

## Sports Plus

### Student/Athletes of the Month

This year, *The Pilot* is sponsoring a Student/Athlete of the Month award. This award will be given to a male and a female student/athlete who exemplifies quality sportsmanship both on the athletic field and in the classroom.

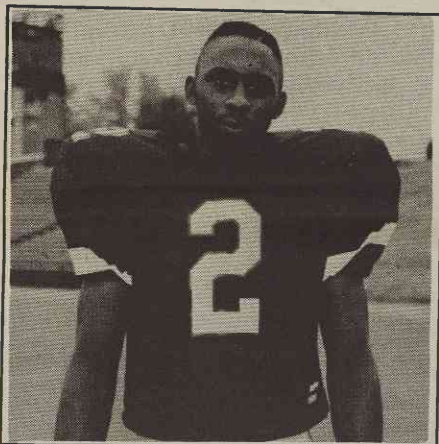
The recipients of the award will receive a certificate and recognition in *The Pilot*, The Official Campus Newspaper.

At the end of each season, The Pilot will

award a Student Athlete of the Year award to the male and female that has exemplified quality sportsmanship and determination on the athletic field and in the classroom.

Those recipients will receive a plaque at the awards banquet.

*The Pilot* would like to congratulate Terry Guess and Sherstin Lauman for being chosen as the Student/Athletes of the Month for September.



Sophomore Terry Guess is ranked third in the conference and averaging 167 all purpose yards per game with five touchdowns.



Junior Sherstin Lauman is allowing only 2 goals per game. She had 50 saves, played 780 minutes, had 2 shutouts.

### Cross-Country looking for respect

by James R. Sexton  
sports editor

Keeping with the tradition of other fall athletic teams, the GWU cross-country team, under the leadership of Coach Wince, is off to a terrific start.

"This is our second full year. I expect us to move up in the conference this year," said Wince.

Although cross-country is considered an individual sport, the players are stressing teamwork.

"We are working on becoming a stronger team. We want to become closer as a team," said runner Heather Walton.

Becoming a stronger team should help this team compete well, but the runners also want to be recognized and supported.

"We would like to be recognized as a prominent team on campus," said Petra Orloff. "We want people to recognize that we are a team and we work hard to win meets."

"The men's team is mostly wrestlers. They have been really faithful," said Wince. "These guys are as tough as anyone in the conference."

That toughness and hard work should begin to pay dividends as wrestling season is finally underway. It should also translate into respect and support.

This year's team is based on some young talent. Freshmen runner Frank Spurlock is one of the better runners on the team.

"I expect Frank to qualify for the nationals in the near future," said Wince.

This team, though it has some very good runners such as Orloff, Walton, Spurlock. Kim Zamrock, Cheryl Williams, Chris Austin, and Pete Scott, is not relying just on its better players.

"We all ran great times in our first meet," said Orloff. "No one has placed last yet."

Coach Wince believes that this team will not place last at any meet.

"There are some stronger teams, but we are solid and we really got it together," said Walton.

It is a known fact that cross-country is one of the least respected sports on campus. Therefore it becomes one of the toughest to compete in.

"Cross-Country is like wrestling. You're only as good as your pain threshold allows you to be. These guys are running 46 miles per week. That's pretty strenuous," said Wince.

## Homecoming Matchup



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Let's get ready to rumble!