

# Silent killer can affect both sexes

FROM Page One

kept secret.

There are also studies being performed now to discover whether there is a genetic element in the presence of eating disorders.

"Genes play a substantial role in transmission of both bulimia and anorexia nervosa," psychiatrist Cynthia Bulik said recently during a news conference at the Ninth International Conference on Eating Disorders.

Doctors have long known that eating disorders run in families, but it was usually assumed that family environment was the reason. Perhaps a lack of parental care contributed to the diseases, or maybe mothers passed their bad eating habits to their daughters.

Researchers, though, say they are far from finding an "eating disorder gene."

Though the genetic factor may very well be determined to be what causes eating disorders, the fact remains that they exist.

If you know of anyone who is struggling with an

***"It's not just a physical problem, but a mental one. If nothing's going right, I can at least control what I put in my body,"***

**Junior, Brooke Clark**

eating disorder, or you yourself are, there is help.

Here on the Gardner-Webb campus, the Counseling Center has several trained staff and offers free help to all students. The Center can be reached at Ext. 4563.



Pilot photo by Jessica Webb

## GWU Police urges students to be aware with Campus Watch

**Katherine Burch**  
Pilot staff

Have you ever seen someone lurking outside of your dorm who looks suspicious and out of place?

Gardner-Webb students now have another option besides calling Campus Police. Students can call Ext. 4444 as part of a new crime prevention program called Campus Watch.

David Wacaster, GWU campus police officer, brought the idea from his former employer the Shelby Police Department.

"I brought the idea from Shelby because I know how effective it was there," said Wacaster.

Campus Watch is designed to mirror the highly successful community watch programs.

The main focus of Campus Watch is to make students aware of

what is going on around them and be more safety conscious.

"The program will train students to be on the lookout for any suspicious issues and report them," said Wacaster.

Suspicious activity would include people lurking around dorms consistently, people being in the wrong places or out of place, loitering in parking lots and people hanging out in certain areas late at night.

These activities, according to the Campus Watch program usually involve non-students who should not be on campus.

The Campus Watch program doesn't replace Campus police, it simply enhances their effectiveness. GWU campus police will continue to make their presence known on campus.

"Our presence gives students a sense of security," said Wacaster.

The campus police split the campus up in regions and cover the campus many times daily.

"We are more visible. We are on top of things," said Wacaster.

However, Wacaster also knows unfortunately that because police officers do not live on campus that there is a different awareness of who belongs on campus.

He continues, "The mere fact of living on campus makes a difference."

University Police has divided the campus into watch areas, using their geographical locations as reference points, according to the Campus Watch pamphlet.

There will be several different regions in the Campus Watch program: Myers and Spangler; Lutz and Mauney; and H.a.p.y. and Stroup. There will also be the Commons Area, Royster and Campus

Housing. Students in each of these three regions will keep watch in these different areas on campus. These three regional groups will meet once a month to discuss safety issues, according to the information on Campus Watch.

All information given on the Campus Watch line will be kept confidential and the person giving the information will remain anonymous. In some cases, persons giving information may be eligible for reward money, according to Wacaster.

The overall reason for the new programs is to build community on campus.

"We want to broaden lines of community and relationships with students. The whole idea is to develop relationships and to build trust," said Wacaster. "We are people who care and have a reason for being here."