

Athletes, help me to help you

By Julie Carter
Opinion Editor

I am a teaching assistant. I assisted in PLS 210: American Government, for two separate semesters. Now, I am helping with HIS 101: Ancient History and Medieval Europe. In my time as a TA, I have had several ups and several downs.

The work is a lot if you're as passionate about it as I am. The students you normally take classes with become entirely separate people to you. To me, they will always be "my students." I care about them and want them to succeed. You work as hard as you do, so they will do just that.

However, one of the biggest pains as a TA is having to do scheduling gymnastics with student-athletes when they are in season. To put it briefly, it is simpler to do my taxes than finagle a time where I can meet with four students to help them go over their essays. Sometimes I wonder how we all managed to

fit into our schedules to meet twice a week for class alone.

It drives me up the wall when a student who I know clearly wants to succeed comes up to me utterly exhausted and just trying to do the basic tasks of a college student. Things that are simple tasks to any other student like writing essays or studying for an exam become monumental tasks.

I am not an athletic person, never have been. I would like to be able to say I could at least catch things well, but most of the time it just leads to me getting hit with a dry-erase marker in the face when the professor I assist needs me to quickly write something on the board. I cannot begin to fathom what a student-athlete goes through. For the ones who actively want to be excellent students and athletes, I actively applaud. I'm exhausted now. Throw me into your schedule, and I would likely drown. You are not the cause of the trouble at all.

Frankly, I do not know who to blame or even

if anyone is to blame. All I know is that this is not working. I see my students scrambling to get dinner at the last minute before running to study sessions with people like me. I feel myself getting so frustrated, but I can only imagine what they are going through.

Oftentimes, my students don't feel like they can stand up for themselves and admit that they are wholeheartedly exhausted, at least not to professors, teaching assistants, and maybe even coaches. This is bullshit. Your mental health matters just as much as your physical capabilities. If you're drowning, tell me. I want to help you. One of my TA duties is literally to try my damndest to make your life easier.

I am limited in my abilities to aid you since I am merely a TA, but my resources extend far past what I am currently using. As a TA, I am your advocate, your teacher, and (still) your peer. I have your back. I know the pressure in which you have been placed, but, just know, your TA has got you covered.

What to stream

Continued from page 6

real-life paranormal investigators, the Warrens, as they look into some of their cases of the supernatural and paranormal.

"It" Chapters 1 and 2 (2017 and 2019):

Also from the mind of Stephen King, what is believed to be a shapeshifting clown begins his new cycle of feeding by preying over a small, fictional town in Maine. It is soon up to a group of children (and then them as adults) to end this monster's cycle of fear feasting once and for all.

"A Quiet Place" (2018):

The world has been overrun by monsters that hunt by sound, and if they hear you, they will hunt you down. This family must work for survival in this new world, and way of living. A mixture of dystopian and horror and done entirely with little to no dialogue, this movie is well executed on many levels.

"Hereditary" (2018):

When the matriarch of a family dies, her daughter slowly learns of her mother's secretive life as the family soon becomes preyed upon by a demon and the coven that is working for the demon that the grandmother was a part of.

"Suspiria" (2018):

This is a remake of a film that was released in

1977. Set in Cold War era Berlin, an American girl goes to a world famous dance school that is soon learned to also be a coven of witches, but that's not the only secret that is being kept.

"Us" (2019):

A family goes on vacation, the mother is haunted by her traumatic past and the family begins to be hunted down by their doppelgangers. The family soon figures out that the rest of the country is dealing with the same thing as well. Done by the same director as "Get Out" (2017), this movie definitely plays off of horror elements more successfully than his previous one.

There were many other horror movies that were not able to be mentioned on this list. Including honorable mentions such as "The Hills Have Eyes" (1977), "Insidious" (2010), "Sinister" (2012), "An American Werewolf in London" (1981), "It Follows" (2014), "Poltergeist" (1982), others mentioned within the list and many others that were not listed because it is such an expansive genre.

Hopefully everyone will enjoy a lot of these picks on this list and many others. Do yourself a favor and watch a good scary movie and have a good scare. Happy Halloween!

We want your blood!

The Blood Connection will be at Brevard College on Tuesday, November 19th from 11:00am - 4:00pm.

Now all blood donors will receive a \$20 Visa gift card!

We need YOU to help us save precious lives!

Visit <https://donate.thebloodconnection.org/crm/drives/view/135404> to preregister for your donation.

Appointments honored first, but walk-ins are always welcome!

WE HOPE TO SEE YOU THERE!

THE BLOOD CONNECTION
Your Community Blood Center