

Campus Life

Cooking: a lost art



several suggestions for cooking on a tight budget with little time

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Pilot Co-Editor

For many college students, cooking is a lost art. Because of busy schedules and miniscule budgets, many students don't cook. But these easy and cheap recipes should fit right into any college budget and time schedule. Most take less than 20 minutes to prepare and cook.

Cinnamon Sugar Breakfast Sticks

Needed Materials: Metal baking pan

Ingredients: Canned Biscuits, Sugar, Margarine, Cinnamon

Pull apart biscuits and roll out until each is a long stick. Spread a little margarine on each stick. Sprinkle sugar and cinnamon on top of the margarine. Bake using instructions on biscuit carton.

Quick Wraps

Needed Materials: Metal baking pan

Ingredients: Canned biscuits, Cheese, Ham lunch meat

Pull apart biscuits and flatten. Place ham and cheese on half of flattened biscuit. Fold the biscuit over into a pocket around the ham and cheese. Bake according to biscuit carton directions.

Biscuit Pizza Minis

Needed Materials: Metal baking pan

Ingredients: Flaky canned biscuits, spaghetti sauce, cheese, other pizza toppings

Pull apart layers of biscuits so that each biscuit is split into three horizontal layers (each layer is 1/3 of biscuit). Spread spaghetti sauce onto each 1/3 biscuit. Add cheese and other toppings and bake until cheese melts and biscuit "crust" is golden brown.

LIP SYNC

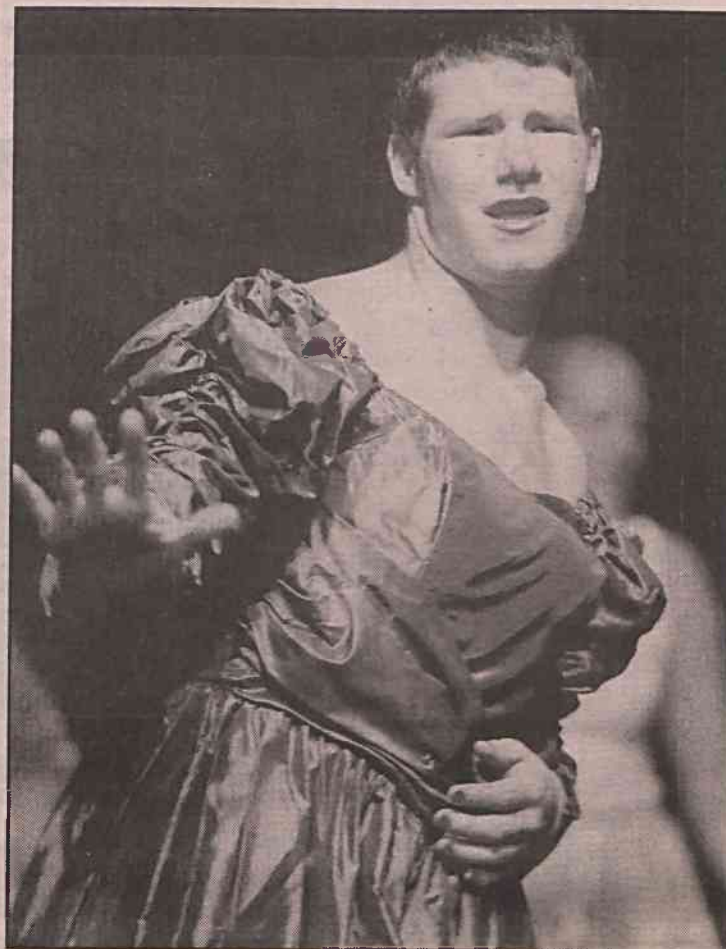


Photo by Scott Holstein

Zach Garner participates in Gardner-Webb's Lip Sync competition held Sunday August 24, for freshmen and their Big Brothers/Sisters.

Gardner-Webb Theater presents:

24

Hours

September 6
7:30 p.m.

The Adding Machine

October 1-4 7:30 p.m.
October 5 2:30 p.m.

Dogfall

by Scot Lahaie

November 19-22 7:30 p.m.
November 23 2:30 p.m.

Community Calendar

9/1- 9/14	Music Festival- Flat Rock
9/1- 9/30	Old Soldiers' Stories- Charlotte Museum of History
9/1- 10/31	Corn Maze- Shelby
9/2	Aerobics- Shelby Park
9/5 - 9/14	NC Mountain State Fair-Asheville
9/6	"24 Hours"- Millennium Playhouse
9/7	Blood Drive-Aldersgate Methodist Church
9/7	Live Music- Pfifer Cabin at the Broad River Greenway
9/13	Race for Recycling- GWU
9/13	Sharon McCrumb Music & Stories-Dover Theater
9/13 & 10/4	Art in the Park- Blowing Rock
9/20	Big Sweep-Broad River Greenway
9/25-10/4	Cleveland County Fair- Shelby
9/26	Observatory Public Night-WilliamsObservatory (GWU)

For more information on these events, email Webb 19 at webb19tv@yahoo.com. To add a listing to the community calendar, send an email to gwupilot@yahoo.com.