



GIBSON



STILES



ELKINS



HULL



BROWN



FOY



KENDRICK



BURGESS



HOWIE



TURNER

502 Years Of Service

Eleven at Gastonia finished employment careers with the Company on October 1. Retiring from Gastonia with 44 years, 4 months service was Thomas E. Gibson, Jr., Department Manager/Twisting. The others with length of credited service: Marshall R. Stiles, Supervisor/TC Weaving, 41 years 2 months; Fred E. Elkins, Foreman/Twisting, 39 years, 2 months; Robert B. Hull, Manager/Technical, 37 years, 11 months; Luther C. Brown, Production Manager/Production Mgmt., 36 years, 9 months; Helen S. Foy, Supervisor-Fact. Payroll/Payroll, 36 years, 1 month, Martha L. Kendrick, Jr. Accountant-

Bennettsville/Gen. Accounting, 35 years; Harold D. Burgess, Supervisor/Twisting, 33 years, 1 month; Jerry Howie, Supervisor-Machine Shop/Maintenance, 32 years, 5 months; Frank J. Lucas, Product Mgr.-Fibers/Sales, 31 years, 11 months; Thomas W. Turner, Sr., Supervisor-Construction/Maintenance, 31 years, 3 months.

Retiring from Bennettsville with 38 years service was Lemont F. Williams, Supervisor/Maintenance. The others with length of credited service: Claude Chavis, Supervisor/Textiles, 33 years, 6 months; Otis W. Frye, Supervisor/Textiles, 31 years, 11 months.

Firestone FACTS

Shortly after the outbreak of World War II in Europe, Firestone placed all its facilities at the command of the government for the manufacture of defense products.

Before hostilities ended in 1945, the company was producing hundreds of products needed by the armed forces. In addition to millions of tires and tubes for military vehicles and aircraft, the company produced aircraft oxygen cylinders, gas masks, airplane wings, tank tracks, machine gun clips, life belts and life boats, and many other rubber, steel and plastic products.

Firestone's research in synthetic rubber proved of great value during the war when the United States' supply of natural rubber from the Far East was cut off.

Seven Health Rules

Want to get a bigger slice of life? Want to live longer and feel better?

A recent California study shows that people who follow 7 simple health rules can expect to add an actual 11 extra years to their life spans.

- Start each day with breakfast.
- Eat three meals a day.
- Limit alcoholic beverages.
- Limit your smoking.
- Scheule enough sleep.
- Get plenty of exercise.
- Watch your weight.

People who follow 6 or 7 of these live much longer, on the average. Those who follow 0 to 3 of them just don't average as long a life.

It's simple. The more of these rules you observe, the better your chance of getting a bigger slice of life. And you'll feel a lot better too.

Remember, staying healthy is primarily your responsibility. Not that of doctors and drugs. Take charge of your own lifestyle and get all the life that's coming to you.

Studies show environment and lifestyle are now more important to health than good medical care. Better food, shelter and sanitation account for the greatest improvement in life expectancy during the last 200 years.

SERVICE AWARDS ANNIVERSARIES SEPTEMBER, 1982

45 YEARS

Quality Control - J.W. Hartgrove, Jr., Lab Tech.

40 YEARS

TC Weaving - Roy L. Ball, Utility Operator.

35 YEARS

Quality Control - Grace V. Christopher, Lab Tech.; General Accounting - Martha L. Kendrick, Jr. Accountant-Bennettsville.

20 YEARS

Controllers Office - Charles S. Ford, Controller.

15 YEARS

TC Twisting - Nathan L. McFalls, Bobbin Painter; TC Weaving - David G. McCarver, Utility Operator; Shop - James A. McCarver, Carpenter IC.

10 YEARS

Twisting - Joyce M. Fraley, Respooler Operator; TC Weaving - Dock E. Rogers, Asst. Weaver; Treating - Erman D. Busby, Unit Operator; Treating - Carl S. Lingerfelt, Jr., Lead Operator.

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Judy Zander, Editor

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REPORTERS

GASTONIA
Personnel—Bobbie Baldwin
Main Office—Freida Price, Judy Matthews
Shop Maintenance—Betsy Smith
Process & Product—Susan Costner
Tire Cord Twisting—Elease Cole, Katie Peeler
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