

The Collegiate

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NEW REGIME TAKES OVER

by Joe Stallings

Finally after days of anxious anticipation, I got the official word that I had been elected to the post of Collegiate editor. On many occasions during the previous days, I had received the unofficial word but nothing had been confirmed.

The anticipation finally came to "a grande finale" at about 11:00 p.m. on April 21 when I was officially informed of the good news. I had won a run-off election against no-one else.

So you may ask, "Why the worry if there was no opposition?" To answer this we'll have to go back a few weeks before to the original elections. In those elections, there was no one running on the ballot for the Collegiate editor, so I ran as a write-in candidate. I was the

only one running but yet I still lost the election. How? Well, I evidently did not campaign enough because the winner needed a certain percentage of the students votes (amounting to 39) which I obviously didn't get. So it can be seen why I was happy to win (even without opposition).

Anyway getting back to the story, after I was told about my "victory", I gathered together four of my handpicked staff and marched over to the Collegiate office. We found a room in shambles. There were papers and trash scattered wall-to-wall and there were walls so cluttered with papers that they resembled one massive collage.

So the new staff went to work. WE CLEANED THE DESKS OF

OLD TRASH AND THREW IT ON THE FLOOR. Then we swept all of their trash into one big fire hazard for the maids to clean up in the morning (you can see the new guys are already catching on!). By one o'clock in the morning, the place was transformed completely.

So that's where we are today. We all are sitting in a nice clean and neat office with all of our inexperience, not knowing heads or tails about what's going to happen next. However, we all have desire and dedication plus a willingness to learn. I think that may prove to be a winning formula. Of course, those of you who know me personally know where thinking usually gets me.

THINCLADS FALL!

by Jay Mumford

Atlantic Christian went into Monday's track meet with Elon at Fike High School looking for a winning mark in '79-'80, and a victory over highly regarded Elon. But someone forgot to tell the Fighting Christians about the AC plans, as Elon captured 13 of 17 first place finishes to post 96-48 victory.

AC, who finished the dual meet season with a 2-3 record, garnered first place finishes in the pole vault, mile run, 440 dash, and three mile run. Jonas Hooks, who won the vault with a vault of 10 ft. 6 in., also took seconds in the 120 and 440 hurdles.

The 'Dogs also received places from Tim Berry, who took seconds in the shot and discus; Mickey Bissette, victor in the mile in 4:52, and third in the three mile; Kevin Rouse, second in the pole vault and third in the high jump; Tony Barribeau, who claimed a second in the javelin and a third in the 120 hurdles; John Vinson with a second in the mile; Norwood Uzzell, three mile winner with a time of 16:32, and third in the mile; and Terrence Hollis, who won the 440 dash in 51.38 seconds, and took another third for the team in the 220 dash. Also scoring for AC were Mike Barnes who took second in the 880 run and Gary Hall, who took third in the same event.

Elon utilized sweeps in the long jump, triple jump, 100 yard dash, and won the mile and 440 relays to mount a huge lead in the meet, which the Bulldogs were unable to overcome. Along with the sweeps, Elon took all of the field events except the pole vault, and garnered 14 of the 20 places in the field events. Taking field firsts for the Christians were Tommy Jones in the shot and discus, Daryl McLean in the long and triple jumps, Yeshnick in the javelin and Robert Harned in the high jump.

SENIORS!

Seniors: If you have not yet registered with the Placement Office, you are going to miss receiving the Placement Bulletin which lists up-to-date job opportunities, as well as other on-going placement services. Register now--turn in your placement packet!

B-BALL!

by Jay

Atlantic Christian saw its pennant hopes drop to half mast in the CIAC and District as Pfeiffer swept a doubleheader, 5-1, and 17-0 Thursday. The doubleheader was the third straight swept from the Bulldogs, those being twin setbacks at the hands of NC Wesleyan and ECU.

PLAYDAY!

by Charlie

A picnic playday was held this past Saturday at the Wilson Recreation Park and was sponsored by the CCA. There were games and fun for everyone. After the games there were hamburgers, hotdogs and drinks served.

Cliff Harris made his farewell remarks as CCA president and Marilyn Bryan made her acceptance remarks as the new President of CCA. Micah Christian led an inspirational sing with his guitar after lunch.

A kickball game followed lunch to keep the pace moving. Everyone had a lot of fun.

LOOKING BACK

by Jay Mumford

Another sports year is winding down here at Atlantic Christian, and its time to look back and reflect on the achievements and glory of the varsity teams during the 1979-80 campaign.

The soccer team of Coach Dave Adkins opened their season in quest of their second consecutive CIAC championship, which they had wrestled away from Pfeiffer and Guilford in 1978, and winning the NAA District 26 crown for the first time in the school's history. The 'Dogs fell just short in 1978, losing to Pfeiffer in the first round, and finishing with a 12-4-1 mark.

The season opened on a sour note, finishing third in the CNC Classic and then falling in the finals of the Toyota of Wilson Classic to Wofford 2-1. AC continued to struggle for awhile, and at the midway point of the season, were a dismal 4-3-1. But then the Bulldogs caught fire, winning 10 of their last 12 games, their only losses coming at the hands of Pfeiffer in the regular season, 4-1, and to Alabama-Huntsville 4-0 in the Area Tournament. Following the loss to Pfeiffer, AC won 8 straight contests, seven of those by shutout, and the other by a score of 2-1. Although they did not retain their Conference title, they did manage to win the District 26 crown and the right to advance to the Area playoffs, where they were eliminated in the first round. For the year the 'Dogs were 14-5-1, with 10 shutouts, District Champs, and CIAC runnersup with a 4-1-1 mark.

Women's tennis got off to a tremendous start in the fall winning 9 of 10 matches and eleven straight including early spring matches, propelling them into the spring with anticipation for the first time in several years. The lady netters of Barbara Smith went on in the spring to finish fourth in the CIAC and sixth in AIAW Division Two Tournaments. Led by Tracy Eubanks, Yolanda Rodriguez, and Mercedes Giron, AC finished 13-4 in a highly successful season.

Volleyball entered another season, and although the victories were few and far between, the stage has been set for a stronger future. Coach Carol McKeel should have the depth next year to build on to the program that worked very hard this season, and despite being short-handed on numerous occasions, gave each contest the

100 percent effort that it was capable of. Women's basketball recovered from an off season in '78-'79 to end years of frustration in 1980 with their initial victory against High Point ever since the 'Dogs have been playing ladies basketball, with 17 coming in the finals of the CIAC basketball tournament, 68-63. The championship was the first brought back to AC in 25 years in basketball. Led by Cathy Wall, Sara Leonard, and Tyra Boyd, the Lady Bulldogs finished the '79-'80 campaign with a mark of 19 wins and 6 losses. The ladies also took third in the regular season CIAC standings with a won-loss record of 4-3.

All-Conference Cathy Wall established a new scoring record for the women by pumping in over 1700 points in her four

year career. In the 1979-'80 season the lady cagers were led in scoring by Wall with 480 pts. in 25 games for a 19.2 average, another All-CIAC player for AC, Boyd had 463 pts. for an average 18.5, and Leonard chipped in 458 points for 18.3 ppg. Leonard hauled down 254 rebounds for a 10.2 avg., while Boyd grabbed 248 caroms for a 9.5 avg. Boyd also led the team in field goal shooting, hitting 189 of 349 shots from the floor for 54.2 percent, and Leonard paced the team from the charity stripe by connecting on 130 of 186 shots for 69.9 percent. Jill Worley also scored in double figures for AC, with 251 for a avg. of 10 points per game.

Once again the men's old nemesis, the bad breaks, kept

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REGULATIONS FOR CONTINUOUS ENROLLMENT

To continue to be enrolled at Atlantic Christian College, all students are expected to maintain satisfactory progress toward graduation. Satisfactory progress is defined as meeting at least the minimum required grade point average, as being enrolled on a probationary status, or as being approved to continue in enrollment by the Petitions Committee.

Total Semester Hours Attempted

7 - 26
27 - 44
45 - 61
62 - 91
92 and above

Minimum Grade Point Average

1.25
1.40
1.66
1.86
2.0

At the end of each semester any student who does not meet the minimum grade point average shall be placed on academic probation for the subsequent semester. While on academic probation a student may enroll in no more than thirteen semester hours. He or she should attend all class meetings except for a verifiable excused absence because of illness, a family emergency, or a school function requiring absence from the campus.

At the end of an academic probationary semester, any

student whose grade point average does not meet the minimum requirement shall be suspended from the college for a period of at least one semester.

Students may appeal a suspension to the Petitions Committee. When a student presents an appeal, the Petitions Committee will request letters of evaluation from two faculty members who have taught the student during the previous academic year.

Students on academic probation or suspension may attend summer school.

A SILENT KILLER

by Joe Stallings

The world today is one of constant hustle and bustle. People are hustling around trying to meet strict time schedules which they seldom meet and people are always so busy yet nothing ever seems to get done. So may I ask why do people act this way? I'll tell you the answer-----because of the pressures associated with everyday living.

The pressures of everyday living can be caused by a myriad of possibilities (two of which I have already mentioned). However one of the main causes of pressure is from other people. People are always trying to "pressure" others into doing this and into doing that and into not doing this and into not doing that. Some people get so confused and nervous that they do things that they would not normally do. They act without thinking and usually end up regretting what they did.

The sudden pressure of a certain situation, the sudden realization of a certain possibility, or anything else of this nature may add up to tension. According to Mr. Webster, tension can be "inner striving, unrest, or imbalance often with physiological indication of emotion" or on the other hand he also states that it may be "a state of latent hostility or opposition between individuals or groups." Neither definition sounds very healthy.

Pressure and tension in many cases walk hand-in-hand. There are many problems that can be caused by excessive pressure and extreme tension: ulcers, high-blood pressure, anxiety, worrying, even suicide-----just to name a few.

These problems could possibly be avoided if people would slow down the pace of living just a little bit, stop trying to strive forward for goals at all costs, and just look at the world around them, learn to appreciate it, and reach out to other people who have not yet reached that state of serenity.

There are so many things that can be done to avoid tension if only people would just stop and look around. In order to maintain a healthy state of mind, a person must have a release. A release is an "escape" formula and could be almost anything. It generally varies from person to person. Running is a good example of a release, as is the playing of a musical instrument or just plain talking it over with a friend who cares.

Keeping problems welled up inside can cause even more tension. So before you have a chance to blow-up from inside, use your release system. It's so simple and it can save a person from a lot of agony. Some people try to run away from this tension and do drastic things because they feel there is no hope left. It is so much easier (and much more effective) to take advantage of a release. It helps deliver you from the problems of sorrow, suffering, or trouble before they can lead to worse things. A release can take the weight of the world off of your shoulders. Oh yeah, I almost forgot! Afterwards, try smiling. A smile makes the whole world a lot brighter!

