

Family & Children

## Parent/Child Holiday Fun Series - Thanksgiving

(K-2nd grade)

November 17, 4-5pm, Camp Mindy

The 3rd in a series of monthly holiday celebrations. Includes a holiday craft & cooking project.

**JCC Member \$20/family**

For more information, contact Mark Di Donato at 704/944/6738.

## Family Financial Fitness

Wednesday, November 16, 6:30pm, Camp Mindy

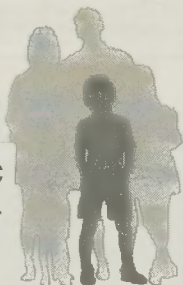
A 90-minute education workshop given by Northwestern Mutual Foundation for parents and their children, ages 7-11 years old that will help families start talking about money management, finances, and fiscal responsibility. Fun interactive session includes dinner, games and tips on how to foster family financial discussions.

**JCC Family \$10 Non Member Family \$15**

For more information, contact Mitch Ormand at 704/944/6733

## Birthdays at the J!

If you're interested in having a birthday party here at the J for your child (K-5th grades), contact Mitch Ormand at 704/944/6733 or email: mitch.ormand@charlottejcc.org



The Levine JCC  
Fit for everyone.

## Flu Shots

The flu vaccination will be available at the David Silverman Fitness and Wellness Center on Wednesday November 9th at 7am. **Arrive early there is a limited supply.** No Medicare, Insurance, or children under 18 at this site. The cost is \$30. Please bring cash or check made payable to the Levine JCC.

## Cholesterol Screening & Lecture

On Wednesday, November 16th there will be a cholesterol screening in the David Silverman Fitness and Wellness Center with a brief educational lecture with a Registered Dietician to follow.

### Screening

5:30 to 6:30am

### Lecture and Results

7 to 7:45am

### Screening

8 to 9am

### Lecture and Results

9:30 to 10:15am

**The cost is \$35 for members and \$25 for Silver/Benefactor Members.**

Please call Kyle Coates at 704/944/6746 for more information about these health & fitness programs or to make your appointment for a cholesterol screening.

Health & Fitness

Tennis

## Mixed-Up Doubles Tennis Social

Starting Sunday, November 6 from 2 to 4pm

Mixed doubles tennis social at the Levine JCC. Open to all levels 2.5 to 4.5. Bring either an appetizer or dessert!

**Cost is \$8/person**

## Aerobic Tennis Class

Thursdays, 6:30 to 7:30pm and Sundays, 11:30am to 12:30pm

The best workout you can get on a tennis court. Fast-paced games and drills for this one hour class guaranteed to make you sweat. Come and try this NEW class out because the first week is FREE!

For more information about tennis or to register for the tennis social and/or the aerobic tennis class, contact Bryan Hartley at 704/944/6748 or bryan.hartley@charlottejcc.org

Teens

## Teen Connection/BBYO

Sunday, November 6, 3 to 5pm

### Movie at the Indoor Pool!!

A division of BBYO Inc. focusing on the engagement of Jewish teens in the 7th & 8th grades in leisure-time activities and information Jewish education. Meets 1 Sunday a month for the entire year. Cost is entire year.

**JCC Member \$40 Non Member \$50 Benefactor \$30**

## Mitzvah Club (Middle School Teens)

Tuesdays, 4:30 to 5pm

Meet the 1st and 3rd Tuesdays of every month and plan different mitzvah projects for the community. A great opportunity to help others that can't help themselves.

**FREE to all teens**

For more information about these 2 teen programs, contact Kevin Ziman at 704/944/6739.

## Fine Arts Adult/Teen Jewelry Making

Thursday, Nov 10, 6:30 to 8:30pm - Art Studio

Monday, Dec 5, 10am to 12pm - Teen Meeting Room

Wednesday, Dec 14, 6:30 to 8:30pm - Art Studio

You will create and learn how to make bracelets, rings and earrings. Students are responsible for purchasing supplies. Supply list will be provided after you register.

**Price per class:**

**JCC Member \$15 Non Member \$20 Benefactor \$12**

## Adult Watercolor Class

Wednesday, 9:30am to 12pm - Art Studio

Session II: Nov 2, 9, 16, 30, Dec 7, 14 (6 weeks)

Learn to paint or refine your skills in this relaxing, enjoyable class. Painting from photos and/or personal experience is encouraged. Supply list will be given with class registration.

**JCC Member \$118 Non Member \$130 Benefactor \$105**