

# Mini course is gourmet delight

by Libby Malloy

I signed up for the Home/Family Life Mini Course, Food and Cultural Patterns, because I felt it was time for me to learn how to cook gourmet style and because it looked interesting.

But I had no idea I would experience so many fringe benefits and also qualify as a beginner in international cuisine.

The course started off quietly and routinely on that Monday promptly at noon. The stipulation for the course stated that the 1980's would require international understanding and a great part of this understanding would evolve

around what and why people eat. Why was Mrs. Streat saying "that we owed our consultants the courtesy of trying the taste samples they might bring?" I gradually found out.

The next eight days of classes brought numerous consultants who were either natives of or had lived in countries from around the world. Dr. Lucille Wakefield had worked with American Indians from the Southwest. Mrs. Blanche Raiford, a world traveler, had a special interest in French cuisine and culture. Dr. Hortensia Sanchez-Boudy gave us a full picture of Spanish culture in Cuba. Dr. and Mrs. Sekhara Rao introduced

us to the variety of food found in India. Mrs. Mattye Reed held our attention in Ethiopian dress as she served an Ethiopian Feast dish.

Dr. Chung-Woon Seo illustrated how unseasoned rice was enhanced by bite-sized charcoal beef. Dr. Seo also demonstrated the use of chopsticks while eating. He jokingly stated that there was no need for knives while eating Oriental food: "it is the Americans who need weapons to eat with." Dr. and Mrs. B. M. Botros had us taste-testing delicate tidbits cooked in grape leaves and paper-thin Greek pastry. When we thought there might not be another surprise, our own Bennett Family

members, Mrs. Doris Rice, Mrs. Carrie Shute, Mrs. Blonnie Tipton and Dr. Helen Trobian served us a buffet luncheon of regional foods found in the sections of the United States where they were born.

During these presentations we received information about why the people ate and prepared the foods the way they did; we learned the names of the delicious dishes we taste-sampled; we received a glossary of French terms found on menus around the world; and we collected many, many recipes for new and exciting dishes.

On the final day of the mini course, the nearly 40 students registered in the class worked to-

gether in groups and researched national food patterns from Scandinavia, China, Russia, Spain, Japan and the Caribbean. Although it was difficult to believe, we served an international smorgasbord on that last day that would have made natives of these countries proud to accept.

I feel that I can now qualify as an international gourmet, or one who "understands the art and science of good eating." As the French say, good eating is a part of being civilized—animals feed, but men dine. Maybe I will share some of the recipes for these "taste samples" in future articles. All you have to do is ask me once!

## Reunion is a hit

by Karen Heck

After a brief recording separation, Rufus and Chaka Khan are back together. The album entitled "Masterjam" (MCA Records) was produced by the master himself Quincy Jones.

Rufus and Chaka were apart for two years, during which time each had his/her own album. Rufus recorded "Numbers" (ABC) and Chaka did "I'm Every Woman" (Warner Bros.). Both were satisfactory hits, but they didn't compare to the dual work in the past. The split did both performers some good. The pair has reunited with a new musical maturity.

Side one opens with their fast-paced hit "Do You Like What You Feel?" Chaka, lead singer, and Tony Maiden, lead guitarist, sing with the funky sound that made them famous. One of the group's key-

boardists, David "Hawk" Wolinski, wrote this energetic tune. The song was arranged by Chaka and Rod Temperton (formerly of Heatwave).

The song "Any Love," also written by Wolinski, is an extraordinary tune cautiously exploiting the dangers of playing love games.

Unlike previous albums, this one is not dominated by Chaka's loud voice. Her voice is much calmer, and this control enables Maiden to prove his talents as a singer. On "Dancing for Your Lover," a pleading love song, and "Walk the Rockway," a hyped-up "Me" syndrome song, Maiden sings better than expected.

Another first is that there is not one totally instrumental song on the album.

All the cuts are good listening. Rufus and Chaka are on their way to making bigger and better music in the eighties.

## Big tour: choir's spring itinerary includes seven cities

by Betty Harbison

The Bennett College Choir, 38 members strong, is about to begin its most demanding activity for the entire academic year, the spring tour.

From Feb. 29 through Mar. 9, the choir will appear in concert in Washington, D. C., Baltimore, Harrisburg, Pa., Philadelphia, Newark, Boston, New Haven, and New York. The choir is under the direction of Dr. Charlotte Alston.

Mr. Alfred Carter, a music department faculty member, Rosalyn Scott, a junior music education major and Shaun Miller, a freshman music education major, serve as tour accompanists. Miss Mildred

Tucker, director of financial aid, assists as faculty associate and business manager. The Development Office is represented by Myra Davis, director of public relations.

"The main purpose for the tour," according to Dr. Alston, "is to do a top-quality "PR" job for Bennett College."

This year's tour agenda includes performances at high schools. These mini-concerts are to reinforce student recruitment.

The tour program consists of the concert choir's singing sacred music, Black spirituals, selections from Broadway musicals, madrigals and contemporary secular music. The

Gospel Choir will perform five selections, and the Ensemble will offer three selections. The program also features vocal and instrumental solos by music education majors.

A climactic highlight for choir members is the performance scheduled on the last day of the tour at New York's famous Abyssinian Baptist Church.

Asked how preparations for this tour compare to those of previous tours, Dr. Alston replied, "February is a busy month in terms of getting music polished." "Compared to other tours," she continued, "we are running pretty much on schedule."

## Gigolo's skill fig-leafed

by Joanne Joyner

A *gigolo*, a term with which none of us are familiar, is defined by Webster's New World Dictionary as "a man who is paid to be a dancing partner or escort for women."

"The American Gigolo" is based on a book of the same name by Timothy Harris. The movie stars Richard Gere as Julian and Lauren Hutton as Michele Stratton.

Julian was hired out as a chauffeur, translator and/or guide. He spoke six different languages and was regarded by the most fashionable women as the best of "escorts."

While in a restaurant he overhears a woman, Michele Stratton, ordering a drink in French. He introduces himself, in French, hoping to be of service but is disappointed to learn that she speaks English. He tells her that he has made a mistake and prepares to leave, but she wants him to stay. She deduces his

line of work and asks how much he charges. He replies, "As a translator or guide?" to which she says neither, but inquires about the cost of his carnal wares.

He leaves, but she tracks him down at his apartment. He questions her being there, and she tells him that she wants him. She is desperate and informs him that she has even brought money. He finally relents although he makes it a policy not to work in his apartment.

Julian was arrested because one of his clients was murdered. Michele was willing to ruin her reputation, as a senator's wife, for Julian.

"The American Gigolo" is rated R. Rona Barrett, on "Good Morning America," stated that the movie uses "very adult material and harsh language."

I enjoyed the movie but I thought it ended too soon. For those that are interested in seeing Julian's much-talked

about talent, forget it. I was disappointed because all Julian talked about was how good he was, but the audience never got a chance to see just how good he actually was. There was an episode when Julian appeared in the raw, but I didn't think it was anything to get excited about.

Terry Bruckheimer, producer, was assisted by Freddie Fields, executive producer, in creating this film. It was written and directed by Paul Schrader.

## "Angie" shows mom and daughter love

### Beauty becomes a family business

by Shelia Purnell

A mother and daughter relationship is the idea dramatized in "Angie," a new show that presents a mother and daughter in business together. Angie and her mother Teresa own a beauty salon.

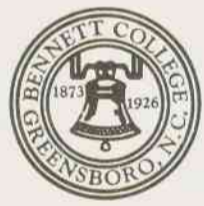
In the last episode of Angie, Teresa became addicted to disco dancing. Johnny, one of her employees, was trying to seduce Teresa so he could become a partner in the beauty salon business. Johnny introduced Teresa to disco dancing. He even got her to put a jukebox in the beauty salon.

Angie was beginning to worry about her mother because every night Teresa

would go to a disco. Angie decided to go out to a disco with her mother and Johnny to enter a dance contest. Johnny and Teresa were partners, and Angie and her husband Brad danced together. Teresa and Johnny won the dance contest.

Angie was trying to protect her mother because Johnny was trying to rule Teresa's life. From the beginning, Teresa knew what Johnny was up to. If a relationship between mother and daughter is what you are looking for, tune in to "Angie."

The stars of this show are Donna Pescow, Robert Hayes, Sharon Spelman, Debra Lee Scott, and Doris Roberts.



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proudly announce the College's  
Reaffirmation of its Accreditation

by

The Commission on Colleges  
Southern Association of Colleges and Schools  
December 11, 1979

This reaffirmation is for a ten-year period.

## ACES computer error corrected

by Joanne Joyner

If you received an "F" in A.C.E.S. last semester don't panic. It may have been a computer error and it is in the process of being corrected.

Contrary to many students' beliefs, Dean Bragg says "A.C.E.S. is a positive thing." He would also like to urge all students to read the A.C.E.S. requirements. It would pre-

vent unnecessary questions. The requirements and a list of A.C.E.S. for this semester were put in the mailbox last week.

Dean Bragg says, "We are going to notify students of the grade they received and the one they should have received. If they have a question after the notice of change of grade then they should come to my office.

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