



NOT FORGOTTEN

Darnell's parents partner with GWU to keep her memory alive on campus

Amanda Wood
Pilot Editor-in-chief

When Gardner-Webb University students walk by the Boiling Spring during the next few months, they will think of one of their own.

Renovating the spring in honor of GWU student Pamela Darnell is part of her parents' effort to keep her memory alive on campus.

In addition to renovating the spring, Ed and Betty Darnell endowed a scholarship in their daughter's honor Oct. 3.

The Pamela Gail Darnell Endowed Scholarship Fund will provide financial assistance each year to a senior who exemplifies a strong Christian commitment and leadership in the area of campus and community ministry.

The Darnells also initiated the Pamela Gail Darnell Endowed Missions Trips Fund to assist students who wish to participate in university-sanctioned mission trips.

"They knew how much she loved Gardner-Webb and the community," said Noel Manning, GWU's director of university and media relations. "All of these things will be a lasting monument to her."

According to Manning, renovating the spring is a project GWU began almost 40 years ago. The Gardner-Webb College Planning Report from August 1966 calls for the removal of the painted structure over the spring, as well as the addition of large, native boulders to make the spring look more natural.

Both of those suggestions will be carried out at the spring in the coming months.

"This is something that began 40 years ago, and now it's going to happen," Manning said. "And it's going to happen because of the Darnells."

As a part of their senior 'Make Your Mark' campaign, members of the class of 2005 contributed to the spring renovation project by giving \$1 each. The money will be used to purchase a bench or a swing in Darnell's honor near the renovated spring complex.

"To students who have participated, I would tell them thank you for myself because Pam was one of my friends, and I feel honored that they want to keep her memory alive," said Student Government Association President Anya Huneycutt. "To students who haven't, I think they should really

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photo by Kaylin Bowers

Pamela Darnell and Scott Holstein walked into Carmike 10 in Shelby for the premier of "The Legacy: A Ghost Story" in November 2004. Darnell accompanied Holstein, who had a lead role in the film. Darnell died June 12, 2005.

Coffee: Is it good or bad for you?

Cherish Wilson
Pilot staff

America has an obsession. In some cities, coffee is literally on every corner. But at the end of the day, just what is that java doing for you?

Most coffee contains caffeine, a stimulant. Most everyone interviewed had used coffee as a means to stay alert and keep awake.

"A lot of people use the stimulant effect of coffee to wake up but then you crash. It's not beneficial in the long run," says biology professor Susan Manahan.

There are drinkers who aren't using coffee simply for its stimulant ability.

"I drink it for the taste," says junior Jess Snyder, an English major from Chattanooga, Tenn. "There is so much variety."

What's the health risk for the casual drinker? Probably none, says biology professor Tim Zehnder.

"Unless you have a high blood pressure problem or some other vascular problem it's probably not a risk," Zehnder said. "Since it is a stimulant, [caffeine] raises blood



photo by Rachel Lloyd

Ignacio Arana, GWU graduate student, sips from his cappuccino at Broad River Coffee Shop.

pressure and can aggravate arrhythmia, but in a healthy person I don't think a little caffeine has ever been shown to be detrimental." He also stressed that moderation was important because

drinking coffee in excess can raise cholesterol levels.

"Of course a cup of coffee is a lot different from two pots of coffee."

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Movies on campus doubly star-studded

Christie Barlow
Pilot Copy Editor

Coming soon to the Williams Observatory and a swimming pool near you: Gardner-Webb University hosts the first-ever Sci-Fi Night, and Flick and Float.

Sci-Fi Night at the astronomy dome takes place Oct. 21. It's a chance for students to check out the constellations and catch a movie. The movie is yet to be determined, but Mike Lipskin, who runs the observatory, encourages anyone looking for a good time and something to laugh at to come on out and enjoy.

"We've never done this before," said Lipskin. "The whole idea is to try and get people excited about science. We want to show them it doesn't have to be dull and boring, that it can be fun and interesting."

Lipskin remains flexible and is

open to suggestions for the movie.

"We just want an event to let the students know that we're here," said Lipskin. The movie will be set up in the observatory and Lipskin will be providing drinks and popcorn.

The astronomy dome isn't the only film being shown on campus. Flick and float also took place this past Wednesday, showing "28 Days" starring Sandra Bullock.

For those who don't know, Flick and Float takes place at the GWU swimming pool. Students gathered to watch the movie and relax in the pool.

"We have a thing like that at home over the summer," said Lorelei Wagner, a senior English major from Ravena, N.Y. "They play movies that deal with water. I went to 'Jaws' and it was awesome."

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Boiling Springs YMCA still in the works

Plans uncertain until capital campaign meets goal

Samantha McGuire
Pilot staff

The student YMCA on campus is a separate entity from the Boiling Springs branch of the organization, but there is a large amount of interaction between the two.

According to Lisa Yerrick, the executive director of the student YMCA at GWU, limited space on campus shifts many activities for the YMCA to other branch locations.

Boiling Springs has planned on building a larger facility for its YMCA branch.

The land has been bought and approved, but current funds are inadequate to continue the project.

The organization is using a "capital campaign" to raise more money, says Yerrick.

When the Boiling Springs YMCA moves into the planned facility, the student YMCA will be able to have retreats and other activities there, instead of than traveling to other YMCAs.

The last retreat was held at the Dover YMCA.

Yerrick hopes there will be dedicated space within the new YMCA for student use, but no plans have been officially announced.

Matt Tessnear
Pilot Managing Editor

The state of North Carolina wants to make its communities more walking friendly and Boiling Springs is getting in step by implementing a pedestrian plan, likely to begin by next summer.

Recently, the North Carolina Department of Transportation solicited communities to provide better pedestrian facilities. Small

towns like Boiling Springs contain most major destinations within walking distance.

"We received a grant from the North Carolina DOT because they are trying to encourage walking," said Zach Trogdon, town manager of Boiling Springs. "They want to decrease the dependence on automobiles to get everywhere."

State government officials rec-

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