

own or ride a motorcycle.

Group leader Jason Cash may be reached at jcash@carolina.rr.com for more



information. To join the group or to register for this weekend-long, fun-filled event, visit groups.yahoo.com/group/segaybikers.

Tapestry on display

CHARLOTTE — The creative works of Estelle Spike will be honored during the month-long observance of the United Nations's International Women's Day and the U.S. Women's National History Month at Talley's Green Grocery, 1408 East Blvd.

A cheese and wine reception will be held on May 13 between 6:30-7:30 p.m.

Spike, a new resident of Charlotte, has been an ex-patriot living and working in Europe for over 24 years. The main focus piece during her exhibit is a large three-panel tapestry/collage that was created by

women and daughters in Charlotte and women living in Portugal. It was created for a previous United Nations International Women's Day celebration.

Over the last 30 years Spike has been practicing as a transpersonal psychotherapist, a professional movement within the field of psychotherapy that works with the whole person — mental, emotional, physical, spiritual — and uses a wide range of approaches, especially creative approaches, such as visual arts. Her training has included work with Dr. Elizabeth Kubler-Ross, a pioneer in death and dying disciplines.

She views herself as creator and facilitator of community celebrations where she uses the creative tools of collage as a non-threatening visual media. Spike says, "The participant does not have to think of themselves as an artist, thus they have more freedom to explore their creative abilities and have use of a tool that helps them express their feelings and ideas on any topic."

Along with Spike's diverse community interactive pieces, she will be sharing some of the collages she has made just for fun. Her pieces utilize as much recyclable materials as possible. One interesting piece, entitled "A Charlotte Diversity Tree," was recently made here in Charlotte to be auctioned off at Hodges-Taylor Art Gallery as a fundraiser for Commissioner-at-Large Jennifer Roberts.

For more information, call 704-535-7395 or email etspike@peoplepc.com.

Info: Announce your community news items in NC News Notes. Email: editor@q-notes.com or fax 704-531-1361.

Let 'em hear from you



CHARLOTTE — MeckPAC is urging all LGBT community members and their allies to write to the *Charlotte Observer* to express support for treating city and county employees fairly. Those who write should specifically say that sexual orientation needs to be added to the non-discrimination policy as well as providing equal benefits for domestic partners. The *Observer* ran a lengthy article on individual Charlotte/Mecklenburg County Commissioners' (pictured) stand on DP benefits with Parks Helms, chair of the Mecklenburg County Commission, in full support along with the addition of sexual orientation to the non-discrimination policy.

Send an email to opinion@charlotteobserver.com.

In addition to contacting the *Observer*, those who wish to contact their local district representative to voice concerns should call or email from the following list.

To find out in what district one resides visit maps.co.mecklenburg.nc.us/website/

addressinformationcenter/. Your participation is urgent because those who oppose equality for LGBT people are already taking action.

Commission Members:

At Large —

Parks Helms (D), 704-372-4884, PHelms@helms Henderson.com

Wilhelmenia Rembert (D), 704-336-2641, wirembert04@bellsouth.net

Jennifer Roberts (D), 704-336-2574, Roberjw@co.mecklenburg.nc.us

Districts —

1 - Jim Puckett (R), 704-363-1379, jhpuckett@bellsouth.net

2 - Norman A. Mitchell, Sr. (D), 704-399-3061, normanam@aol.com

3 - Valerie Woodard (D), 704-537-8958, 2woodard@bellsouth.net

4 - Dumont Clarke (D), 704-331-1051, dumontclarke@mvalaw.com

5 - Dan Bishop (R), 704-716-1202, dan@votedanbishop.com

6 - Bill James (R), 704-336-2573, wjames@carolina.rr.com

Joseph G. Jemsek, M.D.
J. Wesley Thompson, P.A.-C.
Christine F. Roeske, F.N.P.

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