

Feminine News-Views

SOCIALS - FASHIONS - RATIONING, SEWING AND COOKING HINTS

BY LUCILLE ROBERTS, At The Library

Week-End Beauty Course

Get up smiling — Stand before your window, feet parallel, body straight, head up. Stretch one arm over head, other in front; change arms, breathing deeply.

Now clean your skin with a special wash. Deep cleansing is the first routine in reviving complexion clarity.

Stretch flabby muscles: Hold patiently an elastic line. Bend body left to floor, back straight; swing body over chair to floor on the other side. Ten times.

Watch your diet for three days. Most of us eat too much fat-making food, so your short course should stress fruit, vegetables, lots of liquids between meals.

Posture—Stand four inches from the wall, pull tummy in so small of back touches the wall. Hold an elastic line taut, raise arms up, press hard against wall. Five times.

Glow from beneath makes your skin look lovely with make-up. Learn to apply and remove a stimulant cream, before you make-up.

Hands need special help these days. Smooth cream down over each finger with a strong pull.

Lean over to bring blood to your scalp, when your brush, in the short home course method. Lift the hair, give an outward twist at end of each strand.

TIME SAVERS

Whisk Corn Silks Off. A clean whisk broom will remove the silk from green corn ears easily. — Mrs. H. A., Wisconsin.

Painting Hints—When painting window frames, save time and patience by first placing wet pieces of newspapers, cut to fit the glass, on the panes. The paint splatters go on the paper.—Mrs. G. Z. B., Indiana.

Cooks Ahead.—The day before an unusually hard job, I bake or boil a small ham, make a large cake, nut bread and cookies. Then I do not need to do much cooking for several days and can attend to the main job.—Mrs. W. A., Connecticut.

Convenient Table.—Lots of time and hundreds of steps can be saved by placing a small table in front of the cook stove. Either an enamel or a wood table about 24" by 40" will serve the purpose.—Mrs. J. B., Tennessee.

Wring Clothes Smooth. — Use your wringer as an ironer for every-day flat work such as towels and pillow slips. Bring clothes from the line damp or sprinkle lightly with warm water. Let lie until evenly moistened. Fold towels, etc. Set your wringer as for washing. Run folded pieces through wringer and hang on bars to dry. Snap towels free from wrinkles when hanging on line, and do not roll them up at any time. A wrinkle avoided is a wrinkle less to iron out. — Mrs. W. A., Connecticut.

On Even Basis

Husband: "Darling did you ever stop to realize that if you knew how to cook we'd be able to save some money?"

Wife: "Yes, and if you knew how to save money we could keep a cook."

Attractive Bride Of Army Lieutenant



MRS. WILLIAM EDWIN BALDWIN, above, was before her marriage in Durham on July 2nd, Miss Martha Virginia Dixon, daughter of Mr. and Mrs. Lawrence F. Dixon, of Pisgah Forest. Lieutenant Baldwin is stationed at Camp Barkley, Abilene, Texas.

Miss Martha Virginia Dixon Marries Lt. William Edwin Baldwin In Durham

Local Girl Weds Army Lieutenant In Pretty Church Ceremony

Miss Martha Virginia Dixon, daughter of Mr. and Mrs. Lawrence F. Dixon, of Pisgah Forest, was married to Lt. William Edwin Baldwin, Jr., son of Mr. and Mrs. William Edwin Baldwin, of Dunn.

The ceremony was performed at the Trinity Avenue Presbyterian church in Durham on Friday afternoon, July 2, at five-thirty o'clock, with the pastor, Dr. Paul Leslie Garber, officiating.

Baskets of white gladioli, woodwardia and fern were used in the decoration. Wrought iron candelabra bearing burning candles cast a soft glow over the scene.

Mrs. H. C. Carr, of Durham, played the wedding music. Before the ceremony she played "Concerto from a Violin Sonata," by Mendelssohn; "Spozolia," by Liszt; "Calm as the Night," by Bohm. During the ceremony she played softly "To a Wild Rose," by MacDowell. The traditional wedding marches were used.

The bride was given in marriage by her father. She wore a white marquisette informal wedding gown, fashioned with high round neckline outlined with applied lace. The pointed bodice was attached to a full gathered skirt. Her white Juliet straw hat was trimmed with illusion veiling which was attached to a coronet of orange blossoms. In her hand she carried a Bible with an orchid.

Immediately following the cere-

The Pulse Of Fashion

Be concise—Look ready-for-your-job in a soft skirt and a cheerful shirt or a neat washable. Be simple, simpler, simplest.

Be bright—Cheer up everyone by wearing color . . . It's good for morale. As the English say, "Scarlet stiffens the spine."

Keep it clean — Cultivate the spick-and-span look. Go for shirts instead of blouses, but unmanish shirts with bows at the throat.

mony, the parents of the bride entertained at a reception at the Crystal ballroom of the Washington Duke hotel in Durham.

The couple left for Abilene, Texas, where the bridegroom is stationed at Camp Barkley.

The mother of the bride wore a dress of open blue, with accessories in navy. He corsage was of yellow roses. The mother of the bridegroom wore a black and white crepe print dress, with black accessories and a corsage of red roses.

Mrs. Baldwin received her education at Women's College of the University of North Carolina and Duke University, where she received training for a medical technologist. Lieutenant Baldwin is a graduate of Georgia Military Academy, Duke University and the Duke Medical School. He interned at the Charity hospital in New Orleans, La.

Iceland has many geysers and hot springs.

Your Guide To Daily Living

From Washington Bureau

YOUR SHOES. It's a kind of hoarding and a waste of leather to have shoes repaired unless you're sure you're going to wear them afterwards. And you probably won't if the uppers are badly worn. Remember, too, that one of the many good reasons for wearing footlets if you use leg make-up is that bare feet will curl your innersoles and make your shoes wear out faster all around.

COTTON-BLENDED FABRICS. A good rule to follow in caring for cotton-blended fabrics is to wash or clean them as you would the fibre with which the cotton is blended.

PAPERBOARD VACUUM BOTTLE. The vacuum bottle you'll buy this summer will have paperboard outer casing instead of the metal you've been accustomed to. It will insulate just as well if you won't get it wet.

NEW SUBSTITUTES. There won't be any more decorative plastic buttons after present stocks are exhausted.

SHIRTS AND PAJAMAS. Men's shirts and pajamas may be on the shortage list by fall.

HOOKS AND EYES. It's a wise precaution to dry clothes with hooks and eyes as quickly as possible. The new hooks and eyes don't rust easily, but they aren't completely rustproof like the pre-war variety.

POST-WAR LUMBER. Post-war home builders will be able to use wood that no termite would touch; it can also be processed to resist rot from three to ten times as long as the ordinary kind.

Your Garden & Mine

Along with bugs, weeds, hot weather, rain, and the need for constant cultivation, some of the beginner's mistakes begin to show up. (Some of you veteran gardeners must not smile; the same kind of bugs and weeds are in your gardens, too.) Along with the first crops from their gardens, beginners are also gathering some new knowledge.

How to Identify Pests. Protecting garden plants from pests isn't so hard if you know which pests to watch out for, and something about the damage they do. There are numerous bulletins available, showing pictures of the more common garden insects and samples of their work, and giving directions for their control.

The restrictions on rotenone, safe and effective in controlling garden pests, have been removed so that gardeners should be able to get all they need. Other safe and effective materials are pyrethrum, nicotine sulphate and cryolite.

Some of the ailments of garden crops are caused by plant diseases rather than plant insects. Prevention and control of these diseases can be accomplished by spraying and dusting.

Cultivate When Plants Are Dry. Plant diseases that affect the leaves, pods, and fruits spread from plant to plant during rainy periods. Likewise, the diseases are spread by the gardener who cultivates or picks vegetables when the plants are wet with rain or dew. This applies particularly to beans, tomatoes, eggplants, cucumbers, melons, pumpkins, squash—cultivate or pick when plants are dry!

The use of spectacles was introduced about the year 1300.