ELL RINITY TRINITY

How to survive telemarketing

Dearest Trinity,

Telemarketing has become more aggressive than proselytized religion. It sneaks up out of nowhere and smothers its prey. How do you deal with telemarketing?

Tele-Torture Milwaukee, WI

Dearest Tele-Torture,

Every American in some way deals with three major life-threatening issues: cancer, taxes and telemarketing. It comes without warning and attacks like a bad houseguest. What you must learn to do is pick up the phone, wipe the sweat off your brow and begin listening. When you hear that manipulative, robotic voice or prerecorded message from the other side, the dark side, the abyss...stop, take a deep breath and say, "Sorry! I'm not interested! But good luck." Then hang up, fast, before they can say anything else!

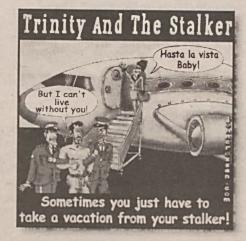
Dear Trinity,

* I have been stalked by this guy for over a month now. Even though I got a restraining order and had his phone calls and emails both blocked, he still finds ways of reaching me! Any advice? Stalked Trenton, NJ

Dear Stalked,

Being stalked is one of the worst situations anyone could ever experience. Unless

you turn to the police and spend time and money getting this person out of your life, you'll end up powerless! There are many things you can do, but the one thing that always helps me deal with stalkers, ex-lovers and paparazzi is to take a vacation far away and practice sipping martinis at the beach.



Dearest Trinity,

I just started dating a guy and we fell in love. Now he wants me to move in with him. We have only been dating a month. Is it too soon? Fast Moves Kansas City, MO

Dearest Fast Moves,

There are two sides to this coin. One side says, "A month! Are you crazy?" The other side says, "Honey, life's too short to not take risks!" Eventually, you alone must

decide. The more time a couple spends before moving in together, the more connected and understanding they will be when it comes time to deal with the even tougher issue of "living" together. My vote is always wait as long as you can because if it does work out you'll never have your own private space again for the rest of your life...your entire life! Get the picture? Hello Trinity

I started a new job. Now I'm facing a lot more competition at work then I ever used to deal with. I never had to be this competitive. Coping Competitively Detroit, MI

Hello Coping Competitively,

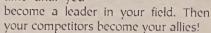
Being competitive is an art and a science. Not only should you take courses and read up on it, but you should also study:

Trinity's Tough Tips For Being Competitive

- 1. Study everyone and anyone who had or has anything to do with what you're competing for.
- 2. Practice, practice, practice!
- 3. Getting noticed means having a gimmick! There are a million people doing exactly what you are doing, so do it differently!
- 4. Ask, "How can I be better?" You know you're good, but you have to keep finding out how to be better!
- Jealousy from peers is normal. If they can handle your successes, fine. If

they can't, stay away from them!

6. Give it time!
As with any activity, you'll get better with time until you



- 7. Stay away from people who don't believe in you, your dreams or your goals!
- 8. Research everyone in your field to learn why some made it and others failed!
- 9. Accepting what makes your heart beat with excitement means accepting your dreams and your challenges!
- 10. Lastly, remember Einstein failed third grade, Lincoln lost more elections than he won and Edison failed 10,000 times before perfecting the light bulb! So don't give up!

Don't let your questions go unanswered!

With a Masters of Divinity, Reverend Trinity hosts Spiritually Speaking, a weekly radio drama, and performs globally.

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