



PHOTO BY DUSTY ALBINGER

Beat From The Street

LARISA KARR
News Editor
lakarr@unca.edu

Many stories lurk throughout Asheville, whether they are behind the Vaudevillian Jazz Folk played by buskers around Pritchard Park, the colorful business decorated with funky hand made crafts or the laughter from a patio as locals and tourists alike enjoy delicious beer.

CATHY HUBBELL, 65, UBER DRIVER, ORIGINALLY FROM CONNECTICUT

So what brings you out here today?

"Trying to get a happy game going and I have some friends from out of town. I wanted to show them the drum circle. But they take a long time shopping, trying on clothes, so I said, 'I'll meet you here.'"

Yeah, yeah. So, what brought you to Asheville?

"My brother was here first and he said, 'Cathy, you've gotta come to Asheville' and so, I did. So, it's been great. Since I got here, I found out about a women's motorcycle club. I don't know if they're still together but I was with that for awhile and we got to be in a movie called *My Fellow Americans*. In the movie, we rescued the president and then also, I think it was the biggest, best thing for my heart. I mean, nothing wrong with my heart, good heart

medicine. I joined a chorus called *Womansong* and by the way, we're doing a concert on Oct. 6 and 7."

OK.

"Or it's the 7th or 8th."

One of those days.

"*Womansong* is wonderful because it has its own charity called *The New Start Program*. Since 2006, we've given out more than \$153,000 away to women who needed a new start, we're out of abusive relationships or —"

That's awesome.

"I know. It brings me a lot of joy."

Yeah.

"So I like to get hacky sacks. I love to play frisbee. When I was young, I never thought that when I was 65, I'd still be just as playful. I like to teach people how to juggle, too, you know and if I find someone that knows how to juggle, if they don't know how already, I'll show them the passing thing, 'One, two, three,' pass, 'One, two,' you know, then 'one, two,' pass. Anyways, I

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Master dancer shares life-long experience

LINDA CUMMINS
Multimedia Staff
lcummins@unca.edu

Her first dance class taught her how to invent movement. She invented a life out of it.

Ruth Barnes, professor and dance program coordinator at Missouri State University, shared the story of her journey through dance Oct. 17 at the Sherrill Center.

"All children dance. I started at the time with what was called creative dance for children. I have been told that is backward as far as

training. Whatever. There is no forward or backward in training. You start with whatever you start with and expand," Barnes said.

Barnes was one of the speakers brought in on residency to help broaden dance students' understanding of what dance is, nationally and internationally, said Celia Bambara, assistant professor and dance program director.

"I've known Ruth a long time and I believe she has an amazing range of things she could bring to the student population," Bambara said.

Barnes said her early training was not marked by technique so much as improvisation. She took her foundational dancing lessons at the 92nd Street Y in New York City whose dance center was directed by Doris Humphrey. Humphrey was one of the first innovators of modern dance choreography and studied the theory of movement to create her pieces. Formed in 1935, the 92nd Street Y Dance Center hired leaders of the modern dance movement to teach, including Martha Graham, Bonnie Bird and Humphrey.

"My mother had very strong opinions about what was healthy for young children and Humphrey's ideas were about, 'How does a child develop? What are we trying to encourage in very young children?'" Barnes said.

At that time, ballet schools would not accept a child below the age of 8 for a conventional ballet class because their bones aren't knitted properly, the joints aren't ready, Barnes said.

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