

The Story Of The Christmas Seal

Everyone knows that money collected from the sale of Christmas seals each year is used to fight the dread disease, tuberculosis. Nevertheless, few persons are familiar with the story of the first Christmas seal.

It was in December, 1903, that a Danish postal clerk named Einar Holboell was sorting stacks of Christmas mail in a mucky, old-world post office. As he worked far into the afternoon, his mind was filled with thoughts of Christmas. The spirit of the season was in his heart.

Suddenly Einar had an idea. "Why," he mused, "couldn't all this mail be used to serve a double purpose? . . . Why couldn't each letter bear a Christmas Seal—a seal which would save lives?"

Einar's plan was adopted the following winter, when the world's first Christmas Seals were sold in Denmark, and proceeds were used to aid children suffering from tuberculosis.

Three years later a group of doctors in America, facing a deplorable need of funds to continue their treatment of eight tuberculosis patients, appealed for help to Emily Bissell, a welfare worker. She suggested that Christmas Seals similar to those sold in Denmark be introduced in the United States.

Emily, though no artist, had the will to accomplish her purpose. She sketched a seal bearing the message "Merry Christmas" and ordered several thousand printed at her own expense. The seals were sold locally the same year and \$3,000 was raised to further the campaign against tuberculosis.

The following season, in 1908, Christmas Seals were distributed on a national scale. Today the seals are a Christmas-time tradition. Tuberculosis, at one time the first cause of death in this country, has dropped to seventh place as a result of the co-operation of all Americans who buy seals each year.

Do You Know That?

Mistletoe was regarded as a sacred symbol of hope by the ancient Druids? Whenever enemies met under the mistletoe, they would drop their arms, forget their antagonism and embrace. From this practice grew the modern custom of kissing under the mistletoe.

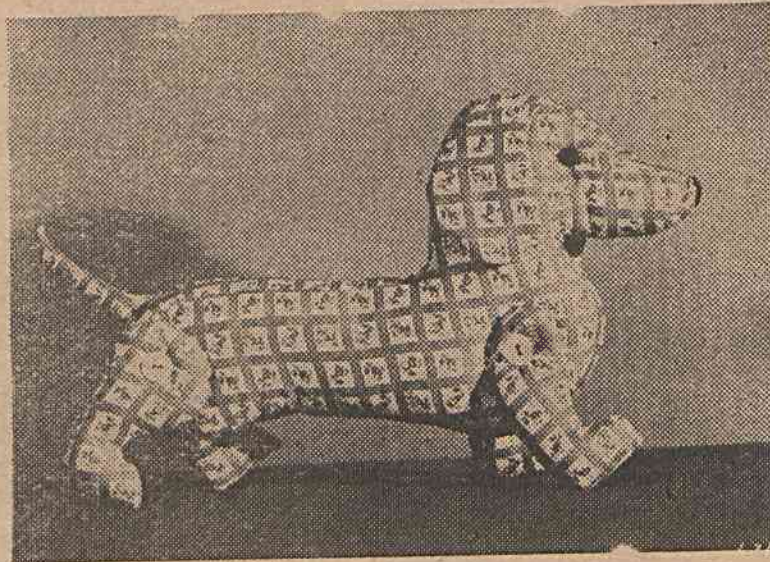
The Christmas tree is claimed to be of German origin. It is said that the early Christian missionaries to Germany, in order to convert the barbarians there, introduced Christmas-tide with much merry-making and song, and at the same time adopted the heathen custom of placing a green bush over the door during the mid-winter festival.

The custom of sending Christmas cards to one's friends originated in England in 1845? In that year W. C. Dobson, one of Queen Victoria's favorite painters, sent lithographed copies of a greeting card to his friends.

Santa Claus really lived in the fourth century? The story goes that good St. Nicholas learned that three young women had no suitors because their father was too poor to provide them with dowries. Thereupon he filled three bags with gold and threw them into the rooms of the young women, who were soon happily married. Unexpected gifts were thereafter attributed to St. Nick.

The first Christmas Savings Club

Have Daisy Dachshund Ready For Christmas



Daisy Dachshund is as cuddlesome a toy as a tot could wish for. She's a blue ribbon winner in her calico coat brightly printed with rosebuds. Floppy ears, movable legs, a wonderful tail that doubles for a handle, and coal-black eyes are her chief assets. Daisy doesn't take long to make, but if you want to be sure to have all your Christmas gifts made in time, better start now. (Direction leaflets for making DAISY DACHSHUND, No. E-251, may be obtained at the Library.)

TESTED RECIPES

DEEP-DISH HONEY APPLE PIE

1/2 cup bran cereal
1 1/2 cups sifted all-purpose or cake flour
1/2 teaspoon salt
1/2 cup cold water
6 cups sliced, sour apples
1/2 cup honey
1 tablespoon lemon juice
1/4 teaspoon lemon rind
1/4 teaspoon salt
1/4 teaspoon cinnamon
2 teaspoons butter or fortified margarine

Crush bran; add flour and 1/2 teaspoon salt. Reserve 1/4 cup of this mixture in a bowl; cut shortening into rest of crumb mixture. Blend water and the reserved mixture; add to crumb-shortening mixture, while mixing with a 2-tined fork until blended. Form this pastry into a ball; roll out on lightly floured board to 1/4 inch thick ness. Cut strips 2 3/4 inches wide from pastry to line sides of 10" x 6" x 2" baking dish, allowing 3/4 inch at top for fluting. Arrange apples in baking dish; combine next five ingredients; pour over apples. Dot with butter; arrange 1/2 inch pastry strips, lattice fashion, over top. Seal edges; flute. Bake in hot oven of 450 degrees F. for 40 min., or until apples are tender. Serve "as is" or with plain or whipped cream. Serves six.

NOTE: Nutmeg may replace cinnamon.

SPICY CIDER ICE

1/2 teaspoon whole allspice
1 inch stick cinnamon
3 whole cloves
2 1/2 cups cider
1-3 cup honey
1 cup orange juice
1-3 cup lemon juice
1/4 teaspoon nutmeg
1/4 teaspoon salt
1 egg white
1 tablespoon granulated sugar

Tie spices in cheesecloth bag. Heat cider; add spice bag. Boil uncovered, 30 minutes, or until reduced to 1 1/2 cups. Remove spice

bag; add next five ingredients; chill. Pour into tray of automatic refrigerator with control at coldest setting. Pour 1 tablespoon water on bottom of freezer compartment; slide tray over water before it freezes. When frozen portion amounts to half the contents of the tray, beat well. Return to freezer. Repeat this process two or three times during freezing. Just before ice is firm, beat egg white foamy; add sugar gradually, while beating until stiff, not dry. With a fork, fold this mixture into ice. Return to freezer compartment and freeze firm enough to spoon out. Serves four or five.

NOTE: To vary this dessert, arrange orange and grapefruit segments, or a combination of fruits, in sherbet glasses and top each with a small scoop of this cider ice.

DATE INDIAN PUDDING

1/4 cup corn meal
1/2 teaspoon salt
1/2 teaspoon cinnamon
1/2 teaspoon ginger
3 1/2 cups milk
1-3 cup molasses
1/2 cup pitted dates, cut up

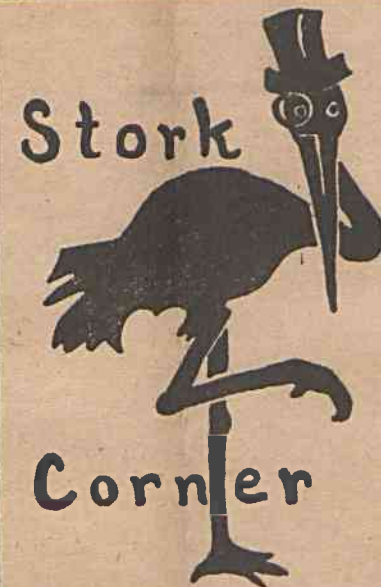
Combine corn meal, salt, cinnamon and ginger in top of double boiler; add 3 cups of the milk and the molasses and cook over boiling water 30 minutes, stirring occasionally. Pour mixture into a greased or oiled 1 1/2 qt. casserole and bake, uncovered, in a slow oven of 300 degrees F., stirring once after first 10 minutes. Continue baking 10 minutes; then stir in cut-up dates. After 10 minutes longer pour in the remaining 1/2 cup milk over the pudding and stir slightly. Continue baking, without stirring, for 2 hours longer. Serve warm with top milk or vanilla ice cream. Serves five or six.

NOTE: If preferred, 1/2 cup of seeded or seedless raisins may be substituted for the dates.

EXPLAINING TASTE

Man (at lunch counter): "Take this coffee away, sister. It tastes like mud."

Waitress: "Well, it was ground only this morning."



Stork Corner

Eben S. Morrow, just released from the Seabees, and Mrs. Morrow have announced the birth of twins, Spencer Macfie and Mary Ashe Morrow, on Sunday, Nov. 4th., at Transylvania hospital. Mr. Morrow, before entering service, was in our Meter Department.

Mr. and Mrs. Woodrow Allen are the parents of a 7 pound boy, John Marshall Allen, born November 24th., at the Presbyterian Hospital in Charlotte. Mr. Allen works in the Ecusta Boiler Room.

YOUTH

Youth is not a time of life—it is a state of mind. It is not a matter of ripe cheeks, red lips, and supple knees; it is a temper of the will, a quality of the imagination, a vigor of the emotions; it is a freshness of the deep springs of life.

Youth means a temperamental predominance of courage over timidity, of the appetite for adventure over love of ease. This often exists in a man of 50 more than in a boy of 20.

Nobody grows old by merely living a number of years; people grow old by deserting their ideals. Years wrinkle the skin, but to give up enthusiasm wrinkles the soul. Worry, doubt, self-distrust, fear and despair—these are the long, long years that bow the head.

Whether 70 or 16, there may be in every man's heart the love of wonder, the sweet amazement at the stars and the star-like things and thoughts, the undaunted challenge of events, the unflinching child-like appetite for what next, and the joy and game of life.

You are as young as your faith, as old as your doubt; as young as your confidence, as old as your fear; as young as your hope, as old as your despair.

Physical Lab. News

By ANNIE LOU HAMLIN

Well, folks, here we are once more after a few months' silence.

Louise King's husband has his discharge and is back at work in the Inspection Dept. What's this we hear about you buying a home, Louise?

Gladyce Teague spent a few weeks in California with her husband but they are now back in Brevard. Hurry back to work, Gladyce, we are missing you.

We welcome Randall Lankford back to the Lab. Randall recently received a discharge after serving 31 months in the army. He was overseas 23 months of that time.

Millard Teague and Jake Hollis have bought adjoining lots in Brevard and are now building their new homes.

Merry Christmas to you all and may Santa be good to you.

Alarming, Isn't It?

Did you know that 252,885 of our boys in the service lost their lives between Pearl Harbor day and January 1, 1945? . . . And that 296,000 civilians were killed here in the United States during the same period? . . . and that the 296,000 cases were due to Accidents?

Even though the rate of fatalities on the home front has been greatly reduced during the past 25 years, there is still room for improvement in every walk of life.

Accidental deaths totaled 95,000 during 1944 and 42,500 of these were civilian workers.

Yes, 1944 was Just An Average Year . . . But 95,000 lives unnecessarily ended or 9,800,000 persons suffering the pain of torn, bruised flesh and broken bones, cannot be dismissed lightly as "the usual thing."

Let's forget for a moment the terrific economic impact of accidents—\$4,900,000,000! Let's ignore, even, the loss of war goods because men killed or hurt accidentally, could not produce them.

Let's remember, for example, the woman riding gaily across the field with her two children on a horse-drawn rake. The rake, they pretended, was their train, the horse their engine. But their laughing and shouting frightened the horse and it leaped forward. The children were thrown clear; the mother fell under the rake. She was dragged around the field until the horse tired. With her bones shattered, her eyeballs pierced with straw, her flesh mangled, she lived in agony for many days before she finally died. Her family did not think this an average year.

Let's remember, too, the high school boy, popular, intelligent, seemingly headed for a brilliant career, driving along a country road at night. The thrill of driving again urged him to greater speed. Suddenly, "out of nowhere," a barrier loomed. A rending crash! Long months in the hospital—and finally his return home, a hopeless cripple! He is one of the 70,000 permanent disabilities as the result of motor vehicle accidents. Seventy thousand permanent disabilities—in a better than average year.

Let's remember the beautiful, bright-eyed girl, almost ready for kindergarten; adored by her father and mother. Yet she was left alone in the kitchen and scalded to death by a kettle of boiling water that she tipped over. Screams of pain! Then silence. She is only one of the 10,100 accidental deaths from burns, or 32,000 home deaths in an average year.

Accidents mean more than the words "lost-time," "disability," "economic loss," or "production delays" can possibly convey. The man crippled in the factory . . . the boy drowned at the beach . . . the mother disabled in an automobile accident—each brings untold distress, suffering and even privation. It is your job, my job, everybody's job, to stop these accidents.

H. E. NEWBURY,
Safety Director.

SUPER SERVICE

She was one of those fussy females and she drove importantly into the service station and said imperiously to the attendant: "I want a glass of water for the radiator, a thimble of oil for the motor and a demitasse of gasoline! I think that will be all!"

The attendant listened politely. "Couldn't I," he asked, "cough in your tires?"

Safety in Santa's Sack

AGE AND INTERESTS	HAZARDS	SUGGESTIONS
The "Hand to Mouth" Age UP TO 2 YEARS	Avoid small toys which may be swallowed. . . flammable objects . . . toys with small removable parts . . . poisonous paint on any object . . . stuffed animals with glass or button eyes.	Sturdy rattles . . . brightly colored objects hung in view . . . rubber or washable squeak toys and stuffed dolls or animals . . . large, soft colored balls . . . blocks with rounded corners . . . push-and-pull toys with strings or rounded handles . . . nests of objects.
The Explorative Age 2 TO 3 YEARS	Avoid anything with sharp or rough edges which will cut or scratch . . . objects with small removable parts . . . poisonous paint or decoration . . . marbles . . . beads . . . coins . . . flammable toys.	Sand box with bucket, shovel and spoon . . . large peg board: . . . wooden animals . . . cars and wagons to push around . . . tip-proof kiddie cars and tricycles . . . large crayons . . . low rocking horse . . . small chair and table.
The "Let's Pretend" Age 3 TO 4 YEARS	Avoid toys which are too heavy for child's strength . . . poorly made objects which may come apart, break or splinter . . . sharp or cutting toys . . . highly flammable costumes . . . electrical toys.	Small broom and carpet sweeper . . . toy telephone . . . dolls with simple wrap-around clothing . . . doll buggies and furniture . . . dishes . . . miniature garden tools . . . trucks and tractors . . . non-electrical train . . . drum . . . costume clothes . . . building blocks.
Beginning of Creative Age 4 TO 6 YEARS	Avoid shooting or target toys which will endanger eyes . . . ill-balanced mobile toys (tricycles, wagons, etc.) which may topple easily . . . poisonous painting sets . . . pinching or cutting objects.	Blackboard and dustless chalk . . . simple construction sets . . . paints and paint books . . . doll house and furniture . . . small sports equipment . . . shipping rope . . . wash tub and board . . . paper doll sets with blunt end scissors . . . costumes . . . modelling clay.
Beginning of Dexterity Age 6 TO 8 YEARS	Avoid non-approved electrical toys . . . anything too large or complicated for child's strength and ability . . . sharp edged tools . . . poorly made skates . . . conductive kites . . . shooting toys.	Carpenter bench and well-constructed, lightweight tools . . . sled . . . construction sets . . . roller skates . . . approved electrical toys . . . kites . . . equipment for playing store, bank, filling station, etc. . . playground equipment . . . kites . . . puzzles and games . . . sewing materials . . . dolls and doll equipment.
Specialization of Tastes and Skills 8 AND OLDER	Avoid air rifles, chemistry sets, dart games, bows and arrows, dangerous tools and electrical toys UNLESS used under parental supervision . . . motor scooters . . . non-approved electrical toys.	Hobby materials, arts and crafts, photography, coin and stamp collections, puppet shows . . . musical instruments . . . gym and sports equipment . . . model and construction building sets . . . electric train with Underwriters' Laboratories approval . . . bicycle . . . science sets . . .

NATIONAL SAFETY COUNCIL

Had Your Headlights Checked Recently?

With the coming of the winter months, daylight hours are much shorter. This means that most of us traveling to and from work in our cars have to use our lights either in the morning or in the afternoon.

This being true, we should see to it that both our headlights are burning and that they are in proper focus; also that the tail light is burning and that the glass is clean. Too many automobile accidents are caused by "one-eyed" cars. It is mighty hard to tell which light is out on an approaching car, thus causing us sometimes to fail to allow for proper clearance.

A tail light might as well not be burning as to have the glass so covered in mud or dirt that it cannot be seen two feet away. Proper rear lights are just as necessary for your protection as for the protection of the car coming from the rear.

Now is a good time to get your lights fixed. Newspapers of the state have recently carried stories to the effect that the highway patrol is going to devote a good percentage of its time in checking automobiles for proper lights. Don't wait for a patrolman to catch you.—Safety Bulletin, N. C. Industrial Commission.

BUY CHRISTMAS SEALS

Happy Sailing In '46

With the New Year just around the corner, I wish to take this opportunity to say a few words to the entire personnel of Ecusta, Champagne, and Endless Belt.

First, I wish to thank each of you personally for your wonderful co-operation in our safety program during 1945. Due to your interest and manifestation in accident prevention work, the frequency rate for personal injuries is the lowest we have had since the mill started operations. This is indeed something to be proud of, and has eliminated untold suffering and loss of wages throughout the mill. The fact that Ecusta has the best safety record of any North Carolina Pulp and Paper Industry, and stands second among 25 mills in nine Southern states, is a feather in every individual's hat.

To each of you, I sincerely extend very best wishes for a Merry Christmas, a Happy New Year, and a Safe and Prosperous 1946.

H. E. NEWBURY.

CONFIDENT OF RESULTS

The totally bald man walked into the drug store: "Have you a hair restorer that really restores?" Clerk: "Here is a preparation sure to do the trick."

Bald Head: "All right, I'll take it, and you might as well wrap up a comb and brush, too."

It's Different Now

I used to think 'twas "tommyrot" The way those fellers screech Of safety and of accidents— And scored the chaps that preach.

I used to work for pay day— At piecework—all for speed, Nor cared a hang for danger, Defied the signal's heed.

But since I lost my fingers, And loafed at home a spell— With wife and kids a'crying— I've learned my lesson well.

I know it pays to listen To what those fellers say; I've learned to work with safety and

I preach it—every day.
—Author Unknown.

This Happened Here

FINGERS CAUGHT IN ROLLS

While trying to straighten a turned edge on the paper, after having made a splice on one of the rewinders in the Inspection Department, an employee's fingers were caught between two inrunning rolls.

Result: Two badly bruised fingers and the loss of both nails.

Safety Suggestion: Be exceptionally alert and careful when working around moving machinery. Especially when near inrunning rolls.