

ingles

Expect More From Your Local Store!

FIND US ON FACEBOOK! www.facebook.com/InglesMarkets

FIND US ON TWITTER! www.twitter.com/InglesAdvantage

FUEL REWARDS

SAVE 5¢ 10¢ 20¢
and more... PER GAL
ANY GRADE

Earn Unlimited Gas Savings!

Get 1 Point for \$1 in Groceries*

100 Points = 5¢/gal

200 Points = 10¢/gal

300 Points = 15¢/gal

* See Store for Details.

ingles **Living Well**

Visit the Ingles Family Gathering Spot on the Ingles website for easy family friendly recipes from some of our regions favorite food bloggers.



www.ingles-markets.com

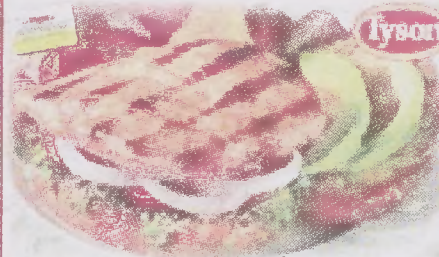


Asheville Gluten Free Expo - Saturday, March 29th 2014 - 10 am-2 pm
Sponsored by Ingles Markets and the Gluten Intolerance Group of Asheville.

Ingles Advantage: Fresh Ground Beef Every Hour!

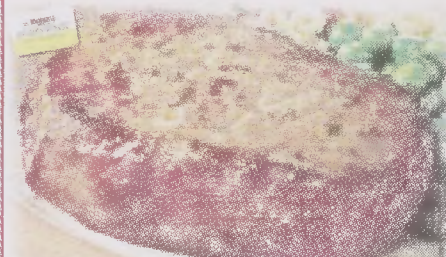
USDA CHOICE BEEF BONELESS SIRLOIN STEAK
All Sizes
SAVE UP TO 2.50 LB.

\$4.98
Lb.



TYSON TRIMMED AND READY CHICKEN BREAST, TENDERS, OR THIN SLICED
SAVE 2.00 Lb.

\$2.98
Lb.



BONELESS PORK CHOPS
Family Pack
SAVE 2.00 Lb.

\$2.98
Lb.



FLORIDA STRAWBERRIES
1 Lb.
SAVE 4.92 ON 2

2/\$3
for



GALA APPLES
3 Lb. Bag
SAVE 2.00 ea.

\$2.98
ea.



FRENCH BREAD
16 Oz.
SAVE 1.98 ON 2

Found In Your Ingles Bakery!

BUY 1 GET 1 FREE



PET ICE CREAM
48 Oz. -
Selected Varieties
SAVE 6.08 ON 2

2/\$5.68
for



GENERAL MILLS BIG G CEREAL
12-14 Oz. -
Selected Varieties
SAVE UP TO 2.96 ON 2

2/\$5
for



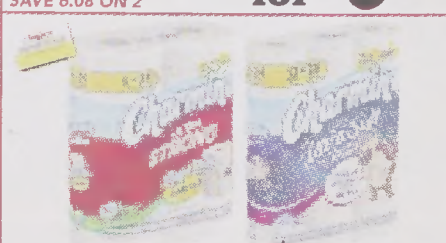
HONEY MAID GRAHAM CRACKERS
7-14.4 Oz. -
Selected Varieties
SAVE 4.31 ON 2

BUY 1 GET 1 FREE



HERSHEY'S EASTER PACKAGED CANDY
12 Oz. -
Selected Varieties
SAVE 1.94 ON 3

3/\$10
for



CHARMIN BATH TISSUE
6-12 Count -
Selected Varieties
SAVE UP TO 2.60

\$6.98
ea.



COKE FAMILY OF PRODUCTS
Limit 5 -
6 Pack - 500 mL
Quantities Less Than 5 will be 3.98 ea.

When You BUY 5 FINAL COST
5/\$11
for
SAVE UP TO 8.90 ON 5



COKE FAMILY OF PRODUCTS
2 Liter
SAVE UP TO 2.92 ON 4

4/\$5
for



COKE FAMILY OF PRODUCTS
8 Pack - 12 Oz.
SAVE UP TO 3.33 ON 3

3/\$9.99
for



DASANI (Where Available)
24 Pack - 500 mL
SAVE UP TO 3.00

\$3.98
ea.

Prices good March 16 through March 22, 2014.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
MAR	MAR	MAR	MAR	MAR	MAR	MAR

American Owned & Operated!
Visit Us At www.ingles-markets.com or

For Store Locations, Or For Store Numbers Visit: www.ingles-markets.com Or Call Our Customer Service Number : 1-800-635-5066
NONE SOLD TO DEALERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT TYPOGRAPHICAL AND PHOTOGRAPHIC ERRORS.



UP TO 50¢
DOUBLE COUPONS
EVERYDAY

For complete Double Coupon Policy See store for details. Certain other restrictions and limitations apply.