

### KAY GARDENER PERFORMS AT GERRARD

Kay Gardener performed November 19 in Gerrard Hall in a concert sponsored by Real Women Productions and co-sponsored by CGLA. The concert featured her Rainbow Path and some improvisatory music.

Gardener composes lyrical, improvisational and experimental music designed for relaxation, meditation and healing. Her work has been called New Age (a term used to describe a multitude of musical sins including Yuppie elevator music) because it includes a variety of spiritual experiences by both the listener and the performer.

The performance of A Rainbow Path was unlike any other performance I have ever attended. At the beginning of each movement a deeply colored slide with labia and flower-like images (called a mandala) is projected on the wall. The audience provides a drone by humming the meditation syllable (chakra), while focusing on a body part, feelings associated with that body part and a familiar scent. For example, in one movement with a deep purple slide, the audience focused on the heart while droning "oh" and thinking about compassion and the smell of pine needles.

At the end of the performance I felt deeply relaxed and like I was in a trance. The performance gave me the opportunity to explore a huge variety of feelings in a way that was completely new to me. It felt like a healing experience -- like the most comforting hug I've ever had. (I feel like I'm raving a little bit, but trust me, it was an amazing experience.)

Gardener also performed improvisatory music on a variety of flutes: concert, alto bamboo and globular. She also brought some percussion instruments from Tibetan and Native American cultures. Her music is technically impressive. She has a good knowledge of many world musical traditions and is comfortable working in modes (which are like keys) from India and Tibet, and even a Lesbian mode.

A round of applause is in order for Real Women Productions. This group of three women has provided the Triangle Area with an amazing number of quality concerts in the last two years. Their shows are excellently produced and they are an invaluable asset to our community.

Gardener's latest album, "A Rainbow Path" is available on the locally-owned Ladyslipper label. It contains information on the meditations that accompany the music.

--Pippa Holloway

728 NINTH STREET, DURHAM

Monday-Saturday 10-6  
Sunday 11-4 • 286-3911

*dress naturally*



*vaguely*  
**REMINISCENT**



Dear LAMBDA Reader...

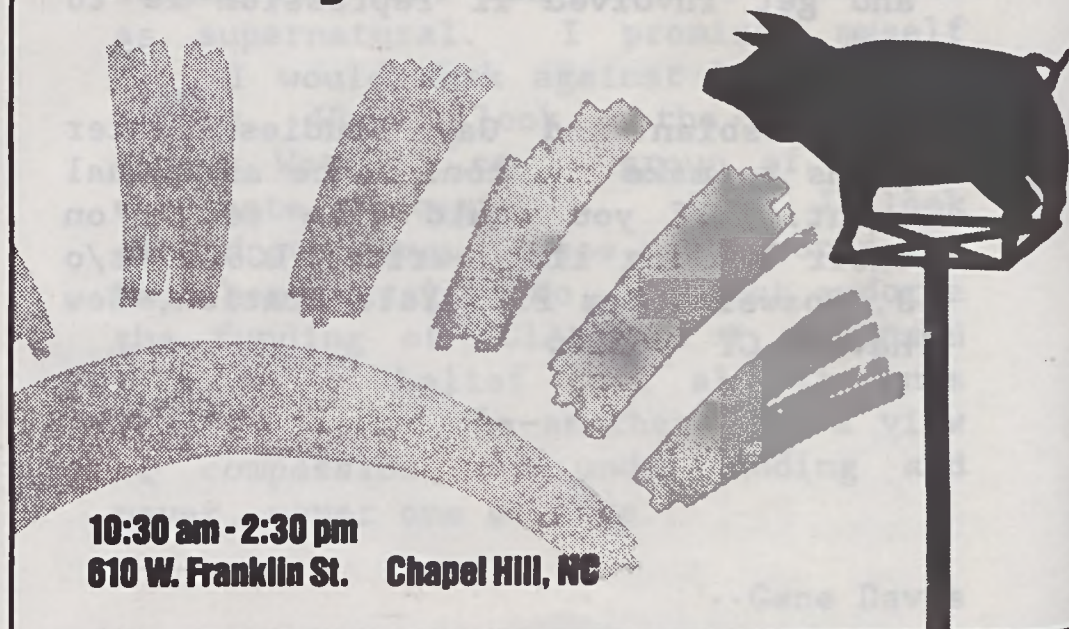
This year the percentage of our budget which we must obtain through fund raising has been increased to 50%. At the time of this writing, we still need to raise \$1168. If we cannot raise the required amount, our funding from student fees will be lowered next year.

We ask for your assistance in raising these funds. Donations are needed in any amount, and will be used to produce LAMBDA, to put on events such as the Romanovsky and Philips concert, and for education on Lesbian/Gay issues and AIDS.

Please send your contributions to CGLA, CB# 5210, Carolina Union Box 39, UNC-CH, Chapel Hill, NC 27514. We thank you for your concern, and we wish you peace and joy in the new year.



## Sunday Brunch at Crook's



10:30 am - 2:30 pm  
610 W. Franklin St. Chapel Hill, NC