



BC Athletics banquet and awards ceremony

By Aia Andonovska
Staff Writer

Brevard College Athletics unveiled its 2018-2019 award recipients at the annual “Bespys” Awards Banquet held the evening of April 24 in Boshamer Gymnasium.

At the awards banquet, presented by the Brevard College Student-Athlete Advisory Committee, season awards were handed out to recognize exemplary athletic and academic achievements. Some notable winners are as follows.

The Male Athlete of the Year was presented to Football’s Bubba Craven, a senior wide receiver from Pleasant Garden, N.C. Craven broke career and single-season school records in receiving yards, touchdowns and completions en route to earning USA South First-Team All-Conference honors. Craven also received the John McKissick Award, which is presented to the most outstanding football senior both on and off the field.

Senior Ashley Hughes of Women’s Soccer won the Female Athlete of the Year. Hughes, a native of Charlotte, N.C., broke the school single-season record and tied the career record for goals scored. A CoSIDA Google Cloud Academic All-District performer, Hughes also was named to the USA South Conference All-West Division Second-Team and to the conference’s All-Sportsmanship Team.

Tyler Orschel, a sophomore from Uxbridge,

Canada, won Male Cyclist of the Year. Orschel was a member of the Brevard’s national championship team relay at the USA Cycling Cyclocross National Championships. He finished second in the individual omnium at the USA Cycling Mountain Bike National Championships and won the Southeastern Collegiate Mountain Bike Omnium title. Orschel also represented his home country of Canada at the UCI Cyclocross World Championships in Denmark.

The Female Cyclist of the Year was presented to Hannah Arensman, a junior from Valdese, N.C. Arensman raced two segments of the team relay en route to a national championship win at the USA Cycling Cyclocross National Championships where she also finished third in the individual omnium. Arensman placed fourth in the omnium at the USA Cycling Mountain Bike National Championship and won Cross Country and Short Track titles at the Mad Dog MTB Race and the High Country MTB Challenge.

Freshman Football student-athlete Dalton Cole was named the Male Rookie of the Year. Cole, a native of Hendersonville, N.C., led the USA South Conference in touchdown passes and completions en route to being named the USA South Conference Offensive Rookie of the Year.

Hannah Scharf, a freshman Women's Lacrosse midfielder from Southport, N.C., was named

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(From left to right) Bubba Craven, Ashley Hughes, Tyler Orschel, and Hannah Arensman; each received awards at last Wednesday’s banquet for their athletic performance this school year.

Final exam stress relief

By Zach Dickerson
Campus News Editor

Final exams for the Spring 2019 semester are here. Testing began Sunday, April 28 and will end on Friday, May 3. Many students have difficulty relaxing and dealing with stress during this time. Here are some tips to help with that:

1. School organized events/ activities

Brevard College puts together many events/ activities that they like to hold during exam week in order to help the students of the campus relax and de-stress. One of these are professional massages that they usually hold in Tornado Alley. This event is typically first come first serve so you will have to sign up or show up fast. Another event that campus puts together is sometimes having therapeutic animals on campus for students to come and pet and spend time with. This event is usually located outside of Jones Library.

2. Go outside and off campus to explore

The city of Brevard and beyond is home to many great places and ways to help relax and de-stress. Close by, for those who don’t have a way of getting far off campus, there is Downtown Brevard which is filled with many quaint shops and restaurants to choose from. There are also many great parks and forests to choose from, such as DuPont or Pisgah, to go explore nature, hike or whatever. Or, if you want to get real far away from campus, there is always Asheville

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