

QCQ Elections This Month

by Dean Gaskey
Q-Notes Staff

It's that time of year again. The holidays are over and time to get back to business. Yearly elections for the board of QCQ are set for the 31st of January at 7:30 p.m. at the Carolina Community Project house at 2300 E. 7th Street, Charlotte, N.C.

The nomination procedure is as follows: the nomination committee will present a slate of candidates at the meeting on the 24th of January. At that meeting ballots will be set for the election on the 31st.

These are very important offices.

These are the people who will decide the direction and activities for the year 1988. If you are interested in serving on the board or know someone who is, contact Joel Smith, Bob Johnson, Linda L., John Quinlan or Al M. as they make up the nominating committee, or if you wish call QCQ at 704/339-0679 and ask for Jim. He will be glad to assist you in making a nomination. If you wish to write a nomination, send it to QCQ, P.O. Box 228141, Charlotte, N.C. 28222.

Circle the 31st on your calendar and plan to attend the election at the Carolina Community Projects house.

SC Company Offers AZT

By Craig Nelms

A Mount Pleasant, S.C., company is now providing Retrovir, or AZT, on a mail order basis to people with AIDS. Family Pharmaceuticals of America, Inc., was established 7 years ago on the suburban community situated between downtown Charleston and the Low-country beaches of Sullivan's Island and Isle of Palms. According to Kim Richardson, RPh, the company is currently servicing between twenty and twenty-five people around the United States.

Family Pharmaceuticals ships order to a person's home, at a cost of \$204.85 for one hundred capsules. In a recent interview, Richardson stated that the price includes the costs of shipping and handling, and a modest \$3.00 profit per order. Because Burroughs Wellcome, the manufacturer of Retrovir, will be dropping the price for the drug, Richardson expects to lower his price-per-order by \$35.00.

Orders cannot be charged to insurance. Instead, customers must pre-pay for their orders, using VISA, MasterCard, a cashier's check, or a money order. Doctors can call in prescriptions at the company's toll-free number, 1-800-922-3444. Prescriptions should be written to include refill instructions.

Family Pharmaceuticals is one of a handful of pharmacies nationwide offering a home-delivery service for Retrovir users. Kim Richardson says the major advantage to the consumer is the confidentiality afforded by home-delivery; the courier involved has no way of knowing what is in the box, and customers do not have to worry about local pharmacies handling their orders. Home delivery is also more convenient for many people. The major disadvantage is the necessity of providing cash upfront, rather than obtaining the drug at a city where insurance forms will be filed by the provider.

**VOLUNTEERS
NEEDED
for
MAP
Buddy
Program
YOU CAN HELP!
CONTACT LES KOOYMAN
or call 333-AIDS**

To Your Health

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(such as rebirthing), there are many professional organizations for each method. Ask which organizations your therapist is affiliated with, and then check him/her out with such a group. Also, ask MAP and similar organizations if they are familiar with the therapist you are considering.

Second, be aware that some techniques must be used cautiously in special cases. For example, Stypman indicates that the therapy process would need to be altered for someone with a heart condition. It may also be inappropriate for someone who is severely psychotic. Your therapist should have access to doctors and psychiatrists who can evaluate you for severe medical conditions, and administer medications in the severest of cases. Example: a client with manic depression would see Stypman for psychotherapy and use of alternative therapies, but would also maintain contact with the psychiatrist with whom Stypman has made arrangements. The psychiatrist would make sure that the underlying chemical problem (which causes the manic depression) was corrected.

Third, if you have AIDS, cancer, diabetes, or any other serious condition, do not give up traditional medicine. A good therapist will consider your healing team to consist of yourself, your MD and your therapist. He/she will totally give up conventional care for a serious condition should be avoided. Wholistic therapy considers your mind to be your best line of defense, but not your only one.

CHOOSE AGAIN, a group for people with cancer, AIDS and other illnesses, meets every Tuesday at Rise Counseling. A love offering is appreciated, but no one should avoid the group because of financial difficulty. For more information, call Noel Stypman at (704) 365-1982.

New Communicable Disease Rules Take Effect

By John Quillin

On February 1, 1988, North Carolina will have new rules to help deal with the AIDS crisis. Adopted by the North Carolina Commission for Health Services the new measures delicately balance the thorny issues of the individual's right to privacy and dignity with the public's right to protection from a deadly disease. The Commission managed this in part by striking down a proposal for MANDATORY contact notification in favor of a VOLUNTARY system.

On November 16, 1987, the Commission published proposed rules which included mandatory contact notification. According to the proposal, anyone who tested positive for exposure to the HIV (AIDS) virus would be REQUIRED to submit a list of names of sexual and needle partners. The state would then assume responsibility for assuring that those people were informed that they might have been exposed to the AIDS virus.

In order to gauge public reaction to the proposal, the Commission conducted six public meetings around the state. Over 600 people attended, and speakers unanimously denounced mandatory notification.

The Commission responded to the public comments by adopting a system of voluntary partner notification. Under this system, counseling is offered to help the test-positive person tell his/her sexual and needle partners about possible exposure. If the person cannot or will not tell their contacts themselves, the state will offer the service of contacting partners for them.

The new measures also provide for the continuation of free, anonymous testing at every County Health Department in North Carolina.

By adopting a voluntary contact notification system, the state now qualifies for additional federal money to be used for AIDS education. The state of North Carolina has not allocated any state funds for AIDS education. It relies instead totally on federal money for this purpose.

Civilized Behaviors

SOCKS: Fashion or Fetish

This is the premiere article of a new column that will be featured monthly in Q-Notes. Designed to deal with fashion, fads, trends and cultural events that happen in Charlotte and North Carolina, it will also be soliciting your input to make this feature a great success.

This month the column discusses the evolution of socks, if you will, from the designer and fetish standpoints. Also, an organization will be discussed which deals with people who adore feet and spend much time and money indulging their interest.

For years people wore three colors of socks: black, dark blue and white. Occasionally a pair of nondescript argyles might be seen. Why the boredom? Those were basically the only socks made. Pierre Cardin was the first designer to market a line of socks in response to the vacuum of sock fashion and to contract with the normally accepted colors. His mid-seventies line featured bright pinks, yellow, plaids and argyles. Soon, other designers followed foot. Magazines such as *Gentlemen's Quarterly* and *Esquire* introduced socks as an integral part of the new lines of clothing. Today, socks are the finishing touch to fashion. Thanks to the early designers the old mold of foot fashion was broken.

When you glance at someone, what is the first thing you look at? The eyes? The Hair? The body? The feet? The feet! For some people nothing is as refreshing as well-dressed foot. For a person with a fetish for feet or socks, nothing is nicer than a colorful pair of argyles. Favorite colors for socks are pink and red or any patterned sock. As his friends, he loves socks. When he goes shopping he rushes to the sock section, looks in amazement like a child at Christmas and gazes at the new colors, textures and sizes. There is only one drawback with having many socks, the fear of running out of drawer space. For a while his friends think it is weird for one man to own over 400 pairs of socks. Later, they just say, "Let us see those socks."

Doug Gaines is the spokesperson for the "Foot Fraternity." He sends mailings to interested persons. Included is a most unusual poster of a nude man surrounded by feet, socks and different kinds of foot attire. It surely catches the eye. After gazing at it for a few minutes you can finally bring yourself around to reading the letter. It starts with a brief biography about Doug and how he felt that he was the only one in the world with such a unique interest. "From personal experience," it reads, "I know how difficult it sometimes can be to find others to share our unique interest," i.e., clothing fetishes.

After a few meetings with other people with his general interest, Doug finally started scoping for other men with his specific interests. In 1980 he formed the "Foot Fraternity." Since then he has received over 5000 inquiries from all over the world. The main purpose of the organization is to allow its members to meet other people in their part of the United States, by letter, pictures, personal meetings, and perhaps, small parcel packages. Some of the services of "The Frat" is to forward letters, publish a paper advertising Buy-Sale-Trade for articles of clothing, and publish fiction and non-fiction stories. After enrolling in the fraternity, these services are free.

If you or someone you know is interested in contacting the "Foot Fraternity," send a self-addressed envelope to: The Fraternity, P.O. Box 24102, Cleveland, Ohio 44124.

Miss World Crowned

By Jim Yarbrough
Q-Notes Staff

At the climax of the 1987-88 Miss World Pageant, held in Durham, Tiffany Bone't, representing Egypt, was crowned the winner. Farah McCrae came in as first runner up; Petite De Jonville, second runner up, and Kelly Rae took third runner up.

The three day competition was a World Enterprise Production, hosted by The Power Company and Danny Leonard. Truly a gala event, the contestants were judged in national costumes, evening gowns, female interviews and talent.

As a preliminary to the Miss World Pageant '88, QCQ will be sponsoring The Miss Charlotte World Pageant at Scorpio's on Wednesday, February 24, 1988. The entry fee is \$35.00. To enter, contact QCQ at 339-0679 to register or to get more information.



Tiffany Bone't
Miss World, 1987-88



Left to Right (back row): Kelly Rae, Tiffany Bone't, Farah McCrae, Darlene Dunkin (front): Scarlett Daily, producer Danny Leonard.