

tell trinity



How to tell someone they're being cheated on

trinity

Dear Trinity,

My close friend is being cheated on by his lover. Everyone except him knows it. Should I tell him or let him find out on his own? Either way he is in for a big hurt!

Burning Both Ends, Flint, Mich.

Dear Burning Both Ends,

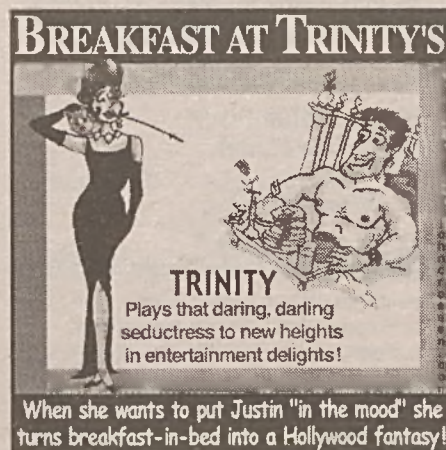
Your biggest concern should not be, "Do I tell him" but rather how do you help him get hurt the least. Since he may become resentful towards you if you do tell him, you may want to: a.) have an anonymous person tell him; b.) suggest something like, "What would you do if...?"; c.) make it possible for him to find out on his own; or d) shut up and pray! Being a friend unfortunately means learning to step forward and at the same time, stepping back!

Hello Trinity,

My partner never wants to fool around when we first wake up. He says it's hard for him to get "the feeling" in the morning. How do I get him into the morning mood?
Morning Desires, Tucson, Ariz.

Hello Morning Desires,

I'm sure you would never think of getting up early before him, getting cleaned up, dressed up and preparing a little breakfast just to seduce him, would you? Get the hint!



Hey Trinity,

My boyfriend and I broke up five months ago. Now it would have been our second year anniversary and I think about him all the time. How do I get him out of my head? Plus what should I do with the pictures of us?

Memory Troubles, Utica, N.Y.

Hey Memory Troubles,

Being depressed over a breakup is normal. Yet, did you know that depression eventually helps develop one's appreciation for life? So don't avoid your sadness, but rather use it as creative inspiration. Now as for getting him out of your head,

try staying busy with things like dating, cleaning, volunteering, exercising and traveling. Don't give yourself time to get melancholy; give yourself time to love life. And lastly, about those pictures — either hide them on the bottom and in the back of the most hard to reach place or toss 'em — which you'll eventually do anyway!

To Trinity,

You are such an advocate of dating. But don't you think that some people are just meant to be alone and not date?

Dating Excuses, Oklahoma City, Okla.

To Dating Excuses,

Yes, some people are meant to be alone only after ... they've dated everyone twice and have read:

Trinity's Tough Excuses For Not Dating

1. "I'm waiting for my dream lover!" (Very Hollywood but dating while you're waiting makes a much better documentary.)
2. "I'm not settling for less than perfect!" (Very virtuous but no one is perfect including you. So loosen up and start dating!)
3. "Dating is too much work." (Very couch potato but living itself is work and what the hell else are you gonna do — watch TV forever?)
4. "After my last relationship I'm done dating." (Very post-war but how boring to let your past relationships ruin your future ones.)
5. "No one could compare to my first love!" (Very cliché but let someone at least try... to snap you out of your fairy tale history.)

6. "I don't have time to date!" (Very CEO but just think of how much time and money you'll save on loneliness therapy!)
7. "I'm still mourning the loss of my last lover." (Very Greek tragedy but when you're done wearing black can you start wearing life again!)
8. "When it's the right time it will happen!" (Very spiritual but taking steps towards meeting other people will prove even more enlightening!)
9. "I'm busy taking care of someone." (Very Mother Teresa but while you're doing something for someone else also try doing something for yourself.)
10. Lastly, "Dating is too disappointing!" (Very Van Gogh but we must be the sum of our experience not be the sum of our fears or failures!)

Don't let your questions go unanswered!

With a *Masters of Divinity*, Reverend Trinity hosts *Spiritually Speaking*, a weekly radio drama, and performs globally.

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