

ACADEMICS

Survey forecasts more jobs for '80 graduates

EAST LANSING, Mi. (CPS) — Despite economists' fear of a deep and long-lasting recession, the 1980 college graduate stands a one-to-two percent better chance of landing a job than 1979 grads, according to a new Michigan State University survey of large employers. Students with bachelors degrees are going to be more actively recruited than those with master and doctoral degrees, the survey also found.

"We hear a lot of talk about a recession," said MSU Placement Director John Shingleton, "but college grads are in good shape for two reasons. First, grads are being hired by companies for the long run. We're not talking about positions that will go up and down. Second, if there are going to be cutbacks (in personnel during an economic slowdown), they're going to be in the blue collar ranks."

Shingleton's study was a survey of 471 employers across the country.

The results convinced him that the

heaviest recruiting will be in accounting, aerospace, electronics, retailing, the military, and by the petroleum industry.

Most employers, though, said they were more interested in recruiting students with bachelors degrees than those with associate, masters or doctoral degrees.

Shingleton also discovered beginning salaries will be up seven-to-eight percent over last year. Thirty-four percent of the employers surveyed said starting salaries they offer are negotiated during the hiring process, while the remaining two-thirds of the employers set salary levels before applicants walk through the door.

Even education degrees, until recently considered express tickets to the unemployment line, are more valuable in the job market, the survey found. Demand for math, science, industrial arts and special education teachers is especially strong.

The University of Wisconsin, for exam-

ple, announced three days after Shingleton announced his findings that it had placed 77 percent of its 1979 education graduates in teaching jobs. Only two percent of those graduates willing to relocate didn't get jobs.

The Michigan State study confirmed

that relocation is a major factor in most hiring decisions. Most companies said convincing graduates to move is their most difficult recruitment problem. The majority of job opportunities this year seem to be in the south-central, north-central and south-west regions of the country.

Government and Journalism internships and jobs offered

Institute of Government

The UNC Institute of Government is accepting applications for its summer internship program in state government.

College seniors, juniors and sophomores who are North Carolina residents or attend a college or university in the state have until Feb. 1 to apply.

An advisory committee will select 24 students to work May 27-Aug. 8 in responsible positions in agencies of state government in Raleigh. The interns will live on the N.C. State University campus and participate in seminars with state political leaders. They will be paid approximately \$125 for a 40-hour week. College credit is available.

Interested students may obtain further information and application forms from college placement offices, job service offices or the Institute of Government.

Applications should be sent by Feb. 1 to Institute of Government, Knapp Building 059A, UNC-CH, Chapel Hill, N.C. 27514.

Reporters Committee 1980 Internship Program

The Reporters Committee for Freedom of the Press is sponsoring a clinical internship program for a limited number of qualified undergraduate and graduate journalism and government students interested in researching and reporting on First Amendment problems of the press.

This program focuses on direct and active student participation in reporting and writing projects on the press and the law, including writing for a magazine on news media legal problems.

Areas in which the student can be expected to conduct supervised research and reporting include: prior restraints on publication and distribution; protection of confidential news sources; gag orders, judicial secrecy and access to the courts. Each student is assigned to one of the above areas to gather information.

North Carolina Internship Program (NCIP)

The North Carolina Internship Program's 1980 summer internship program will extend for a ten-week period beginning June 2 and ending Aug. 8. Each internship is designed to provide an opportunity for students to learn about government and public service professions by doing actual work in a field related to their academic interests.

Students accepting internships will be expected to work a 40-hour week for ten weeks. Interns will be paid \$3.12 per hour and will be classified as temporary state employees.

Applications for the 1980 summer program must be submitted to the Youth Involvement Office on or before Feb. 13. To apply, complete one copy of the application for employment for the State of North Carolina. This form may be obtained from the UNC Placement office or a local office of the Employment Security Commission. Then, write a brief accompanying letter stating your reasons for wishing to participate in the program, including special interest areas. Enclose a one-page resume briefly describing any previous internships, your present academic standing, and extracurricular or civic activities which you believe are pertinent to your consideration for the program. Also, enclose a year-to-date transcript of your post-secondary record.

Send the completed application and supporting materials to: N.C. Youth Involvement Office, 112 West Lane St., Suite 115, Howard Building, Raleigh, N.C. 27611.

The Raleigh Times

Several general-assignment reporting internships are available this summer at **The Raleigh Times**. The internships will be for a 10-week period, conforming to the student's schedule.

Resumes will be accepted after Jan. 1 and should be sent (along with clips) to Harold Muddiman, City Editor, The Raleigh Times, 215 S. McDowell St., Raleigh, N.C. 27601.

Spring Group Programs

Each semester, the University Counseling Center offers a number of group programs. Most will meet weekly for 1-2 hours. For some, the starting date is indicated; for others, you must call the UCC to find out the time. If you want to sign up for a group, please call the UCC number 933-2175, and indicate which ones you are interested in or bring or mail the application blank to the UCC, Nash Hall, 032-A, UNC, Chapel Hill, NC 27514. You will be given further details about the meeting place. To participate in some of the groups, you must first make an appointment to see the leader, which you should do as soon as possible. If the starting time indicated here is impossible for you, call us anyway and ask to be put on a waiting list, since additional groups may start later in the semester if enough people express interest.

SINGLE PARENTING IN THE UNIVERSITY COMMUNITY

Combining the roles of single parent, student, and career person can be a challenging experience. With this in mind, the UCC is sponsoring a group for single parents, men and women. The group is designed for UNC students who are single, separated, divorced with at least partial responsibility for a child or children, especially those students new to Chapel Hill or to single parenthood. The group will provide an opportunity for mutual exploration of needs and issues, such as:
Time Management: How do I juggle time for my children, my studies, and for me?
Doing it Alone: The stresses and joys of single parenting.
The use and generation of resources in the community, such as babysitting co-ops, etc.
The task of sensitizing both employers and the academic community to the unique circumstances of the single parent family.
Local professionals will be invited to address areas of particular interest which the group itself suggests. The initial meeting will be Monday, January 21, from 8-9 p.m. in the Conference Room of the Chapel of the Cross, 304 E. Franklin St. Time of future meetings will be discussed then. Bring a bag dinner, if you wish. Child care will be provided. For more information, contact Stella Wough, UCC, Nash Hall, 032-2175.

ASSERT YOURSELF!

Stop putting yourself down! Assertion training can help you express your feelings, preferences, needs and opinions in a way that is neither threatening nor punishing toward others. We will explore how your self-esteem influences your attempts to be a more assertive person. Topics include: expressing positive feelings, standing up for your rights, expressing anger constructively, making and refusing requests and learning how to like yourself. Leaders: Tina Bessinger and Victor Barr. Time: Wednesday 7-8 p.m., beginning January 23 (8 sessions).

WHAT DO I WANT TO DO?

This is a short program (2 sessions) designed to help you identify your values, interests, and skills and learn to combine them in a meaningful way in choosing career possibilities. Leader: Penny Rue. Session I - Monday and Thursday, Jan. 28 and Jan. 31. Session II - Tuesday and Thursday, March 11 and March 13.

COPING WITH STRESS

College may be hazardous to your health. The pressures of student life are many and varied - grades and tests, papers, projects, dating, friendships, finances, parents, etc. How do you handle stress? What do you do to alleviate the pressure? Join us in learning where stress comes from, how it works, and what to do about it. Topics include: internal and external causes of stress, techniques for relieving it and relaxation training. Leader: Stella Wough and David Kaplan (Tues.). Bob McDonald and Jim Whiteside (Thurs.).

LEADERSHIP SKILLS

This is a new workshop, designed in a flexible manner so that it can be adapted to any student group already working together which would like to increase its effectiveness. Possible topics will include: goal setting, decision making, leadership style, assessment, feedback, role negotiation, and others. Contact Penny Rue (933-2175) or Archie Copeland (966-3176) to arrange a consultation.

SPEECH ANXIETY

Designed for those who find public speaking (e.g., in a class or before a group) an uncomfortable experience. It will focus on anxiety reduction (relaxation techniques) and skill building (e.g., speech organization, voice quality and posture). Leader: David McNair. Time: Monday, 7-9 p.m., starting Feb. 4.

PRE-CAREER EXPERIENCE

An introduction to the Pre-Career Experience Program (P.E.P.), which helps students find internships, summer jobs, volunteer experiences, and other short-term work. You can register to receive the P.E.P. newsletter and will learn of the many services available. Students should pick up a schedule of the times the meeting is offered in the reception area of Nash Hall. No sign-up is necessary. Leader: Ruth Bernstein.

OVERCOMING THE SHY SYNDROME

This workshop is designed to assist students who have problems communicating in both social and academic settings. Participants will set individual goals to work on specific communication tasks which they have previously been reluctant to try. Students will be asked to make a commitment to participate in all 8 sessions. Please call UCC (933-2175) for information on screening interviews. Leader: Sherry Parham. Time: Tuesdays beginning February 12, 7:30 to 9:30 p.m., 108 Bingham.

TIME MANAGEMENT

Are you a juggler? Trying to find time to go to class, study, participate in activities, party and sleep? If so, you probably need to improve your time management skills. Learn to set goals and priorities, kick the time abuse habit and learn about skills and resources that can help you make more effective use of your time. Invest two hours and your dividend will be greater control over your life. Leaders: Penny Rue and Ruth Bernstein. Please indicate which group you are interested in.

Session I: Thursday, Jan. 24, 7-9 p.m.
Session II: Thursday, Feb. 21, 7-9 p.m.
Session III: Thursday, Mar. 20, 7-9 p.m.
Session IV: Thursday, Apr. 3, 7-9 p.m.

HOW TO EAT EVERYTHING YOU WANT WITHOUT FEELING GUILTY

Do you want to lose a few 10-15 pounds and keep them off? Would you like to learn to stabilize your weight? Do you want to deal with stress and not eat your way through it? Would you like to learn a reward system that is not based on eating? Do you want to make eating a pleasant and exciting experience? If you can answer "yes" to any of those questions, this could be the group for you. For more information call Lucy Minuta (933-2781) or Pat Hanks (933-2175). Starting date: Monday, January 21. Future times to be arranged. Call for screening interview.

OVER 25 AND OVERWHELMED

Have you been away from the busy Tower too long? This series of programs will help students older than average recapture old abilities and learn new ones. The format will be a bag lunch seminar. Specific dates, times and places will be announced in the Daily Tarheel, or you can call the Counseling Center for more information.

Jan. 16, 17: Time Management

February: Studying Less and Enjoying It More

March: Putting Together an Effective Paper

April: How to Survive Finals

BESIDES GROUPS

The University Counseling Center also offers personal and career counseling on an individual basis to UNC students. The testing program at the UCC provides personality and career interest tests and the occupational educational information library offers excellent resources on careers and graduate school programs. The Center is staffed by professional counselors and counselor interns.

UNIVERSITY COUNSELING CENTER SPRING 1980 GROUP PROGRAMS

Please reserve space for me in the following groups:

Name _____ (print)
Address _____
Phone _____
Bring or mail to: University Counseling Center
Nash Hall, 032-A
Univ. of North Carolina
Chapel Hill, N.C. 27514
Year in school _____

university counseling center
nash hall
monday-friday
8-5
933-2175
nash hall