STAY FIT, ACTIVE + CONNECTED AT EVERY AGE!

JEWISH & FEDERATION &

Preschool

Holiday Hoopla: Wobble, Gobble, Hooray for Turkey Day & Eight Nights Shining Bright!

*12-28 months*Join us for two fun holiday-

themed Mommy & Me classes!
Friday, November 22 &
Friday, December 6
9:30-10:30am
LJCC's Family Place

1 day: M/\$12 B/\$10 NM/\$15 2 days: M/\$20 B/\$15 NM/\$26

K-5th

J-Tribes

Grades K-5 (& dads)
A program designed
to give dads & kids quality time.
Dad/child pairs are organized
into 'tribes' of 12 pairs. Monthly
meetings, "All-Tribe" outings,
service projects, and an
overnight camping trip in May!

Ongoing, Sept thru May Per pair, per school year: M/\$100 NM/\$150 (+\$50 each add'l child)

School's Out/J's In: School Holiday FUN

Each day includes a field trip, arts/crafts, sports, swimming, friends & fun. Register now!

November 1 – Space Kiddets November 11 – Bowling 9am-4pm

Per day: J-Team/\$25 M/\$55 B/\$33 NM/\$65 AM Care (7-9am): \$5/Day PM Care (4-6pm): \$5/Day To register: 704-944-6738 mark.didonato@charlottejcc.org

Club "45" - Game Truck!

Calling Grades 4 & 5!

Join old friends and meet new ones here at the J! Pizza dinner up at Camp Mindy - then the fun & games begin!

Saturday, November 16 6pm (meet at Camp Mindy) M/\$20 NM/\$25

Teen

Teen Extreme: Trip to Hodges Farm

6th-8th Grade

A day of adventure to Hodges Farm, where we will get a tour, check out the animals, learn about different horse species, and then take a ride on one. We will end the day back at LJCC, sharing in an activity with our Seniors.

Monday, November 11 9am-4pm

M/\$35 B/\$30 NM/\$45 Pick-up/drop-off: Teen Lounge

Jammin' @ the J

Grades 6-8 (Middle school only!)

DJ, basketball, awesome inflatables, and a snack bar that is open all night!

Saturday November 16

Saturday, November 16 7-11pm

Tickets: \$15/ea
Year Pass: M/\$135 NM/\$150
Purchase tickets at LJCC Front
Desk. Members may purchase
up to 4 tickets two weeks prior;
Non-member ticket sales begin
the Monday before event.

Teen Advisory Group (TAG – you're it!)

6th-8th Grade

Get involved! Help create our Teen Programs. Voice your opinion, brainstorm, gain skills in event planning & leadership. Sunday, November 17 5-6pm

Mitzvah Madness "MM"

LJCC Teen Lounge FREE

6th-8th grades

Come get some Community Service hours on your day off. We will be decorating candles, enjoying an activity with our Seniors, and teaching them how to play Dreidel.

Friday, November 27 10:30am – 2:30pm

Pick-up/drop-off: Teen Lounge

Winter Break Camp!

KICKS for Kidz

Kick up the FUN over winter break with Master Alyssa Watson Taekwondo skills, drills & games

12/30-1/3 • 9am-1pm (no camp Wed, 1/1)

704-944-6743 Ages 4-70
Alvin E. Levine Gym stephanie.garner@charlottejcc.org M/\$140 B/\$64 NM/\$165

Adults

Mah Jongg Classes

18+ Men, Women, Couples
Learn the basics of how to
play this ancient game from
an experienced teacher, and
you'll be a pro in no time.
Each session is 4 weeks.

PM: Tue • 6:30-8:30pm Oct. 29-Nov. 19

AM: Wed • 10am-12pm Oct. 30-Nov. 20

Price per 4-week session: (includes Mah Jongg card) M/\$85 B/\$51 NM/\$95 Min. 4 participants/session

Mah Jongg at LJCC OPEN PLAY Night

All levels welcome!

Join us on the 2nd Tuesday evening of each month in the Weinberg Center. Bring your sets, cards, snacks for a night of fun and friendship.

Tuesday, November 12 7-9pam • Free Weinberg Center

LJCC & Levine-Sklut Library Adult Book Club

Join us on the 3rd Tuesday morning of each month for this informal, thought provoking, social opportunity. Books are selected by the group. Lead by Talli Dippold (and occasional guests).

Tuesday, November 19 10:30am • Free Weinberg Center 704-944-6780

704-944-6780 tdippold@shalomcharlotte.org

Introduction to Creative Writing

Adults 18+

Looking for new ways to exercise your brain, unleash your inner writer and share stories to friendly ears? Learn how to "read like a writer," choose words that ignite meaning and frame sentences with a purpose. Session is 5 weeks; expect to read, write, share at each session. Instructor: Rebecca Stern

Wednesdays • 7-8:30pm Nov. 6-Dec. 4 (5 weeks) LJCC Conference Room M/\$75 B/\$45 NM/\$90

Levine JCC Department Directory

Questions about any of our Programs or Offerings? Department contacts listed below (unless noted otherwise):

Early Childhood 704-944-6891	Stephanie Freedman stephanie.freedman@charlottejcc.org
K-5th Programs 704-944-6738	Mitch Ormand mitch.ormand@charlottejcc.org
Teen Programs . 704-944-6739	Jessie Cohen jessie.cohen@charlottejcc.org
Adults / B.I.S.Y 704-944-6753	Jodie lagnocco jodie.iagnocco@charlottejcc.org
Seniors / Oasis . 704-944-6735	Audry Herman audry.herman@charlottejcc.org

Ladies Night Out: Annual Holiday Hoopla

Shopping and "dinner crawl."

Thursday, November 21

7pm • Tash Boutique @

Promenade Shopping Center

RSVP: 704-944-6737

robin.stier@charlottejcc.org

"Healthy Living, Healthy Aging" Lunch & Learn Adults 50+

FREE monthly seminars focusing on keeping you Healthy at 100! Learn how to fool Mother Nature and make your adult years the healthiest and best ever! Light healthy snack served; or feel free to bring a dairy/vegetarian lunch.

November Topic:

"How Aging Affects Hearing & How Hearing Affects Memory!"

Watching TV at a high volume? Can't hear in a crowd? Trouble remembering things? Maybe it's your hearing! Presented by Daniel Pearce Audibel Hearing Center

Thursday, November 21 12-1pm Room A110

For information contact: Nurse Lorrie 704-944-6880

Future Seminar Dates: Dec. 17 • Jan. 21

Seniors

Monthly OASIS Fieldtrip

Sponsored by "Stan Greenspon Charitable Foundation"

Holiday Shopping & Lunch

Trying to find the time to buy your holiday gifts? Come join us for a fun morning of holiday shopping at *Home Goods* and *Marshalls* stores located in the Blakeney Shopping Center. After shopping we will have a leisurely lunch at an area restaurant.

Wednesday, November 20 9:45am Bus departs LJCC 2:15pm Approx. return

NO FEE for fieldtrip; Cost of lunch - on your own.

Oasis & LJCC members only. Space is limited, and reservations are necessary! Sign-up in the Weinberg Center or contact: Audrey Herman 704-944-6735 audrey.herman@charlottejcc.org

Do You Have Questions About MEDICARE?



Are you confused about the Open Enrollment Period for your Prescription Drug Plan, which begins October 15th and ends Deember 7th? FREE counseling is available to help answer all your questions. Services provided by SHIIP (Senior Health Insurance Information Program).

To make an appointment for a

private consultation, contact:

Jodie lagnocco 704-944-6753
jodie.iagnocco@charlottejcc.org

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