

# TRAX II

Of Asheville

wishes all the gay community

## Holiday Cheer

with a superstar lineup for the festive season!

Friday Dec. 23 Lisa King

Sunday Dec. 25 House Cast Christmas Show

Friday Dec. 30 Night Time Ecstasy  
NTE

Saturday Dec. 31 New Years Costume Ball

## Trax II

38 N. French Broad St.  
Asheville, NC  
258-8729



### SOCIAL HIGHLIGHTS

Wednesday nights are always rewarding at the MCC Charlotte Bible study at 7:30 p.m. A series begins on December 14 and continues through December 28 on "Homosexuality and the Scriptures." Come and find out what the scriptures REALLY say about us. Call Rev. Lynn Guerra at 563-5810 for more information.

Remembering the reason for the season, both MCC's will have Christmas Eve services. MCC Charlotte will have a potluck at 7:30 p.m., followed by an 11 pm candlelight service. MCC New Life will have services followed by the traditional breakfast at Ed's House.

Start the New Year out in a spiritual, and alcohol-free, atmosphere at MCC Charlotte's New Year's Eve Watchnight service. Potluck supper begins at 7:30 p.m. followed by a short worship service at 11 p.m., December 31st. Call Rev. Lynn at 563-5810 for more information.

Gift packages are being assembled for clients of MAP. Donations of soap, toiletries, toothpaste and other items are requested. Items can be dropped off at the MAP office at #210, 1801 E. 5th St.

Volunteers to be trained as Safer Sex Trainers are needed by MAP. The trainers will be working with small groups to talk about AIDS and safer sex practices. Call David at 376-8796 for more details.

Fashion hits the runway for the Metrolina Community Service Project on Friday, December 9th at Charades, showtime: midnight.

Clothing courtesy of The Casual Male, Midtown Square.

### Love Equals...

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But send them to the people you have lost touch with first.

Hug someone.

Tell someone, "I love you."

Bring a present home for no reason at all.

The list can go on. But it lacks one important ingredient. Something for yourself. Though you will see that you will have these and all kindnesses returned to you over and over again. But on the more immediate side, do something special for yourself.

Make a list of all the positive things that have happened to you in the last month, week, day. Write them down, read them, memorize them.

Refuse all negative thoughts for 24 hours.

Refuse to associate with any negative people for a day. (If you can't escape them completely, don't take part in their negative thoughts, talk or actions.)

Smile. Grin foolishly at everyone you meet the next time you go out. It is absolutely the most contagious infection around. It yields a mystique that few people can resist. It is the number one way to catch a new friend.

Decide to go someplace alone to shop or eat. Buy yourself a present.

Take the one thing you worry about the most and complete it. Put it away and get on with living. The only life you have is taking place right now. As you read this paper, you are in the process of living. It doesn't exist anywhere else, not a second ago nor a moment in the future.

Lennon and McCartney once wrote, "And in the end, the love you take is equal to the love you make." Mere words can help us adapt when bad things happen to good people and when good things seem to happen to persons we see as bad.

One day, who knows, you may even like yourself as much as others do! And as for the holidays... if you are unhappy alone, then choose to be with a friend, go to church. Take control of your Christmas Present and choose happiness and wellness.

Have a safe and joyous holiday season!

In observance of World AIDS Day, Metrolina AIDS Project (MAP) will hold an open house on December 1st at their new offices at #210, 1801 E. 5th St., from 4:30 to 7:00 p.m. Come out and show your support for MAP.

Oleens will stage a benefit show for MAP on December 2. The Tradesmen motorcycle will be on display and raffle tickets will be available.

The first weekend in December will find New Life MCC welcoming a candidate for the position of pastor. Reverend Bob Darst will arrive in Charlotte from Iowa on December 2nd. There will be a Christmas party on Friday night to give the congregation an informal opportunity to meet Rev. Darst who will preach as a guest pastor on Dec. 4 at 6:45 p.m. New Life's potluck supper will follow the services on Sunday night. Call Ed at 365-2308 for more information.

On December 7, Scorpio will hold its annual benefit to raise money to give a Christmas Party for PWA's, ARC, and HIV positive clients of MAP.

Parents and Friends of Lesbians and Gays (PFLAG) will hold its monthly meeting on December 8th at Christ Episcopal Church, 1214 Providence Road at 7:30 p.m. The guest speaker will be Rev. Gary Gloster. His topic is "A Loving Community Is Essential to Wholeness and Health." Call 364-1474 for more information or assistance.

The Tradesmen are putting on a raffle to benefit MAP on December 10. Prizes up for grabs include a 350 Honda Grand Prize Motorcycle, a leather vest, leather chaps and several bar tabs for the Brass Rail. You do not have to be present to win. See any Tradesman for a \$1.00 ticket.

Begin 1989 by getting involved with your community. The new year will begin in December for the Q-Notes staff as they produce the January 1989 issue. Come out to see how the paper that you're holding now, comes into being. Visitors and volunteers are always welcome. The staff meets every Thursday night at 8:00 p.m. Call 339-0679 for more information.

### Horoscopes By Korwin

**ARIES** (Mar. 21-Apr. 19): *Forget it! It didn't work last time and it won't work this time.*

**TAURUS** (Apr. 20-May 20): *Sudden new changes make life seem frantic. Get a grip and you'll do fine.*

**GEMINI** (May 21-June 21): *Old friends are no longer, there is no one to blame but yourself.*

**CANCER** (Jun. 22-Jul. 21): *Trying to manipulate others doesn't always work the way you wanted. Be forewarned.*

**LEO** (Jul. 22-Aug. 21): *'Tis the season for giving. Just don't sell yourself short, you have a lot to offer.*

**VIRGO** (Aug. 22-Sep. 22): *Trying to keep up with the Christmas rush leaves you dragging. Pace yourself or you'll be sorry.*

**LIBRA** (Sep. 23-Oct. 22): *Holiday blues once again have you down. Remember that you are loved.*

**SCORPIO** (Oct. 23-Nov. 22): *Cold weather has you looking for something to keep you warm - try an electric blanket. They don't talk back.*

**SAGITTARIUS** (Nov. 23-Dec. 21): **ASTROPROFILE:** *Sagittarians are open-minded, adaptable, and versatile, some can be irresponsible and careless but most are sincere.*

**CAPRICORN** (Dec. 22-Jan. 20): *Finances take a plunge for the worst. Budget carefully to make ends meet.*

**AQUARIUS** (Jan. 21-Feb. 19): *Sometimes in life you have to make a choice, whether you know it or not.*

**PISCES** (Feb. 20-Mar. 20): *The cycle continues - enjoy it while it lasts.*