

the joy of being:

## Transcendental Meditation Lecture Feb. 2

In our age of ever accelerating change, there is a need for individuals to find some form of anchorage within themselves so that they are not inundated by these waves of change. The traditional mode of anchorage through a belief in some form of religious dogma is generally seen as unsatisfactory to today's experience oriented young people. What is needed is some form of experience oriented young people. What is needed is some form of experience which will increase an individual's flexibility rather than inhibit his ability to cope with

life. At the same time this experience should somehow ground him in the depth of his being, giving him an inner strength and poise to develop himself to his fullest potential. Such an experience is provided through Transcendental Meditation.

Transcendental meditation is a simple, natural, spontaneous technique which allows the individual to experience increasingly more subtle states of thought until the source of thought, the unlimited reservoir of energy and creative intelligence is reached. This simple practice expands the capacity of the con-

scious mind and a man is able to use his full potential in all fields of thought and action.

For those who would like to hear more of how this technique works, there will be a special lecture sponsored by the Psychology club Feb. 2 at 8 p.m. in the Humanities 104. The emphasis will be upon the revealing physiological studies which establish the validity of the claims of meditators that they receive deep rest, clearer mind, more energy, and an increased ability to cope with the small and large stresses of today's life.

## Second Term Will End Before Christmas Under New Calendar

UNC-A's new calendar has been approved by Arnold King, Vice President for Institutional Studies for the Consolidated University.

The new calendar which was designed to allow for the end of second term of the Fall Semester before Christmas vacation was presented to both faculty and student bodies before the final decision to send it to Chapel Hill for approval was made.

The calendar (see below) determines that second term next

year will end on December 21 so that students will be able to come back to a whole new term and not have the feeling that they are coming back to the middle of a term. Many universities, including Chapel Hill are redesigning their calendars so that final exams are taken before Christmas break.

Christmas break for the new calendar is about two and a half weeks long and the calendar also provides for a week-long Spring vacation between Term I

and Term II of the Spring Semester. Chancellor Highsmith has stated that "we feel that by this new calendar, we are synchronizing ourselves with the rest of the UNC system and yet maintaining the four term system which is unique to this campus."

The new calendar operates as this year's in that there are two major registrations for the year, one for the two Fall terms, and one for the two Spring terms.

### ACADEMIC CALENDAR 1972-73

#### SEMESTER I 1972

Term 1	August	20	Sunday	Dorms open for students needing tests
	August	21	Monday	Testing
	August	22	Tuesday	Testing and freshmen advising
	August	23	Wednesday	Orientation, Faculty Meeting
	August	24	Thursday	Registration
	August	25	Friday	Registration
	August	28	Monday	Classes begin
September	4	Monday	Labor Day	
October	20	Friday	Classes end for Term 1	
Term 2	October	23	Monday	Schedule Adjustment Day
	October	24	Tuesday	Classes resume
	November	23, 24	Thurs., Fri.	Thanksgiving Holidays
	December	21	Thursday	Classes end for Term 2

#### SEMESTER II 1973

Term 1	January	8	Monday	Registration
	January	9	Tuesday	Classes begin
	March	6	Tuesday	Classes end for Term 1
Term 2	March	13	Tuesday	Schedule Adjustment Day
	March	14	Wednesday	Classes resume
	April	23	Monday	Easter Holiday
	May	9	Wednesday	Classes end for Term 2
	May	12	Saturday	Commencement

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the writers' symposium:

## Some Male Thoughts

(from p. 5)

had voiced what ran through the crowd: insecurity, an unsureness.

Personally, I found it amazing. I had come expecting to hear the politics expounded again and they weren't; I came expecting to hear more of "up against the wall" and more "I want to be paid for the work I do in the home, male - oppressor - husband" and there was little of it. Writers Millett, Kizer, Harris and Whisnant went after the heart of their target: "The Woman As Artist" and they didn't attack men alone; they recognized the complexity and the confusion which sexism operates within. The simple-minded liberation-speak and political sloganeering didn't enter into it. One man confided to me after the program that he didn't "like radicals" and all I could do was chuckle. "Let WITCH or the radical lesbians get a hold of him," a friend replied, "then he could say radical."

This isn't to say that the program was soft, or that it backed off from the basic issue at hand; rather instead of going after the throats of all the men in the audience, it was a program for women by four, sensitive, intelligent women intent on examining themselves and what had been done to them. They spoke of still-born emotions and lack of color within their lives with more of a feeling of regret and sadness than anger.

There was something missing in their writing and they felt it.

"You mean, Kate Millett is a LESBIAN!"

Jesus. All four writers left me changed; Charleen by her laughter and almost-whimsical-sad account of the housewife and her chains; Bertha Harris by her warmth and insight, her Joycian fixation and her tears; Carolyn Kizer by her academic parodies, her "this is no bedroom war, remember. You bet it isn't", and her "hurray, purple and gold"; and Kate Millett left me speechless, dumbfounded with her stream-of-consciousness prose about inhibitions and the inability to write. It was like someone had fastened a vise on my head and she was tightening it, maniacal.

Rehashes are always a little pale and I apologize for this one; it is just a few male thoughts about a symposium which spoke to all of us. To those who missed it, my condolences; to Ms. Millett, Kizer, Harris and Whisnant, thank you.

—Fred Myers

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