

Cooking With Tex

German Beef Stew

Servings: 4-6

Ingredients:

- 1 -2 lbs of stew meat or you may cut up a lean type of beef
- 1 cup onions
- 1 cup of celery
- A bunch of carrots or use small bag of miniature carrots
- 5-8 potatoes (depending on size)
- Water with beef broth cube (or just add 1/2 to 1 cup of beef broth- knorr's)
- Natural apple juice or wine
- 1-2 bay leaves
- Salt, Pepper, onion powder, garlic powder

METHOD

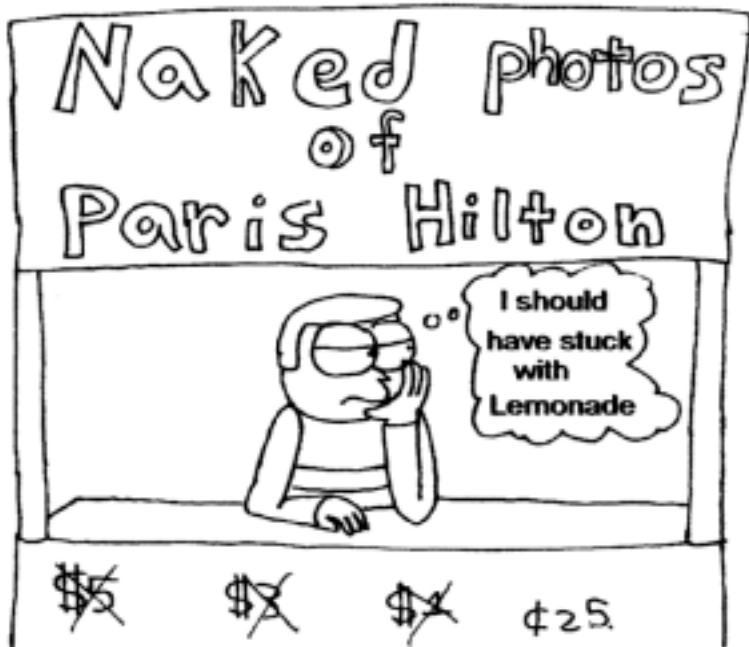
1. Take your meat and brown in olive oil in a stew pot.
2. Add a little flour or bisquick as you brown mea. Add celery and onion until it has been sauted in the oil, Add enough water-beef broth to just cover the meat,(this could be 1/2 cup or 1 cup depending on the amount of meat but do not put too much water, you do not want soup) Cut up your potatoes, and carrots (you may add green peas if you like).
3. Add bay leaves (optional). Now, the secret to German Stew is the use of Apple juice!
4. I use very little water and add 1-3 cups of natural apple juice depending on the amount of meat.
5. You can use wine about 1 cup instead but it does not give the German taste like the apple juice. Simmer on the stove for 1-2 hours, stirring to ensure that it does not burn. You can let the stew sit together and the flavor gets even better.
6. I have never tried this in the crock-pot but it may work, but it is important to brown your meat with the onions and celery and add flour so the mixture will thicken.

This makes for 4-6 servings, depending on the amount of meat, carrots and potatoes. You can make it for a large crowd or a small one.

It is great on a wintery day - Serve with hot biscuits, and a salad. (Some people serve a side of cooked ed cabbage seasoned with vinegar and apple cider.) Desert could be a hot apple pie or apple strudel with ice cream. You have a robust German meal! This recipe can not be messed up. Just use your imagination and your culinary skills. Enjoy!



Comic by Dabney Farmer



Hypothetical Question of the Week



By Tom Young and Cody Siniard

You're in a room that has three doors. Behind one of the doors is an exit to safety that is marked with an exit sign. However behind one of two unmarked doors is a briefcase with a \$1,000,000 dollars in it. Behind the other unmarked door is a contraption that will automatically inject your body with a serum. This serum will cause you to have the slowest and most painful death known to mankind. It will take you one week to die and the room will serve as your coffin. Would you choose to exit the room safely saving your life or would you take a chance on becoming a millionaire.