Crafts
 - Cooking
 - Drama
 - & More



The "J Team" at the Levine JCC is Charlotte's Premiere Afterschool Program!



Mitch Ormand
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