

Mindfulness and Self-Regulation

Joined in Education Two-Day Symposium

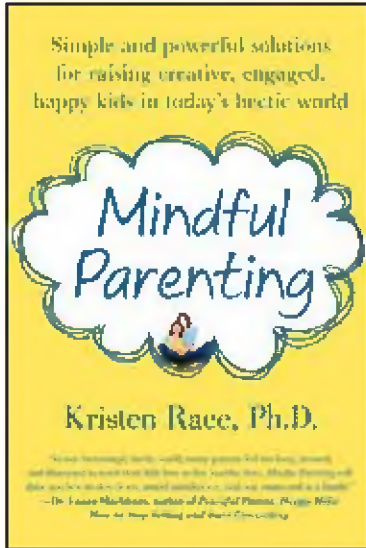
JIE tickets are on sale now, and they won't last long!

At the event, you'll learn:

- 1) One of the top keys to supporting your children to become successful adults
- 2) Powerful tools for helping your kids (and yourself) be happier and healthier
- 3) Easy tips you can use right away for decreasing drama and meltdowns

The topic of this year's Joined in Education is Mindfulness and Self-Regulation. It's a topic every parent, teacher, and human being needs to know about because mindfulness is at the heart of knowing how to navigate life without worry and anxiety. We want your children to not only know how to be successful but also (just as important, if not more), we want them to know how to be happy.

Don't wait to save your spot for this informative and transformational event. Get your tickets @www.joinedineducation.org. ☆



Charlotte Jewish Preschool Curriculum Development

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How do we measure the growth and developmental progress of our children? We use various methods of informal assessments and portfolios to help the teachers gauge learning styles, strengths and weaknesses of each student. Portfolios are performance based, and are an instructionally appropriate method of documenting and exhibiting student progress, achievement, and development in one or more areas over time. Our teachers can utilize this tool to communicate student progress to parents in an organized manner touching on content knowledge, skill, and overall development. When students are involved in their portfolio development they are taking ownership for their learning, reflection and thinking.

As previously stated, the process to create and implement a meaningful curriculum begins with theory, then planning, followed by implementing/execution, and lastly assessment and reflection. Curriculum is a piece of what it takes to educate and raise a child. Our parents, teachers and members of our community together provide our children with opportunities to learn, grow, and connect. ☆

Women's News

Second Annual Hadassah Israeli Products Fair Was a Huge Success

The Charlotte Chapter of Hadassah presented the 2nd Annual Israeli Products Fair on Sunday, November 22. The event was co-sponsored by the Greater Charlotte Jewish Federation, the Levine JCC, and Ayelet Travel. Hadassah also wishes to extend a huge thank you to the Foundation of Shalom Park. Hadassah is pleased to report that the event raised over \$10,000 for the Sarah Wetsman Davidson Hospital Tower at Hadassah Hospital in Israel. We had over 25 vendors, including Sababa Israeli Jewelry (from Baltimore), Sabra Style (from Alabama), Limor (from Israel), as well as participation from our local Temple gift shops. The event also featured a large variety of Israeli made products that Hadassah was able to purchase directly from Israel and Israeli vendors.

An extra *toda raba* to our speaker, Jeff Epstein, Chief Operating Officer, NC Department of Revenue, who gave a great talk on "The Impact of North Carolina or Israel's Economy." The event also included a raffle featuring over 15 raffle prizes donated by a variety of local vendors, Israeli food by

Izzy's Catering, an Israeli travel toom, children's programming, and our highlight, a raffle for a Hadassah mission to Israel. We are pleased to announce that the winner of our Hadassah Mission to Israel is Cary Shookoff of Charlotte, NC. Congratulations, Cary!

A huge thank you to the committee who worked so hard in putting this together, to all our community partners and sponsors, and to all of you who attended and supported this fantastic community event. Don't forget to save the date, next year's event will be November 20, 2016, and promises to be even better.

Thank you to our sponsors – see ad on page 31. ☆



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Charlotte Jewish News



Mindfulness & Self-Regulation

WEDNESDAY, FEBRUARY 10, 7:30pm
Keynote Address by Kristen Race, Ph.D.

THURSDAY, FEBRUARY 11
Workshop tracks for parents, teachers & students

Check website for details.
REGISTER NOW!

joinedineducation.org



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IN EDUCATION**

