

## CARE OF FEET

By H. E. ("Hank") Newberry  
Foot trouble is on the increase. It is easy to understand, because in these times people are holding more "stand-up" jobs, more people are walking . . . more people are spending more hours afoot.

One of the most important functions of the feet is to supply a "spring" or "shock absorber", for your body. When this muscular elasticity no longer exists, when the bone structure is allowed to break down and the arches to become flat, then your foot troubles are truly chronic. In such cases, consult a physician or foot specialist.

The first step toward foot health course, is good shoes. It's wise to pay a little more for a better pair of shoes. Furthermore, since shoes are rationed, good shoes are economy.

When you are on your feet a lot, take them a rest wherever possible. Stand at your machine all day and on the dance floor all night.

## Jonesy's Off Today

By H. E. ("Hank") Newberry  
Jonesy didn't show up today! He fell down on icy porch steps and busted a leg.

Jonesy won't be running that big machine for a while. Who will? The boss doesn't know.

Jonesy loses pay, stands a big labor bill and suffers a lot of production suffers, too.

Who's Jonesy? Jonesy's any man woman holding a job. Millions of Jonesys get hurt every year (many thousands get killed) plain darn foolishness and by little booby-traps that cause accidents. More get hurt off the job than on.

It's easy to be safe, even in winter. Try yourself on the following simple questions and rate yourself on safety:

- Do you drive too fast?
- Do you slam on your brakes?
- Do you drive after drinking?
- Do you walk on the wrong side of the road?
- Do you cross streets in mid-block?
- Do you disobey traffic signals?
- Is your home heating system dangerous?
- Do you start your motor car in a closed garage?
- Are you habitually guilty of dangerous acts?
- Do you call attention to the unsafe practices of others?

## TRAVELING AND REPAIRING

When I'm not dodging, I'm repairing," writes Cpl. Dewey Winfield from France. "I have visited a city or two on pass, but had no wonderful time. . . I see how these people ever get out from ruins of the cities. I will never like any place as well as Brevard and the people there. Those mountains are calling. . . Had a 30-minute talk with Richard Lance in England, and things at home."

**I HAVE  
PLEGGED  
TO SHARE  
MY CAR  
FOR ALL VICTORY!**

# OPEN FORUM

Brevard, N. C.,  
Nov. 22, 1944

As I lay in my comfortable hospital bed in Transylvania Community hospital, it occurred to me that Ecusta had had a great part in making this needed institution possible.

I could but contrast my stay there with a previous one in the old hospital some few years ago. I recalled the courage of the nurses and the ingenuity with which they carried on the work without proper facilities to work with.

And then I noticed on my bedside a book belonging to the Ecusta library, a book that had given me much pleasure while reading it; and I marvelled at the consideration of a very busy man who had taken time to have planned a library of several thousand volumes for the use of Ecusta employees.

I thought further of the thoughtfulness of this man, of the personal care my husband received at his work each day. A resident doctor that he might consult at any time, nurses on all shifts, a surgeon one day a week for consultations or serious illnesses.

Free hospitalization and surgical insurance, life insurance, eye examinations, cold capsules in winter, hot meals provided at reasonable prices, a safe and healthy environment in which to work. And greater than anything else—the freedom of the privileged working man, bringing about a close relationship between employer and employee that is unequalled by any industry. This relationship gives my husband the feeling that he is a part of Ecusta and that Ecusta is a part of him.

Encouraging diversion and relaxation for his employees, our president has introduced through his recreational director dozens of entertaining and sport activities, a reading room, chorus, band, dance orchestra and string band, movies, floor shows, basketball, baseball, ping pong, tennis, bowling, etc.

And not only is our president concerned with the adults at Ecusta, he is planning for our children.

To help make possible a college education within the grasp of every boy and girl in this district, he has given generously to Brevard college in the name of Ecusta, to be used in any manner the college sees fit.

Scores of carefully selected children's books stand on the library shelves at Ecusta waiting to be used by the children of Ecustans.

Free music lessons are being given to the children of Ecustans.

Some 60 of these children have already enrolled and are being taught to play various instruments.

The Ecusta Christmas party held last year in one of our local theatres was designed to give the children added pleasure at Christmas time. And this will be an annual feature of joy looked forward to by every child.

Ecusta's good will and philanthropies extend beyond the Ecustans, reaching all over the county.

A substantial gift from Ecusta helped to swell the supply of books in our downtown library.

One of our greatest contributors to the War Fund and Community Chest Fund is Ecusta.

One of the greatest supporters of the War Bond drives has been Ecusta, with her entertainers traveling into all parts of the county selling bonds.

So many things have been done in so short a time that it is impossible for me to touch upon each of them and enumerate them properly. Besides the many things that our president has done and is doing of local worthiness, his goodwill goes into all parts of the world, spreading good cheer to the Ecusta service people stationed in all parts of the globe. His remembrances of cigarettes, stationery, the monthly copies of the Echo, various magazines, etc., warm their spirit and give new hope to their tired minds and bodies.

As I lay thinking in my hospital bed of the many things he has done I was filled with a deep sense of gratitude for the direct and indirect benefits derived from him through Ecusta.

—Kathleen Lominac Teague,  
the Wife of an Ecusta Employee.

## NOW IN BELGIUM

T-5 Thomas N. McCormick writes through his wife, saying that he is now in Belgium, and that the people there are very friendly to our men. Also that he enjoys the Echo each month.

## TIME PASSED FAST

Geo. R. Sexton, SW 3-c, writes from Lido Beach, Long Island, sending regards to boys in the Machine Room and saying, "I visited Ecusta on Nov. 25, and after one has traveled around a lot, a place like that can really be appreciated. . . We spent about two hours there, and I believe that was the fastest I have ever seen time go."

## READS THE ECHO

Pvt. John B. Baldwin, stationed at Camp Blanding, Fla., hopes to pay a visit to Ecusta next January, when he expects to finish his training. He writes, "We had a big Thanksgiving dinner this year, but I missed my deer hunt this year. . . have been receiving the Echo regularly, and needless to say, I read every word of it, and enjoy it."

## ALL SKIDDING ASIDE



You must see danger ahead to avoid it! Keep windshield and windows clear, clean, and free of fog, snow or ice.

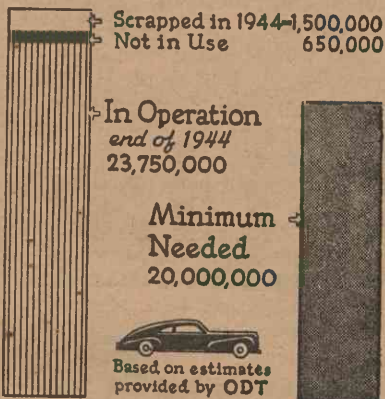
## IN HOSPITAL LAB

Pfc. George T. Henderson writes of rain in England, saying, "England is beautiful, but a clear day is very unusual. . . I am now working in the hospital laboratory here."

## HOUSE ORGAN FEATURE SERVICE

Cartoons—Silhouette—Chart

## Our Shrinking AUTO SUPPLY



## To Hold Employee Party Next Thurs.

The next big employee party will be held in the Cafeteria on Thursday night, December 28th, beginning at 8 o'clock. A special movie CAPTAIN FURY, starring Brian Aherne and Victor McLaglen, will be shown. The movie will begin promptly at 8 o'clock after which refreshments will be served and a big square dance will be held. All employees and their families are invited to attend.

## BE AMERICAN SHARE YOUR CAR

Save Gas, Cars, Tires!