

ur goal is to help restore your quality of life by alleviating pain and stress through the proper application of therapeutic massage and related modalities. Neuromuscular Massage...Deep tissue bodywork focused on dysfunctions of the muscular system caused by improper body alignment, repetitive movement, overuse, hyperextension and other factors. Reflexology...Healing form focused on the zones of the hands and feet. Acupressure...Healing form focused on the qi points throughout the body. (This form is essentially acupuncture without the needles.) Reiki...Healing form focused on the body's seven energy centers (chakras). Gift certificates As a state licensed and available: nationally certified massage Half hour therapist, I understand the \$30 importance of good health and am committed to helping Hour you enjoy life to the fullest. I \$55 strive to provide the best Hour and a half services that money can buy at rates everyone \$80 can afford. 4037 E. Independence Blvd. (The Varnadore Building) Suite 100 Charlotte, NC 28205 Phone: 704-566-0120 David Stout, LMBT # 2204 E-mail: intouch@carolina.rr.com

