

A day  
in the life  
of a

# bulldog



Photo by Dustin Stuart- Photography Editor

Jake Hagedorn goes for the ball in a home game against Mercer University on Aug. 27. The match ended in a tie after overtime play, 1-1.

Right: Jake Hagedorn, senior midfielder and one of three team captains, time and time again brings the bulldogs to the right mindset for gameday. He aggressively attempts to reclaim the ball from a Mercer player, junior midfilder Will Betts, in the close game on Aug. 27.



Photo by Dustin Stuart- Photography Editor

## Soccer player Jake Hagedorn: Leader on, off the field

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Enthusiasm is the first thing that comes to mind when thinking of Jake Hagedorn, said UNC Asheville's men's soccer Head Coach Matt Kern said.

"We have an expression in the program, you're either giving energy or you're sucking energy. He is an ultimate giver of energy. He plays as hard as he can all the time and it's infectious for everybody and the team," Kern said.

Hagedorn's teammates enjoy being around him, according to fellow soccer player and UNCA sophomore Bobby Castro.

"The best part of being a student-athlete is having the opportunity to continue to play soccer while in school," Hagedorn said. "I've been playing soccer since I was 8-years-old. I love to play. Having soccer helps me be a better student. Having soccer forces me to balance everything else in my life. It helps me be more organized and responsible in both academics and athletics."

Hagedorn, a Brevard native, is more than just a phenomenal soccer player. He not only gets things done on the field, but he said he also finds time within his busy schedule to be a great student.

**"It's my senior year and soccer is everything right now because it's my last year. Of course things will change once it's over, but right now that is what's most important"**

**Jake Hagedorn**  
*senior team captain*

Time management is very important. Balancing school, sports and a social life can be challenging, Hagedorn said.

"Jake is an outstanding student outside of soccer. He is diligent and well respected," Kern said. "I have a 17-year-old son and if he follows in

Jake Hagedorn's footsteps as an academic student, I would be very proud," he said.

Organization is key to not falling behind, Hagedorn said. He recommends keeping an agenda of everything from practice times, school work, volunteer work and games to

keep organized.

"A regular day for any athlete can be rough," Hagedorn said. "We practice for 2 hours a day everyday unless it's game day, between training room and getting treatment that's 3 to 4 hours a day. Trying to study can be tough, but I study a couple hours a day between classes and at night. When we travel it depends on how far, but it's usually a weekend trip."

Castro said Jake is a good leader. He's dedicated to the game. He keeps the team united and he's not only a good leader on, but off the field also. If someone is down he will make

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