

Features

How Was Your First Week At BC?

"I was quite nervous because I came here alone from Japan, but I feel better now because everyone is very friendly."

Chie Osumi



"I was very bored because I had no friends, but now I feel okay."

Suzette Charles



"Kind of ok"
Amit Khemani



"I like the cafeteria, but I miss the food in Japan."
Yurie Matsuzaki

"Was good because it helped people who were nervous."
Scott Apicella



"Too many meetings"
Billy Eads



Show Respect For The Forest

MINIMIZE YOUR IMPACT LEAVE NO TRACE

Explore the forest. Enjoy its many wonders. Show respect and care for the forest by leaving as little impact as possible on the environment. PLEASE abide by the following guidelines to keep our trails in good condition.

ALL USERS

- *Know which trails are open to your particular type of recreation.
- *Stay on the trail. Cutting switchbacks damages vegetation and causes erosion.
- *Walk or ride through muddy spots on the trail. Going around them widens the trail.
- *Report maintenance problems to the Pisgah District office: 704-877-3265

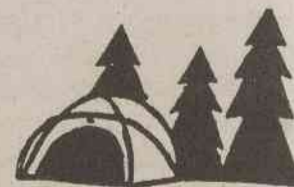
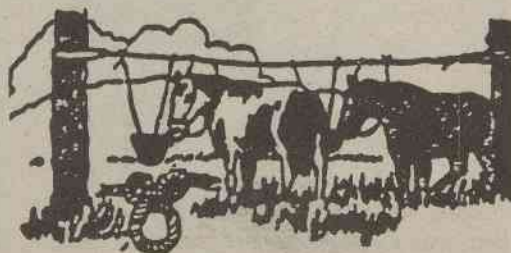


MOUNTAIN BIKING

- *Stay on the approved trails and maintain traction. Riding off trails or skidding down slopes damages resources and creates erosion and may destroy the trail.
- *Do not ride through steep stream crossings. Use established foot bridges or carry your bike to avoid erosion.
- *Avoid trails after a saturating rain. Ride on gravel or grass roads instead.

HORSEBACK RIDING

- *Tie horses to a hitchline, even for short periods. Cribbing, trampling roots, and loss of bark kill trees.
- *Use high and dry trails after wet weather. When wet, low and stream side trails are easily damaged by horses.
- *Never ride over man-made structures such as steps or bridges, unless built to accommodate horses.



BACKCOUNTRY CAMPING

- *Campfires are banned in Shining Rock and Middle Prong Wildernesses.
- *Use only existing campsites. Avoid areas where impact is just beginning.
- *Remember: Pack it in, Pack it out, Leave what you find.

