

IS HIV-RELATED WEIGHT LOSS SAPPING YOUR STRENGTH?



**FEEL  
MORE LIKE  
YOURSELF  
AGAIN**

**GAIN WEIGHT. INCREASE LEAN BODY MASS.  
WORK OUT. EAT RIGHT. FEEL GREAT!**

Ask your doctor about OXANDRIN, the only oral anabolic agent approved to help promote weight gain after involuntary weight loss. Studies<sup>1-3</sup> have shown that OXANDRIN increases body weight and, when combined with resistance exercise, can build beneficial lean body mass and physical strength.<sup>1</sup> And people who gain weight while taking OXANDRIN have also reported a better appetite and sense of well-being.<sup>2,3</sup> That's the right stuff. OXANDRIN. It may help you feel like yourself again.

Please visit us at our Web site, [www.oxandrin.com](http://www.oxandrin.com), or call 800-741-2698.

**OXANDRIN<sup>®</sup>**  
oxandrolone, USP <sup>III</sup>  
2.5 mg tablets

**THE RIGHT STUFF**

**Precautions and Warnings from the OXANDRIN<sup>®</sup> (oxandrolone, USP) CIII Package Insert:** In patients receiving androgenic anabolic steroid therapy, **1)** peliosis hepatis, a condition in which the liver and sometimes splenic tissue is replaced with blood-filled cysts, has been reported; **2)** liver cell tumors are also reported; **3)** blood lipid changes that are known to be associated with increased risk of atherosclerosis are seen. See *Warnings* and *Precautions* sections of complete prescribing information.

**Contraindications:** **1)** known or suspected carcinoma of the prostate or the male breast; **2)** carcinoma of the breast in females with hypercalcemia (androgenic anabolic steroids may stimulate osteolytic bone resorption); **3)** pregnancy, because of possible masculinization of the fetus. Oxandrin has been shown to cause embryotoxicity, fetotoxicity, infertility, and masculinization of female animal offspring when given in doses 9 times the human dose; **4)** nephrosis, the nephrotic phase of nephritis; **5)** hypercalcemia.

**References:** **1.** Strawford A, Barbieri T, Van Loan M, et al. The effects of oxandrolone plus resistance exercise on nitrogen balance, body composition and strength in men with AIDS wasting syndrome. Presented at: 12th World AIDS Conference; June 28-July 3, 1998; Geneva, Switzerland. Abstract. **2.** Fisher A, Abbaticola M, the Oxandrolone Study Group. The effects of oxandrolone on body weight and composition in patients with HIV-associated weight loss. Presented at: 5th Conference on Retroviruses and Opportunistic Infections; February 1-5, 1998; Chicago, Ill. Abstract. **3.** Berger JR, Pall L, Hall CD, et al. Oxandrolone in AIDS-wasting myopathy. *AIDS*. 1996;10:1657-1662.