Jewish Family Services Opens Counseling Center in Lake Norman

What makes a Jewish commu-nity sacred, a "Kehilah Ke- man Jewish comdoshah"? Members of the Jewish community in Lake Norman can tell you. As Temple Kol Tikvah's Rabbi Michael Shields says, "Like a sukkah, it is constructed of many different branches woven together. The broader the Sukkah's reach, the more tightly its branches are woven, the stronger it stands.'

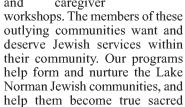
These metaphorical branches speak to the individual members of the community, the ways the members come together, as well as the programs that serve the community.

Jewish Family Services also knows what makes a Kehilah Kedoshah. As a member of Shalom Park, JFS is conveniently located at the center of Jewish life in Charlotte, allowing members of the community to take advantage of our programs and services. As the Jewish community in Huntersville, Cornelius, Davidson, Mooresville, and Statesville has continued to grow, and Temple Kol Tikvah settled into its new building in downtown Davidson, the synagogue has established itself as the center of Jewish life in Lake Norman, opening their doors to other Jewish groups in the area, as well as non-Jewish groups such as the Boy Scouts and Davidson

"As JFS has served as the heart of the Charlotte Jewish community, expanding to Lake Norman will allow us to serve as the heart

man Jewish community," says JFS **Executive Director** Stephanie Starr. "We are able to provide them with many of the same services we offer in Charlotte, including our Counseling Center, My Solutions Case Management and support programs such as parenting caregiver

communities."



JFS and the families in Lake Norman aren't the only ones who know a thing about building a sacred community. Jewish Federation of Greater Charlotte knows that every strong Jewish community needs a Jewish Family Services. That's why they provided an impact grant which allowed JFS to open an office in Lake Norman.

Caroline Biber, MSW, LCSW, will serve as Program Manager for the Lake Norman office. A licensed therapist, Caroline will provide confidential therapy and case management services from her office in Temple Kol Tikvah.

Members of the community



Caroline Biber

had the opportunity to meet Caroline the weekend of May 2 when she attended Shabbat services at Temple Kol Tikvah and the JFS Love and Logic Workshop for Preschool Parents.

As Rabbi Shields wrote in his letter to the Federation accompanying the grant application, "The establishment and development of a JFS presence in the Lake

Norman region will have a pro-

foundly positive impact on the community. It will assure that the vulnerable in our community have the support they need and will make it possible for the Jewish community in Lake Norman to partner with JFS in continuing to build a community that embodies a culture of service."

Jewish Family Services is especially grateful to the Jewish Federation for allowing us to add a branch to the Kehilah Kedoshah of Lake Norman. For appointments with Caroline, please call the main JFS office at 704-364-



the heart of our community

Parents: Dreading the Idea of Spending All Summer with Your Kids?

Join Jewish Family Services and Wendy Petricoff for this three hour crash course for families with young children (birth-8) and learn how to make the most out of your summer with your chil-

Wendy has taken her favorite and most-popular tools and put together a special stress-less summer crash course that gives parents a plan to help manage the exhaustion and frustration of par-

This crash course is perfect for parents who:

- * Are raising kids birth through eight years old (it's specially designed for young families)
- * Are tired, exhausted or stressed-out at the end of the day
- * Want customized plans to deal with whining, arguing, bedtime troubles, etc.
- * Need of a do-able plan for time-outs
- * Want to learn how to stop arguing with their kids
- * Want tools that really work and you can feel good about

Thursday, July 17, 9:30—12:30 at the LJCC. \$95 including lunch. Reservations are required. Email: info@jfscharlotte.org; call: 704-364-6594; online: www.jfscharlotte.org. ❖

