

Tell Trinity

by Trinity . Contributing Writer

Are you a slut or just a hypochondriac

Dear Trinity,

If a man sleeps with 12 different people in one year, one person a month, is he considered a slut? Moreover, if a man sleeps with 12 different people in one month, and no one else for the rest of the year, is he also considered a slut? And, lastly, am I a slut?

Slut Worries, Phoenix, Az.

Dear Slut Worries,

To the first man I would say, "What the hell are you doing for the rest of the month? Living off blow-up dolls and Ben And Jerry's ice cream?" And to the second man who is spending 11 months on his knees praying for forgiveness, I would say to him, "Honey, get off your knees, pull your face out of your hands and start enjoying your biological urges and healthy appetite." One-night stands are acts of survival and pleasure *not* religious persecution and emotional bondage. Feeling like a slut means not respecting your sexual instincts or carnal desires. It also means not respecting your mate. Thus, in order to rise from the bowels of slutdome to the garden of healthy abundance, first, *respect your*



instincts. They are real. And, secondly, *respect your partners.* They are real as well. And in that magic moment of revelation, you will no longer feel like a slut, but rather a healthy sexual being, dining out at a plentiful buffet not obsessing over your last supper.

Oh, yes! Even though you may not be a slut, you may be... a hypochondriac.

Dear Trinity,

After a month of dating it is finally time for me to sleep over at my girlfriend's house. I am very excited, but I am also so used to sleeping in my own bed with my own stuff that I don't want



to frighten her with all my "Special Needs." Help. Sleep Over Needs, Austin, Texas

Dear Needs,

This is simple. Tell her what you need, see if she has it and bring everything else. And while she's in another room, set up shop. She doesn't need to watch you prepare for bed the first time. It's embarrassing. Also remember: earplugs and a glass of wine before bed work wonders for insomnia.

Dear Trinity,

The other day, this oh so gorgeous guy started flirting with me. But for some reason I got a sense that he wasn't single. I was trying to find some clues but he was very ambiguous. Trinity, how do you know if someone who is flirting with you is married or partnered off? What are the signs?

Flirting Woes, Orlando, Fla.

Dear Flirting Woes,

I'm afraid to say that I know exactly what you went through. Especially, if you're single and easy... I mean easily thrown by the kindness of strangers. That's why I think it's time for you to read:

Trinity's Sly Tips For Finding Out If You're Dating A Married Or Single Man

1. If he invites you to dinner 100 miles away from where he lives, *married.*
2. If he says, "I only have email. I don't have a telephone or cellphone," *married.*

3. If he plays hard to get with an attitude, *single.*
4. If he plays easy to get with a nervous twitch, *married.*
5. If his fourth finger on his left hand has a sunburn in the shape of a ring, *married and deceptive.*
6. If he says, "I'd like to invite you to a party," *single.*
7. If he says, "I don't like parties. I'm afraid of crowds," *married and/or psychotic.*
8. If he says, "I don't talk about my relationships until after a few dates," *married or an FBI agent.*
9. My favorite — if he says, "I'm married, but we're not sleeping together," *married and trouble.*
10. Lastly, if he says, "I live in the suburbs in a big house with two dogs," *married or marriage material.* You'll have to find out for yourself.

Don't let your answers go unanswered!

— With a Masters of Divinity, Reverend Trinity was host of "Spiritually Speaking," a weekly radio drama and now performs globally.

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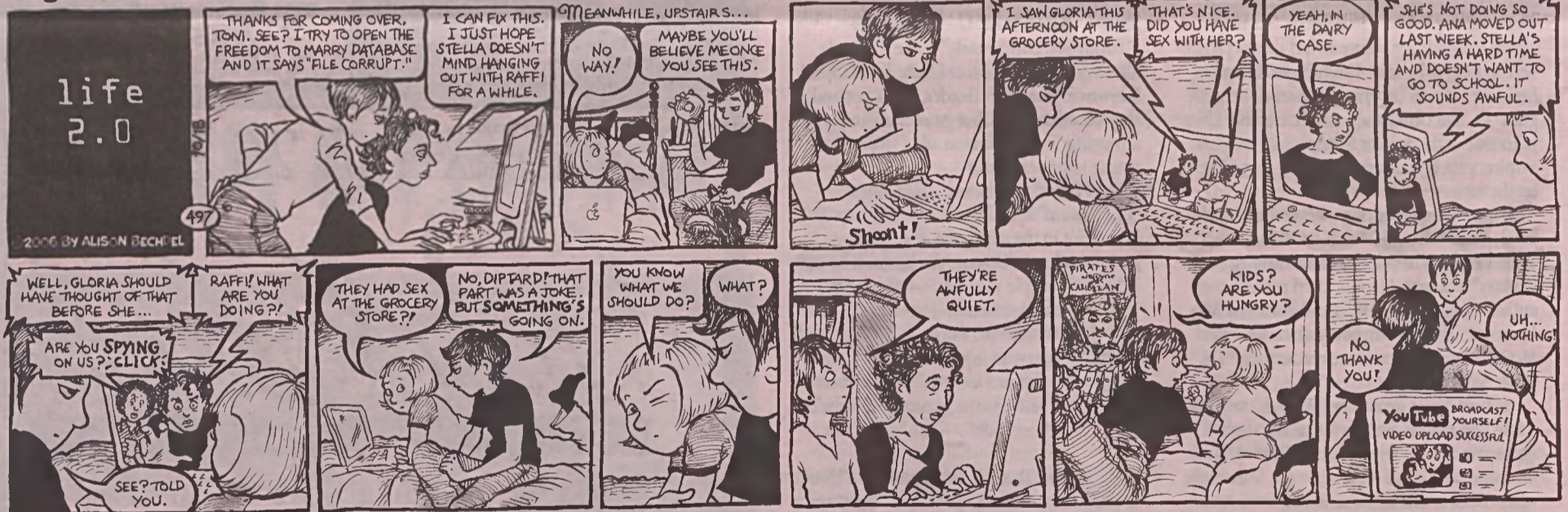
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