GEORGE S. SCHMITT

BUILDING CONTRACTOR



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IF YOU COULD SAVE A LIFE BY GIVING BLOOD --- WOULD YOU?

You will have the chance August 30, 1971 from 2-6 p.m., at the Presbyterian Annex. Blood, the magic medicine, comes only from people. You can help save a life by taking a few minutes to give blood.

Here are some of the most frequently asked questions about giving blood with the American Red Cross supplying answers; Who Can Give Blood?

Any person who fulfills the physical and age requirements. Ages: 18-59, inclusive (those 18-21 do not now require written consent of parents.)

How Does The Donor Know Whether Or Not He Is Physically Able to Give Blood?

Careful physical examination is made by the doctor or registered nurse immediately before the donation is made.

Will It Endanger My Health To Give Blood?

No. The doctor is charge screens persons whose health might possibly prevent them from giving blood.

Does It Hurt?

No. Giving blood with modern techniques is a painless affair.

Should A Donor Avoid Certain Foods Before Giving Blood?

No. Eat normally

How Long Does it Take? Five to seven minutes to give the blood. About 45 minutes should be allowed for the entire procedure.

Should I Take It Easy Afterward? Normal work activities can be resumed immediately after giving blood.

How often may I Give Blood? Donation may be made once every eight weeks, but not more than five times in any twelve months.

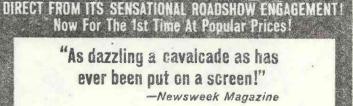
Does A Patient Who Receives Blood Through The Red Cross Have To Pay For It? No. There is no charge for the blood itself. The hospital will charge a laboratory fee for cross-matching, giving the transfusion, etc.

What Benefit is it to me. to give
Blood through the Red Cross?
When you donate blood you will receive
a certificate or donor credit card which
will entitle you, your husband or wife,
minor children, parents and parents—in—
law, to receive blood for a period of
one year from the date of your denation
without obligation to replace the blood.
Certificates may be renewed on or before
expiration date by amother blood donation.
What Do I Do If I Ever Need Blood?

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If you don't hold a Blood Donor Certificate you should arrange with your local Red Cross Chapter before going to the hospital to have donors replace the necessary quantity of blood. If you do hold a Blood Donor Certificate you should present it when you enter the hospital.

Will Blood Be Furnished To Me If I Go To A Hospital Outside The Asherille Blood Region? (Con't -- 14)





GALAX THEATRE

FRI-SAT AUGUST 20-21

RATED G

MATINEE SAT AT 2:30

NIGHTS AT 7:00 & 9:40

FEATURE APPROX. 10 MIN. AFTER SHOW STARTS

ADMISSION:

MATINEE 50¢ & \$1.00 NIGHTS 60¢ & \$1.50