

**Parents Get Involved**

**New Parent's Association Organized on Campus**

by Marion Johnson



Marion Johnson, candidate for president Student Union Board.

The day a young lady becomes a Bennett Belle, her parents automatically become members of the Bennett College Parents Association.

Founded on August 22, 1977 the Parents Association was established as a link between parents and the college. The association aids in the co-ordination of special services and projects which involve parents.

All parents are members of the association, but the co-ordinating council members are in office for 2 years.

The 22 members of the council are: **Allethia Allen**, Seattle, Washington; **Margaret and Robert Bradley**, Cincinnati, Ohio; **Elizabeth and Leland Butler**, Sumter, South Carolina; **Luevenia T. Chavis**, Greensboro, North Carolina; **Euzelia and Elmo Holder**, Raleigh, North Carolina; **Mary Helen and Raymond Hopkins**, New London, Connecticut; **Cora and Charlie Jones**, Greensboro, North Carolina.

**Myrtle and Robert Jones**, Montgomery, Alabama; **Emily and Edsel Johnson**, Cleveland, Ohio; **LaVerne and William Johnson**, Washington, D. C.; **Lila and Isreal LeVant**, Bronx, New York; **Lila and Floyd Murphy**, Pollocksville, N. C.; **Ernestine Paschall**, Los Angeles, California; **Mary and T. H. Phillips**, Harrisburg, Pennsylvania; **Shelby and Mayo Rich**, Charlotte, N. C.; **Ellen and Harold Wade**, Atlanta, Georgia; **Marie and Donald Webb**, White Plains, New York; **Georgia B. Wells**, Wilming-

ton, Delaware.

**Dr. Perry Mack**, director of development and co-ordinator of the Parent's Association, said, "We are optimistic about the contributions of the Association. Even though we're less than one year old the council is very functional and has contacted parents of prospective students."

According to Dr. Mack, as a member of this prestigious association, the parents represent more than a periodic tuition payment. They become an important part of the college experience.

A parent's involvement and support of the college can very well influence the kind of experience a young woman has during her college career.

The hope is that through the Parent's Association parents can be kept abreast of changing academic programs and developments which directly affect their daughters and other students.



Debra Benbow, candidate for Junior Class president.

**"Time Tips" for Students**

The Home/Family Life Center offered the second mini-course for 1978 February 20-March 3. The theme "Utilization Of Time As A Family Resource," brought a number of time management consultants to the campus.

**Donna N. Douglas**, assistant director of the Time Management Center, in Grandville, Michigan presented a full day of seminars and films centering around the general theme "How To Control The Time Of Your Life."

Students received the following "Time Tips."

1. Know what's expected of you in class. Be clear from the beginning. Then you can decide whether or not you want to elaborate.
2. Don't rewrite your class notes. Review your original notes; you have better recall from the "original masterpiece."
3. **CONCENTRATE**  
One-two hours of concentrated study is worth much more than several hours of distracted effort. (No, you can't study better in front of the tube!)
4. Carry an all-purpose calendar with you. Write in dates when assignments are due immediately.
5. Don't wait to get "in the mood" to study. You're only kidding yourself.
6. Have the gumption to say "No" to your friends when you really planned to study.
7. Worry will get you no where—so don't waste time on it. Is there anything you can do NOW that will solve your problem? DO IT if there is something you can do. Or else, forget it!
8. Learn to read—appropriately.

Not all college reading requires the same type of intensive reading. Look for clues in your textbooks to determine what's important. Take a speed-reading course, if possible.

9. Underline effectively when studying—but don't get carried away.
10. Save time by asking questions. Ask your professors, librarians, counselors, other majors, etc. for whatever information that will help you be a more effective student.
11. Remember "Space Separateness." Have a place where all you do is sleep (bed is a good choice here), a place where you do nothing but study, a place where you write letters and read light books, a place where you play games, etc. It will help your head train to be more effective at whatever it's doing.
12. Don't procrastinate. DO IT NOW!

**Bowling League Now Meeting**

by Wendy Robin Woods

The Bennett College Bowling League meets every Saturday at 1:30 at the Friendly Lanes.

Bennett's WAA pays one dollar of your expenses if you bowl and a required average of 100 is necessary for a serious league.

For more information please contact **Renee Jessup** at P. O. Box 428 or **Mrs. Dorislene Bowens** in Goode gym.

**All Students Belong to Pre-Alums**

by Joyce Bass

One of the never-recognized organizations on Bennett's campus deserves a round of applause for its dauntless efforts to carry on despite lack of enthusiasm by its members. Who are the members? Every student on campus is a member of the Pre-Alumnae Council.

The purpose of the Pre-Alums, as they are often called, is to serve as a go-between for students and the Alumnae Office.

The group functions around several projects during the course of the year, among them the United Negro College Fund drive and an annual membership drive. Members of the organization also serve as hostesses for various receptions.



Left to right, LaSandra Muldrow, candidate for Sophomore Class president, and Dino Bradley, candidate for Junior Class president.

Photo by Joyce A. Bass

**Duties of Campus Officers Explained**

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in case of a tie; have power to appoint all committees not otherwise provided for; call together in the first week of the college year all new students and explain to them the purpose and meanings of the constitution and regulations; be a member of the Legislature; be a member of the Inter-Dormitory Council.

The officers of the Student Senate include the president, vice-president, recording secretary, corresponding secretary, treasurer, assistant treasurer and parliamentarian. Vacancies occurring in any office of the Senate shall be filled by special election.

The Committee on Nominations, composed of the president and another senior member of the cabinet who will serve as secretary, editor and senior member of the BANNER staff, president and senior member of the Student Union Board and one senior-at-large, preferably the president of the senior class, shall make the nomination and the Senate shall elect by secret ballot at a special meeting called by the Student Senate Cabinet.

Elections of any form or in any organization are important and should be thought about seriously. Do not vote for someone because he or she is your friend. Will your friend speak on your behalf to the Executive Board of the College? Will your friend attend Black Student Government Council of NC conferences and report important facts and decisions to the student body? Will your friend bother to ask you what can she do for the students to make social and academic life better?

If you can answer yes to all of these questions, then vote for your friend. But remember, once she is in office don't let her actions stop there. Tell your SGA cabinet about programs and legislation that involve students. Let your SGA know that you are concerned about those things that directly affect you, the student.

Let your SGA function and let it function for you.

**VISTA**

*If you are the kind of person who can adapt and has the willingness to help solve some of the problems in the U.S. and if you have a strong commitment to help people in need; VISTA \* NEEDS YOU*

**NEW PROGRAMS**

More opportunities to volunteers with backgrounds in LIBERAL ARTS, architecture and planning, business, construction, education, health services, LAW, and social work.

**VISTA FACTS**

**Requirements:**

- 18 years of age or over
- U.S. Citizen or permanent resident
- must meet medical and legal criteria

**Compensation**

- monthly allowance for food, lodging, incidentals
- stipend of \$50 per month usually payable at completion of service
- medical care
- optional life insurance at minimum rate
- personal satisfaction and career development

Placement Office—3/28 (MAR 28)  
Info: Student Union—3/29 (MARCH 29)  
\* VISTA — Volunteers In Service To America



Debbie Moser, candidate for president, Recreational Council.

**Tupperware Sponsors Competition For \$2000 Food Editing Internship**

The Sixth Annual National Newspaper Food Editors Internship competition, funded by Tupperware Home Parties is offering a \$2,000 internship for college juniors and seniors.

Competition will be for a 10-week paid internship on the food staff of a major newspaper during the summer of 1978. The winning student will work directly for the food editor of a newspaper he or she selects.

This program was begun in 1973 to provide home economics and journalism students opportunities

to experience actual working conditions on a major newspaper and to encourage careers in newspaper food editing. Since the program began, interns have worked on the Chicago "Tribune," St. Louis "Post-Dispatch" and the Baltimore "News-American."

Deadline for entries is April 1, 1978. Entries will be judged by a panel of experts in the home economics - journalism - newspaper fields and the winner will be announced after May 15, 1978. Information regarding application may be obtained from the Office of Information and Publications.