



SECOND FRONT



Boan Wins Contest

Special to The Pilot

Dr. Rudee Boan of Boiling Springs, NC has been named the winner of the Gardner-Webb College playwriting contest according to an announcement made by John Brock, Director of Theater at GW.

The title of the winning entry is "No Man Knoweth His Sepulchre" and deals with a 35-year-old business executive who, after a series of personal tragedies, goes into an Atlanta subway station to commit suicide. There he meets a homeless drifter who is at times frustratingly naive. Each turn in their comic relationship proves even more humiliating to the executive, who ultimately learns the meaning of the drifter's obser-

vation that "no man knoweth his sepulchre."

A native of Statesville, NC, Dr. Boan is an Assistant Professor of Sociology at GWC. Before coming to the college, he was Assistant Director of Research for the Southern Baptist Convention's Home Mission Board in Atlanta. He holds a doctorate from Southern Baptist Theological Seminary in Louisville. He graduated from Lenoir-Rhyne College and also holds two Masters degrees. This is his first attempt at playwriting.

The contest drew entries from a wide area. The winning entry will be produced by the college in April. The contest winner will receive a \$350 cash award. "All entries were from non-published and non-



produced playwrights in order to encourage new works in the region," Brock said. This is the first year the college has held the contest, but Brock says, "Due to the tremendous interest we will undoubtedly make it an annual event."

GWC Makes a Splash

Special to The Pilot

The term "aerobics" generally brings to mind a youthful person bouncing and 'dancing' to rhythmic music. This is definitely aerobics. However, aerobics today also means something else--getting wet!! Research has shown that aerobic type activities practiced in a pool are very helpful in developing aerobic capacity. These type activities are generally done in the shallow end, so being able to swim is not generally a necessity. Because body buoyancy is increased in the water, there is much less stress to the joints, ligaments, and muscles than with traditional aerobics, though both have very specific benefits.

Water aerobics got some of its first recog-

Special to The Pilot

The swim club at Gardner-Webb was recently formed to allow swimmers of any caliber, from the former year-round swimmer to the beginner, an opportunity to swim in a team-like atmosphere. The club stresses stroke improvement and fellowship as well as fitness improvement. Workouts consist of stroke/turn work combined with short interval speed work based on the skill and fitness levels of each individual. Distance training is not an integral part of practice.

The swim club hopes to eventually establish intramural competition or even inter-collegiate competition. The club is supervised by Oz Prim who has 16 years experience as a swim coach and Ben Davis. The swim club is working to establish a firm footing next year, so everyone is welcome to be part of the swim club experience next season.

SEE "AEROBICS" p. 7

Presidential Scholarships Increased

By Kathy Henson
Co-Editor

GWC President Chris White announced recently that Presidential scholarships will be raised to cover 80 percent of tuition, an increase of 30 percent.

The Presidential scholarships began in the seventies with President Craven Williams' administration. There are ten scholarships, one for each president of Gardner-Webb. There is one Spangler Leadership Award in the same amount which will also increase.

The Presidential scholarship is the highest academic scholarship given by GWC. Normally 75 to 100 high school students apply. The top 45 or 50 come for interviews which narrow down the top ten.

Anorexia Nervosa: Is It Worth the Price?

Special to The Pilot

It can sometimes lead to death, all for the sake of "looking good." And yet, many of the victims are razor thin, almost to the point of emaciation. The symptoms are sometimes obvious, and sometimes a complete shock to family members who discover that someone they love is literally starving themselves to death.

The disease is known as anorexia nervosa. It is most prevalent among girls 14 to 16, but it is also an increasing problem on college campuses around the country. Victims are concerned about weight and body shape and reduce their food intake to almost nothing in order to achieve the "perfect" body.

A sister disease, bulimia, is found more often to be a problem for those in their late teens or early twenties. Those who have bulimia develop a routine of fasting, over-eating, and purging through vomiting or laxatives. This disease is hard to detect be-

cause there is not always a dramatic weight loss.

Five percent of the female population in North America suffer from one or both of these diseases, and twenty percent of those end in death. The treatment for anorexia is long and hard, due to the complex set of physical and psychological symptoms.

The emphasis in society seems to be on being thin, and yet this urge to purge causes thousands of men and women to die of heart failure.

Perhaps the most famous victim of anorexia nervosa was 1970's pop singer Karen Carpenter. At one point, the five-foot-four singer's weight had dropped to 85 lbs.

Women are not the only ones to suffer from bulimia or anorexia. Five percent of anorexics and 10 percent of bulimics are males. This phenomenon has only begun to be researched.

A few of the symptoms of anorexia ner-

vosa include not eating, dizziness, fainting, nausea, tiredness, failing eyesight, and an exaggerated fear of being fat. Bulimics also fear being fat, but they go on shopping sprees and typically binge approximately 11 times a week, although it varies for each person. The constant purging by bulimics can cause irritations in the throat and esophagus, as well as destruction of tooth enamel by stomach acid.

Instead of finding the perfect body, many of the victims of these diseases only find emotional stress, physical deprivation, and, in some cases, death. So, is it worth the price?

GARDNER-WEBB STUDENT ELECTIONS
March 20th-22nd

