

The Echo

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TESTED RECIPES

Here another month has elapsed, and we're still interested in food. It seems to be an endless cycle,—so we offer these recipes for your enjoyment.

CHEESECAKE

(Quick to mix, because you don't have to sieve the cheese.)

- 2 tablespoons butter or fortified margarine
- ¾ cup zweiback crumbs
- ¼ cup confectioner's sugar
- ¼ cup enriched flour
- 1 cup granulated sugar
- ¼ teaspoon salt
- 2 cups well-drained cottage cheese
- 1 cup heavy cream
- 3 tablespoons lemon juice
- 1 teaspoon grated lemon peel
- ½ teaspoon vanilla
- 4 well-beaten eggs

Spread 8-inches round pan with softened butter. Sprinkle with mixed zweiback crumbs and confectioner's sugar; reserve 2 tablespoons for top. Combine remaining ingredients; beat well. Pour into zweiback crust. Top with remaining crumbs. Bake in slow oven (325) 1 hour. Cool in pan. Serves 6—8. Drizzle with maple syrup. Sprinkle with shredded almonds.

FRUIT-SALAD DRESSING

(You'll like it especially because it's quick and easy.)

- 2-3 cup salad oil
 - 1-3 cup fruit juice (lemon, orange, pineapple or grapefruit)
 - 1 teaspoon salt
 - 1 teaspoon paprika
 - 1-3 cup confectioner's sugar
- Combine ingredients. Beat with rotary beater, or shake in bottle. Chill thoroughly. Makes 1 cup.

TUNA CROQUETTES

- 1 cup thick white sauce
 - 2 well-beaten eggs
 - 1 7-oz. can flaked tuna fish
 - 1 tablespoon lemon juice
 - 1-4 teaspoon salt
 - Pepper
 - 2 cups seasoned mashed potatoes
 - 1 teaspoon Worcestershire sauce
 - 1 beaten egg
 - 1 tablespoon water
- Combine ingredients; mix

Square Dance Team Gives An Exhibition

During the recent Recreation Area workshop, which was conducted in Asheville March 11 through 15th., our Ecusta Square Dance team gave an exhibition of square dancing and helped to teach different dance figures to those attending the Workshop.

The Institution was sponsored jointly by the North Carolina Recreation Commission, the University of North Carolina and the City of Asheville. Many professional and volunteer recreational workers of Western North Carolina attended.

The entire evening of Wednesday, March 13th., was devoted to folk dancing and our dance team, after giving their exhibition, each chose a partner from among the members of the institute and helped to teach them the different figures. Our Ecusta String Band furnished the music for the exhibition and later for the dancing. They also played several numbers.

The Month Of March

Up from the sea, the wild north wind is blowing
 Under the sky's gray arch;
 Smiling, I watch the shaken elm bough, knowing
 It is the wind of March.

—Whittier.

The "windy month" of March was named for the Roman war god, Mars, and justly so, for its blustery, unpredictable days are often full of war-like fury. The vernal equinox, which marks the beginning of spring, falls about the twenty-first, and the month is thus partly winter, and partly spring. Besides the "lamb and lion" legend concerning March, another story holds that the first three days are unlucky, and it is not so long ago that farmers held so firmly to this belief, that they would not plant seed on those days.

Although no notable holidays occur during March, Texas celebrates the second day of the month as the anniversary of its

independence from Mexico. The 17th. is celebrated as the feast day of St. Patrick. Days of historical significance are March 4, 1789, when the Constitution went into effect and Washington became president; March 14, 1794, when Whitney patented the cotton gin; and March 23, 1775, when Patrick Henry delivered his famous oration.

Beneath The Pisgah The Poet's Corner

Betrothal

I shall not say I have not loved before
 Because today I pledge my troth to you.
 I have loved much as other women do,
 Nor have I suffered any less or more.
 Whatever hurt I gave, whatever bore,
 Today I know the boon of thinking through—
 The older loves are mentors to the new.
 There stands a closed gate—here an open door.
 My love has learned the strength of little things;
 If one small link is broken in a chain,
 I shall remember how to mend the rings,
 That is may bear its happiness again.
 My love has woven with a lasting prayer
 A pattern worthy of your heart to wear.
 —Catherine Haydon Jacobs.

The Subtle Year

Now the subtle year
 Blushes green, and the earth
 Moves to glory as the clear
 Rains kiss it into birth.
 The dogwood mist is swooning white;
 The grass springs brilliant to the lawn;
 And sweeter glows the star-hung night
 Between the hands of dusk and dawn.
 And in my heart there stirs anew
 A faint, pipe-silver bud of song
 That, blossoming, shall break for you
 In trumpeting, shrill-sweet and long.
 —Nathaniel Burt.

Questioner

Little girls shouldn't ask questions—
 Not a hundred times an hour!
 "Why is a weed a thistle?
 Why is a rose a flower?"
 Little girls are all eyes
 And "why's"?
 Why are bugs
 With crawley legs?
 Why do frogs
 Lay pollywog eggs?
 Why is a rainbow?
 Why can't I fly?
 Who am I?
 "Why?"
 Little girls shouldn't ask questions—
 It isn't the thing to do!
 At least, not questions that mothers
 Don't know the answers to.
 —Ethel Jacobson.

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"Long chances often shorten lives.



Our Book Corner

The Library has so many new and exciting books . . . so many you will want to read!

As for fiction . . . the winner of the George Washington Carver award is Fannie Cook's MRS. PALMER'S HONEY. In this glowing, richly human novel, the negro's struggle for social and political status is clearly outlined. The story takes shape around "Honey," daughter of a negro family of St. Louis. Fully aware of white antagonism, she and those of her race strive for position, rather than their usual standings.

Erich Maria Remarque, author of "All Quiet on the Western Front", again is in the limelight with his newest book, ARCH OF TRIUMPH. Handling contemporary events in an expert manner, the author creates a group of characters who are individuals. Ravic, formerly a famous surgeon, now an ill-paid medical drudge, scarcely maintains the animal urge to survive, and has courage in one hope — to inflict revenge on the man who ruined him. He finds some peace with Joon Modau, who is loyal to him. This book is a necessity for your today's reading.

Being Carolinians, and vitally interested in tobacco as a livelihood, Ecustans should, and will, enjoy reading WRITTEN ON THE WIND by Robert Wilder. It is earthy, real, powerful — and carries the reader into the minds and emotions of the characters.

For ages, the story of David, the shepherd boy, has been told and retold, yet it never loses its fascination. In a new novel, DAVID THE KING, Gladys Schmitt tells of God's most magnificent sinner, showing us a man we can understand. It is a new approach to Bible sources—making David a man, breathing with us, rather than a remote historical figure. This book you'll certainly enjoy.

For you readers of mystery stories, we submit these new arrivals: REMEMBERED ANGER, Martha Albrand; THE UNSUSPECTED, Charlotte Armstrong; DEAD ON ARRIVAL, George Bagby; THE SHAPES THAT CREEP, Marjorie Bonner; ACCIDENTS DO HAPPEN, Miles Burton; THE CASE OF THE BLACK-EYED BLONDE, Erle Stanley Gardner; FALLEN ANGEL, Marty Holland; NIGHT HAS A THOUSAND EYES, George Hopley; NO FACE TO MURDER, Edith Howie; DEATH IN THE LIME LIGHT, A. E. Martin; THE YELLOW ROOM, Mary Roberts Rinehart.

SYMPATHY EXTENDED

The many friends of Dick Peron extend sympathy to him on account of the death of his mother, who died at her home in Haverhill, Mass., recently.